

NEW TESTAMENT 2023

# Come, Follow Me

with

## *Living Scriptures*

STREAMING

## From This Day On

Acts 6-9

### Objectives:

- Discuss Saul's conversion and talk about ways we can follow Jesus Christ and commit to be a little better.

### Reinforces Principles of:

- Repentance, Missionary Work

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## Reverence Time

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**Song:** I Will Follow God's Plan

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/i-will-follow-gods-plan>

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**Scripture:** Acts 9:4-6

"And he fell to the earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou me? And he said, Who art thou, Lord? And the Lord said, I am Jesus whom thou persecutest: it is hard for thee to kick against the pricks. And he trembling and astonished said, Lord, what wilt thou have me to do? And the Lord said unto him, Arise, and go into the city, and it shall be told thee what thou must do."

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**Video:** Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-commitment>

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## Lesson Time

## From This Day On

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### Lesson

**Summary:** Saul persecuted the followers of Jesus. He would send people to prison if they believed in Jesus Christ.

One day, as Saul was traveling to Damascus to find more of Jesus's disciples to cast into prison, a bright light appeared to him, and he heard a voice saying, "Saul, Saul, why persecutest thou me?" It was the voice of Jesus Christ. Saul asked "What wilt thou have me to do?"

From that day on, Saul stopped persecuting the church, and instead taught people about Jesus Christ and bore his testimony that Jesus Christ is the Son of God.

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### Quote:

*"As you commit now to do the will of the Lord, He will help and strengthen you. Your faith, trust, and desire to follow Him will be your greatest key to success. ...As you commit now to do the will of the Lord, He will help and strengthen you. Your faith, trust, and desire to follow Him will be your greatest key to success." John B. Dickson*

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### Questions:

Why do you think Saul decided to change?

How can we know what Jesus wants us to do?

How can doing the will of the Lord help us live happier lives?

What will help us keep our commitment to follow Jesus Christ?

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## Activity Time

## *From This Day On*

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**Description:** This activity will help you aid your children and yourself in making realistic goals to better serve the Lord and make a commitment to follow Him from this day on.

**What you need:** ■ A copy of “From This Day On” activity for each family member (artwork included with this lesson) and a pen or pencil for each family member.

**Preparation:** 1. Print out a the artwork

**Activity:** (Younger children will need help from an older sibling or parent.)

1. Discuss how making a commitment to better serve the Lord from this day on will help us live happier lives.
4. Give each member a copy of the “From This Day On” activity and a pen or pencil and have them write down ten ways they can do what Jesus would have them do. Guide children in making realistic goals such as saying their prayers, reading scriptures, being honest, being kind to others, obeying parents.
5. Ask: After deciding to change what else do we need to do in order to keep our promises? (Make a commitment to change.)
6. Ask: Will you make a commitment to try to do what Jesus would have you do?
7. After making a commitment, what other things can we do that can help us keep our commitment? (Discuss ideas such as; prayer, taking one day at a time, using positive affirmations, keeping a journal on your progress, etc.)
8. Talk about how none of us are perfect and there will be times that we will fail to keep our commitment. Ask: What can we do when this happens? (Discuss ideas.)
9. Have family members hang their lists in their rooms as a reminder of their commitment to serve the Lord from this day on.

# From This Day On What Would Jesus Have Me Do?

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1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
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  10. \_\_\_\_\_

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## Treat Time

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## *"Turnover" a New Leaf*

**Prep Time:** 5 minutes  
**Bake Time:** 20 minutes



**Ingredients:** 3 C. Bisquick®  
1/2 C. milk  
20 drops green food coloring  
3 T sugar  
5 T melted butter  
1 (21 oz.) can fruit pie filling  
Powdered sugar (optional)

**Instructions:** Combine Bisquick and sugar. Add milk, food coloring and 3 T melted butter. Mix until a soft ball forms. Knead on a lightly floured surface for 30 seconds. Divide dough into twelve balls.

Treat Time: Give each family member a ball of dough. Flatten dough with the palm of your hand into 1/4 inch thick ovals. Top with 1 T pie filling. Fold in half; press edges together with tines of fork. Pinch one end together to form a small stem. Draw veins on your leaf with the edge of fork tine or with a tooth pick. Place on a lightly greased cookie sheet. Brush tops with melted butter. Bake in 375 degree F. oven for 20 minutes.

Before serving, brush tops with remaining melted butter and sprinkle with powdered sugar if desired.