

Treat Time

Prepare the Way Parfaits

Prep Time: 10 minutes
Chill Time: 5-10 minutes



Ingredients: 1 4-serving-size package chocolate or chocolate fudge instant pudding mix

2 cups milk

1 cup frozen whipped dessert topping, thawed, divided

Toppings (ideas: chocolate chips, sliced strawberries, raspberries, chopped nuts, crushed graham crackers, marshmallows, candy-coated chocolate candies, etc.)

Instructions: Prepare pudding mix according to package directions using the milk. Remove 3/4 cup of the pudding and place in a small bowl; fold in 1/2 cup whipped topping until combined. Divide remaining plain chocolate pudding among six 6-ounce glasses or dessert dishes. Top with dessert topping mixture and remaining dessert topping. Let stand for 5 to 10 minutes or until set.

Let family members sprinkle their own parfaits with their favorite toppings. Explain that the pudding was prepared ahead of time so it is ready for the toppings to be added. John prepared the way by teaching about Jesus Christ so they would be ready to listen and learn when he came. We can prepare ourselves to learn and listen as we strengthen our testimonies too.