

OLD TESTAMENT 2022

Come, Follow Me

with
Living Scriptures
STREAMING

Faithful to the Lord

Hosea 1-6; 10-14; Joel

Objectives:

- Learn about Hosea and Joel and their teachings that show us the love of the Lord and the importance of being faithful to the Lord.

Reinforces Principles of:

- Faithfulness

Reverence Time

Song:

I Feel My Savior's Love, Children's Songbook page 74

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/i-feel-my-saviors-love>

Scripture: Joel 2:12-13

"Therefore also now, saith the Lord, turn ye even to me with all your heart, and with fasting, and with weeping, and with mourning: And rend your heart, not your garments, and turn unto the Lord your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil."

Video:

Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-hosea>

Lesson Time

Faithful to the Lord

Lesson

Summary:

Hosea's wife Gomer was not faithful to him. Even though he loved her and kept trying to win her love, she would abandon him and treat him unkindly. Similarly, the Lord loved the House of Israel. He kept trying to teach them, encouraging them to repent and return to Him. But Israel abandoned God and they wouldn't listen to Him. The Lord also loves us and wants us to come and follow Him. How can we make sure our hearts are turned to the Lord and that we remain faithful to Him?

Joel warns of the terrible things that will happen before the Second Coming of Jesus Christ to those who are not faithful. He also tells of the great blessings and the Spirit of the Lord that will be poured out upon the faithful.

Quote:

"May we be faithful and true, doing our duty to move forward the eternal work of the Lord, blessing our Father's children wherever we can touch their lives." Gordon B. Hinckley

Questions:

How does the Lord show us He loves us?

How can we show our love for the Lord?

How can we turn our hearts toward Him more often?

What are we doing to ensure that we remain faithful to the Lord?

Activity Time

A Change of Heart

Description: It's important to be obedient, but it's also important to be obedient for the right reasons. Learn how what we do on the outside can help us change on the inside, and how we feel on the inside will change what we do on the outside. (See Hosea 6:6 and Joel 2:13).

What you need:

- A copy of the "Change of Heart" activity (artwork included with this lesson), scissors, stapler, tape or glue

Preparation:

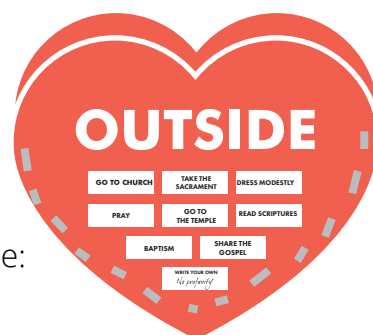
1. Print and cut out the artwork and word strips.
2. Staple the "inside" heart behind the "outside" heart around the edges to form a pocket, leaving the top open.

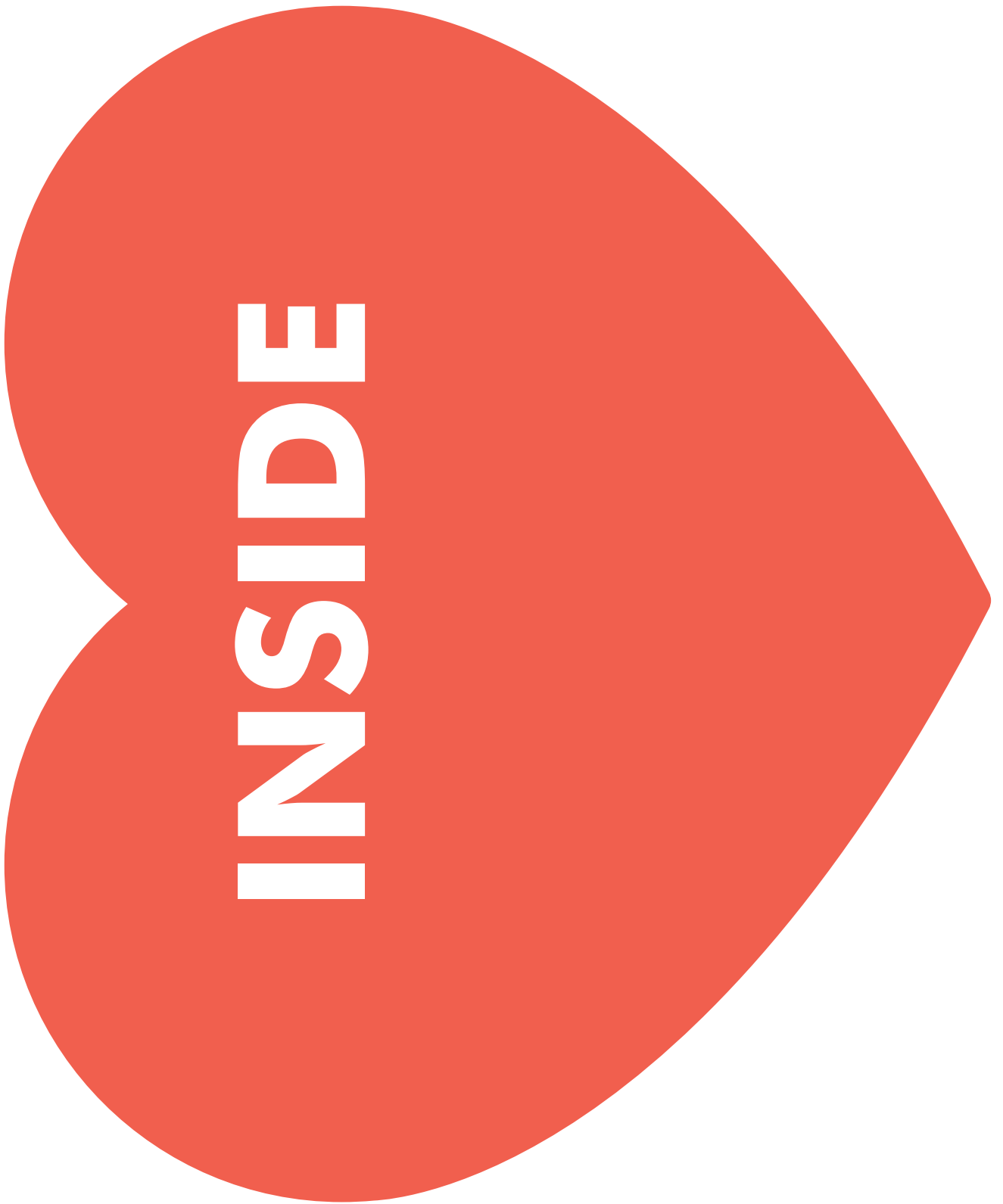
Activity:

1. Explain: It's important to be obedient, but it's also important to be obedient for the right reasons. What we do on the outside can help us change on the inside, and how we feel on the inside will change what we do on the outside.
2. Ask: What are some things our family does to show our faith in Jesus Christ?
3. Have the family sort through the word strips to find things we can do to show our faith in Jesus Christ. Tape or glue the appropriate word strips to the outside heart. Use the "write your own" wordstrips to write down additional ideas your family comes up with.
4. Discuss: These are outward expressions of our love for and faith in Jesus Christ. Love & faith are what we feel on the inside. How do we feel when we keep the commandments? (more love, happiness, joy, faith, etc.)
5. Have the family read the remaining word strips about how we feel on the inside when we keep the commandments. Use the "write your own" wordstrips to write down any additional ideas. Let them put them inside the heart pocket.
6. Ask: What do we want to do when we feel love, happiness, joy, and faith? (Keep the commandments). Our hearts can be changed when we keep the commandments because of our love for and faith in Jesus Christ. Our actions change too, because we want to be more like Jesus Christ.
6. Ask: What if we keep the commandments just so we don't get in trouble? Or because of what people might think? Does that help our faith grow? (Discuss ideas)
7. Ask: What if we have faith in Jesus Christ, but we don't keep his commandments? What will happen to our faith? (Discuss ideas).

OUTSIDE

Example:





DRESS MODESTLY	TAKE THE SACRAMENT	LOVE FOR JESUS	JOY
READ SCRIPTURES	GO TO THE TEMPLE	PEACE	COMFORT
SHARE THE GOSPEL	WRITE YOUR OWN	TESTIMONY	WRITE YOUR OWN
GO TO CHURCH	WRITE YOUR OWN	FAITH	WRITE YOUR OWN
PRAY	WRITE YOUR OWN	INTEGRITY	WRITE YOUR OWN
BAPTISM	WRITE YOUR OWN	PURITY	WRITE YOUR OWN

Treat Time

Gelatin Hearts

Prep Time: 10 minutes

Set Time: 3 hours

Ingredients: 2 6oz Gelatin Dessert packages (your favorite flavor)
2 1/2 cups boiling water



Instructions: Prepare gelatin: Mix contents of gelatin packages with boiling water in a bowl. Stir 2 minutes until dissolved. Pour mixture into a 13 x 9 inch pan. Let gelatin set in the refrigerator for 3 hours or until firm.

Treat Time: Let family members cut heart shapes from set gelatin with cookie cutters.