

Preparing the Way

Reinforces Principles of:

Faith, Testimony

Objectives:

Teach that Jesus Christ is the light of the world and discuss ways we can prepare ourselves and others to hear the gospel.

Reverence Time

Song: Teach Me to Walk in the Light https://www.churchofjesuschrist.org/music/library/childrens-songbook/teach-me-to-walkin-the-light

Scripture: John 1: 6-9

"There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the Light, that all men through him might believe. He was not that Light, but was sent to bear witness of that Light. That was the true Light, which lighteth every man that cometh into the world."

Video: Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at https://www.livingscriptures.com/fhe-lesson-preparing

Lesson Time

Lesson Summary:

ary: John the Baptist was chosen to be a prophet to prepare the way for Jesus Christ. He taught the people about Jesus Christ and prepared them to receive his gospel. He bore testimony that Jesus Christ was the Son of God. Many people, including Andrew and John, listened to John the Baptist's testimony and wanted to know more about Jesus Christ. When Jesus Christ came, they were prepared to listen to him, and they also believed he was the Son of God. (John 1:35-46)

We can prepare the way for Jesus Christ in our hearts by learning about Him and following His teachings. As we gain a testimony of Jesus Christ we can share our testimonies with others. By sharing our testimonies, we can help others be prepared to listen to the gospel message and believe in Jesus Christ. Jesus Christ is the "True Light" John spoke of. He is our example. He taught us and showed us the way we should go. (John 1:9)

Quote:	<i>"Jesus Christ is the light of the world because he is the source of the light that quickens our understanding, because his teachings and his example illuminate our path, and because</i>
	his power persuades us to do good." Dallin H. Oaks

Questions: Jesus is known as the Light of the World. How is Jesus like a light?

In John 1: 23 John the Baptist explains, "I am the voice of one crying in the wilderness, Make straight the way of the Lord". What does it mean to "make straight the way of the Lord"? How can we "make straight the way of the Lord?"

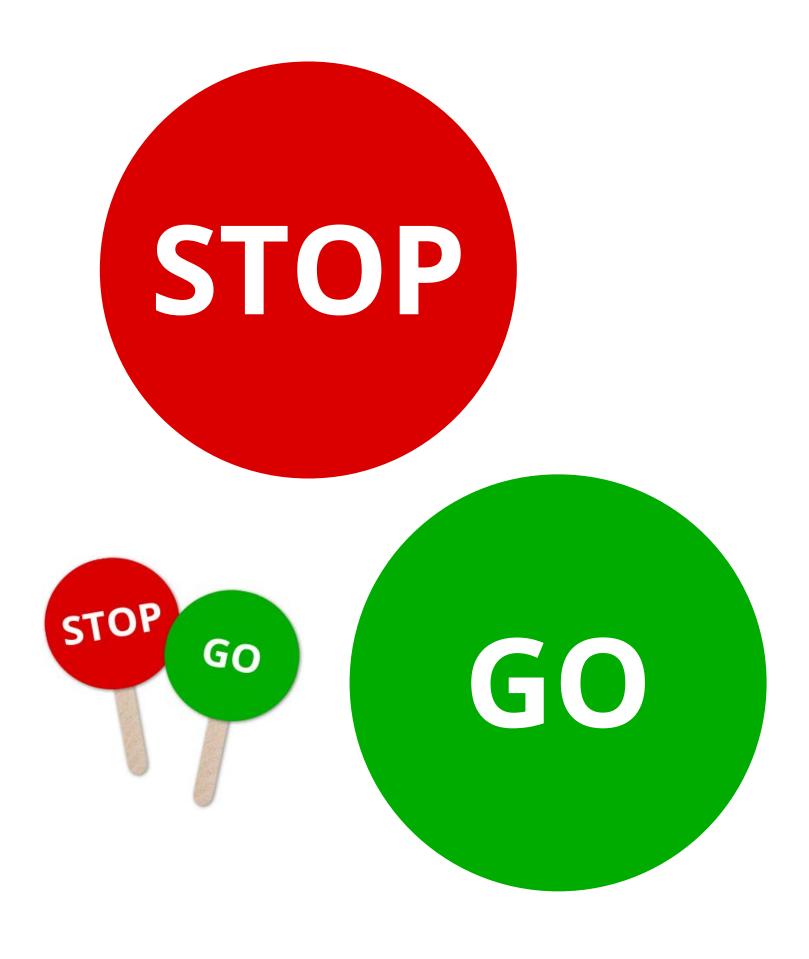
How can we strengthen our testimonies of Jesus Christ?

In what ways can we share our testimonies with others?

Activity Time

Description:	John the Baptist said that he was not the light, but he was sent to bear witness of the light. In this game, the red light tells you to stop and wait, and the green light tells you to go. Watch for and follow the right color of light.
What you need:	 (Optional) A copy of the "Red Light, Green Light" activity (game cards included with this lesson), scissors, craft sticks, tape
Preparation:	 Print out out the red and green stop & go signs on card stock or paste them on heavy paper. Cut out the signs and tape them to craft sticks.
	You can also play this game with no props, simply shout out "Red Light" or "Green Light"
Activity:	1. Scripture Story Review: John the Baptist declared that he was sent to bear witness of the Light, but he was not the light. He was preparing the way for the "True Light", who was Jesus Christ. In this game, the red light tells you to stop and wait, and the green light tells you to go. You need to watch for and follow the right color of light.
	We also need to watch for the light and teachings of Jesus Christ and follow them.
	2. Game Instructions: Choose one person to be "it". That person stands in front of the room. The rest of the family stands on the opposite side of the room. If "it" holds up the green GO light and shouts "GREEN LIGHT!", the family can walk toward the person who is "it". If "it" holds up the red STOP light and shouts "RED LIGHT!",

- the family must stop and freeze. Anyone moving while the red STOP light is being shown is out. The first person to walk all the way to the person who is "it" becomes "it" and the game is played again. Play until everyone has a chance to be "it".
- 3. Conclude by bearing testimony about the importance of seeking and following the light of Jesus Christ.



Prep Time:10 minutesChill Time:5-10 minutes

Ingredients: 1 4-serving-size package chocolate or chocolate fudge instant pudding mix

2 cups milk

1 cup frozen whipped dessert topping, thawed, divided

Toppings (ideas: chocolate chips, sliced strawberries, raspberries, chopped nuts, crushed graham crackers, marshmallows, candy-coated chocolate candies, etc.)

Instructions: Prepare pudding mix according to package directions using the milk. Remove 3/4 cup of the pudding and place in a small bowl; fold in 1/2 cup whipped topping until combined. Divide remaining plain chocolate pudding among six 6-ounce glasses or dessert dishes. Top with dessert topping mixture and remaining dessert topping. Let stand for 5 to 10 minutes or until set.

Let family members sprinkle thier own parfaits with their favorite toppings. Explain that the pudding was prepared ahead of time so it is ready for the toppings to be added. John prepared the way by teaching about Jesus Christ so they would be ready to listen and learn when he came. We can prepare ourselves to learn and listen as we strengthen our testimonies too.

