

NEW TESTAMENT 2023

Come, Follow Me

with
Living Scriptures
STREAMING

Ye Are My Disciples

Matthew 26; Mark 14; John 13

Objectives:

- Talk about Jesus teaching His disciples to love one another. Emphasize that we can be His disciples and love one another too.

Reinforces Principles of:

- Love, Sacrament

Reverence Time

Song: "Love One Another" Children's Songbook, page 136

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/love-one-another>

Scripture: John 13:34-35

"A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye have love one to another."

Video: Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-disciples>

Lesson

Summary:

Before Jesus and his disciples ate the Passover supper, Jesus washed the feet of his disciples. Jesus taught them that He is their example, and that they should do the things He did. He taught them about how important it is to love and show love. He commanded them to love one another, just as He had loved them. Jesus also taught that if we love Him, we should keep His commandments. Finally, Jesus taught, "Greater love hath no man than this, that a man lay down his life for his friends."

Jesus was not only talking to His twelve disciples, He was teaching all those who follow Him. We should try to show love to one another, keep the commandments to show love for Jesus Christ, and remember the love Jesus has for us and the sacrifice he made for us. The sacrament is an opportunity to remember Jesus Christ each week and renew our promise to always remember Him.

Quote:

"In today's world, nowhere is that bedrock foundation of love needed more than in the home. And nowhere should the world find a better example of that foundation than in the homes of Latter-day Saints who have made love the heart of their family life. ... Love is the very essence of the gospel, the noblest attribute of the human soul."
Thomas S. Monson

Questions:

When Jesus gave this new commandment to "love one another" (John 13:34-35), was He speaking only to His twelve disciples?
What is a disciple?
How can we show Jesus that we are His disciples?
How do we know that God loves us?
What can we do to always remember Jesus?

Activity Time

Love Notes for Jesus

Description: Help your children make Love Notes for Jesus to hang in their bedrooms as a reminder to love one another.

What you need:

- A copy of the "Love Notes For Jesus" activity for each child (artwork included with this lesson), scissors, glue or paste and tape. Optional: poster board, lace, and ribbon.

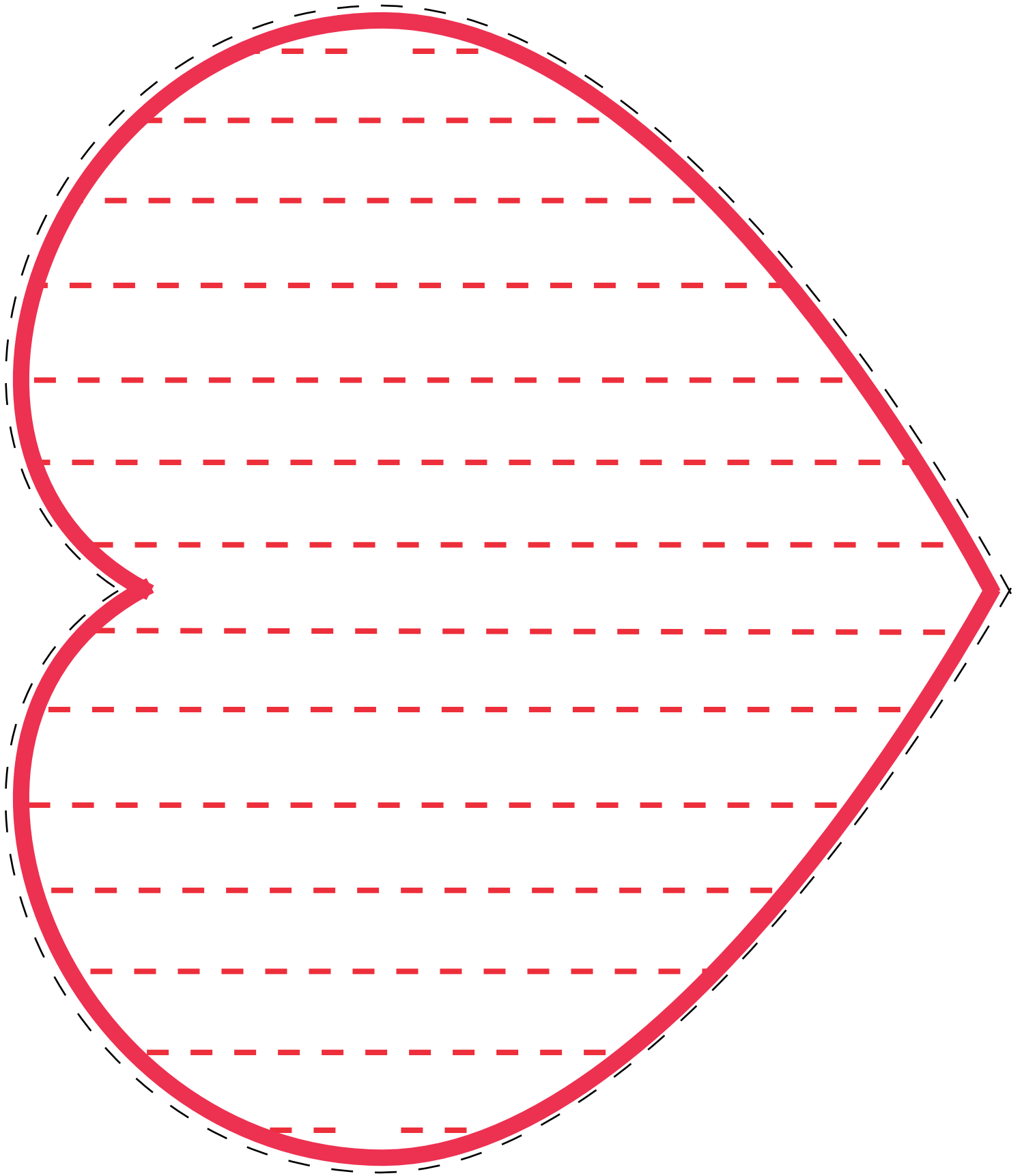
Preparation:

1. Print out the artwork.
2. Cut along all dotted lines.

Activity:

1. Weave a red strip (starting with the "I" strip) through the white slots after answering and discussing each question. Weave the strips with words written on them every other time to complete the phrase, "I will be Jesus' disciple. (See image for proper placement.)
 - A. Who said, "Love one another as I have loved you"?
 - B. What does it mean to love one another?
 - C. What is a disciple?
 - D. Do you want to be Jesus' disciple?
 - E. Explain what Jesus meant by "men."How can you show "men" that you are a disciple of Jesus?
 - F. Does Heavenly Father and Jesus love us?
 - G. Name one thing that Heavenly Father and Jesus have done for us to show their love for us.
 - H. Name one thing you can do to show Heavenly Father and Jesus that you love them.
2. What can we do to show greater love for each other?
3. Tape the back side of strips to secure and then trim even with the edge of the heart. Glue scripture heart to the back of the woven heart. (Optional: Decorate with ribbon and lace.)
4. Hang each child's love note for Jesus, in their room, to remind them to be Jesus' disciple by loving one another.





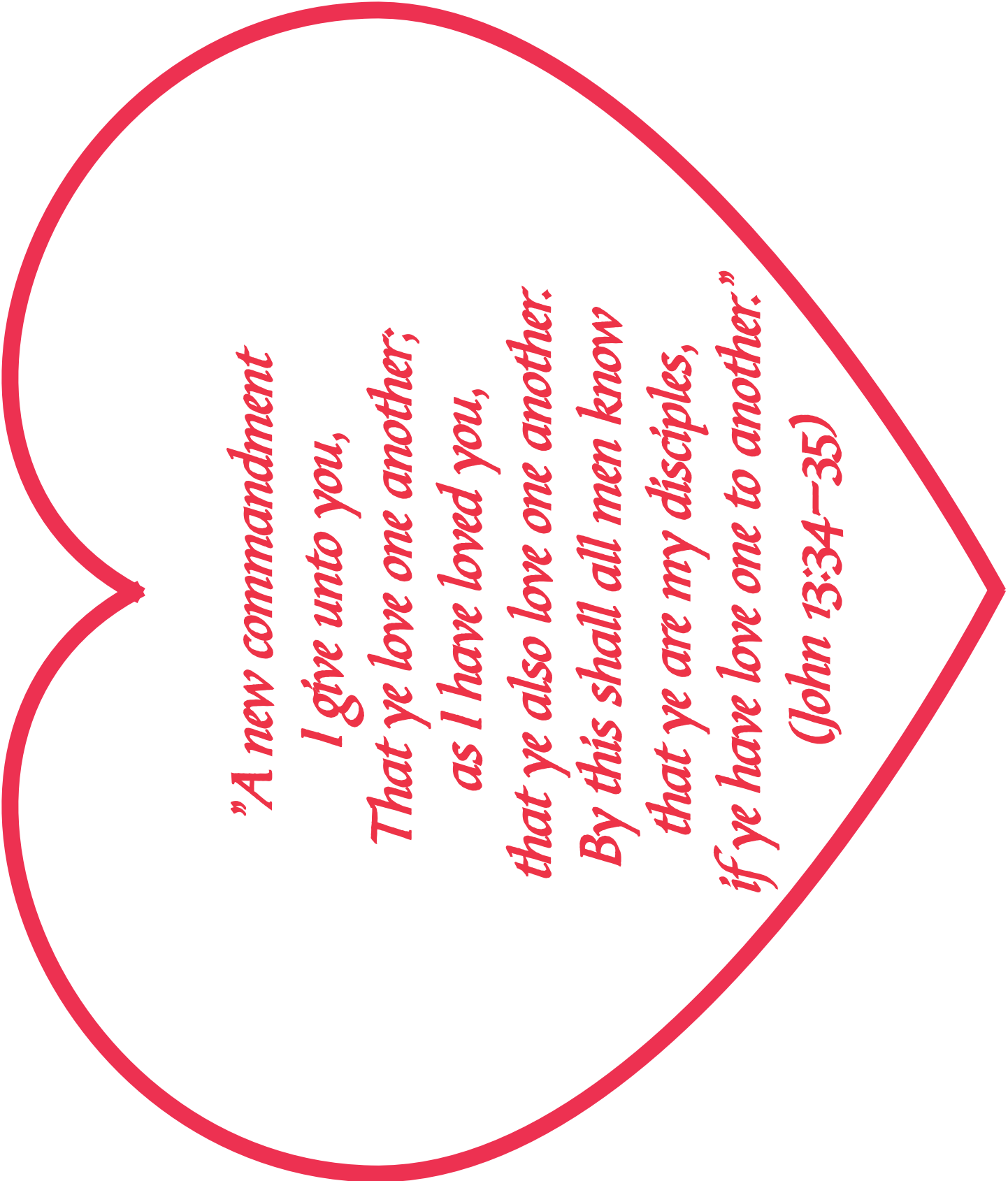
I

Will

Be

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*”A new commandment
I give unto you,
That ye love one another,
as I have loved you,
that ye also love one another.
By this shall all men know
that ye are my disciples,
if ye have love one to another.”
(John 13:34–35)*

Treat Time

Cherry Chocolate Chip Hearts

Prep Time: 5 minutes
Cook Time: 30-35 minutes
Cooling Time: 10-15 minutes



Ingredients: 2-3/4 cups all-purpose flour
2 teaspoons baking powder
1/4 teaspoon baking soda
1/2 teaspoon salt
1-3/4 cups sugar
1/2 cup butter (melted)
3 eggs
1 teaspoon vanilla
3/4 cup milk
3/4 cup sour cream
2 cups maraschino cherries (well drained)
1 cup chocolate chips
Cherry Juju Hearts or candy of your choice
Frosting of your choice

Instructions: Preheat oven to 400 degrees F. Mix all the dry ingredients in a large bowl. Add melted butter and mix until crumbly. In a separate bowl, whisk together, eggs, vanilla, milk and sour cream. Fold liquid into dry mixture. Gently stir in maraschino cherries and chocolate chips (batter will be lumpy). Spoon into a prepared (greased and floured) jelly roll pan. Bake for 5 minutes at 400 degrees F. Turn oven temperature to 350 degrees F and bake an additional 25 minutes or until the center springs back on touch. Cool in pan for 10–15 minutes.

Treat Time: Let children cut into heart shapes with cookie cutters. Frost with your choice of icing (works best if slightly warmed) and top with cherry Juju hearts or candy of your choice.