



NEW TESTAMENT 2023

Come, Follow Me

with

Living Scriptures

STREAMING

Become a Little Better

We Are Responsible for Our Own Learning

Objectives:

- Talk about ways we can follow Jesus Christ and make resolutions to be a little better.

Reinforces Principles of:

- Resolutions, Personal Learning

Reverence Time

Song: Search, Ponder, and Pray

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/search-ponder-and-pray>

Scripture: Matthew 7:7

Ask, and it shall be given you; see, and ye shall find; knock, and it shall be opened unto you:

Video: Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-learning>

Lesson

Summary:

It's a brand new year! This year we'll be learning about the New Testament. A lot happens to the Israelites between the Old and New Testaments. The people have to decide whether to follow the Lord or follow the traditions of the new civilizations that move into their area.

In this lesson, we learn that we are responsible for our own learning and our own testimonies. Think about ways you can improve your gospel learning and strengthen your testimony during the coming year. As we study the life of Christ this year in the New Testament, try to come to know Him better and listen for what He teaches you.

As you learn you'll have more questions. Be sure to seek understanding from God, act in faith, and keep an eternal perspective.

One tradition many people have at the beginning of a new year is to make resolutions to improve themselves. As you think about doing better in the new year carefully select resolutions that will help you to live your life as a follower of Jesus Christ.

Quote:

"Let us all try to stand a little taller, rise a little higher, be a little better. Make the extra effort. You will be happier." Gordon B. Hinckley

Questions:

What is a resolution?

What are some of the resolutions we can make that will help us live happier lives?

What will help us keep these resolutions?

If you break a resolution, should you give up and stop trying?

Description: This resolution activity will help you aid your children and yourself in making realistic resolutions to better serve the Lord throughout the coming year and a commitment to keeping them from this day on.

What you need: ■ A copy of “My Resolutions” activity for each family member (artwork included with this lesson) and a pen or pencil for each family member.

Preparation: 1. Print out a the artwork

Activity: (Younger children will need help from an older sibling or parent.)

1. Discuss how making a commitment to better serve the Lord from this day on will help us live happier lives.
4. Give each member a copy of the “My Resolutions” activity and a pen or pencil and have them write down ten ways they can do what Jesus would have them do. Guide children in making realistic goals such as saying their prayers, reading scriptures, being honest, being kind to others, obeying parents.
5. Ask: After deciding to change what else do we need to do in order to keep our promises? (Make a commitment to change.)
6. Ask: Will you make a commitment to try to do what Jesus would have you do?
7. After making a commitment, what other things can we do that can help us keep our commitment? (Discuss ideas such as; prayer, taking one day at a time, using positive affirmations, keeping a journal on your progress, etc.)
8. Talk about how none of us are perfect and there will be times that we will fail to keep our commitment. Ask: What can we do when this happens? (Discuss ideas.)
9. Have family members hang their lists in their rooms as a reminder of their commitment to serve the Lord from this day on.

From This Day On What Would Jesus Have Me Do?

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1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
 7. _____
 8. _____
 9. _____
 10. _____

Treat Time

"Turnover" a New Leaf

Prep Time: 5 minutes
Bake Time: 20 minutes

Ingredients: 3 C. Bisquick®
1/2 C. milk
20 drops green food coloring
3 T sugar
5 T melted butter
1 (21 oz.) can fruit pie filling
Powdered sugar (optional)



Instructions: Combine Bisquick and sugar. Add milk, food coloring and 3 T melted butter. Mix until a soft ball forms. Knead on a lightly floured surface for 30 seconds. Divide dough into twelve balls.

Treat Time: Give each family member a ball of dough. Flatten dough with the palm of your hand into 1/4 inch thick ovals. Top with 1 T pie filling. Fold in half; press edges together with tines of fork. Pinch one end together to form a small stem. Draw veins on your leaf with the edge of fork tine or with a tooth pick. Place on a lightly greased cookie sheet. Brush tops with melted butter. Bake in 375 degree F. oven for 20 minutes.

Before serving, brush tops with remaining melted butter and sprinkle with powdered sugar if desired.