

The Lord is Good

Nahum; Habakkuk; Zephaniah

Objectives:

Reinforces Principles of:

Learn about the goodness of the Lord, our agency to choose to follow Him, and the consequences of our choices.

■ Agency, Choices

Reverence Time

Song:

Choose the Right Way, Children's Songbook page 160

https://www.churchofjesuschrist.org/music/library/childrens-songbook/choose-the-right-way

Scripture: Nahum 1:7

"The Lord is good, a strong hold in the day of trouble; and he knoweth them that trust in him."

Video: Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at

https://www.livingscriptures.com/fhe-lesson-good

Lesson Summary:

Nahum, Habakkuk, and Zephaniah were all prophets who were called by the Lord to cry repentance to certain cities. They warned the people of the coming destruction that would happen, but reminded them that the Lord could help them if they turned to Him. The people could choose to follow the Lord and be protected, or they could choose to turn away from Him and be destroyed. Even though the Lord loved them and wanted them to be safe, He couldn't help them if they didn't listen to Him. They had been given their agency to choose. Sadly, they chose not to listen.

Sometimes our parents warn us of things that might happen if we don't listen to them. If we listen we are protected. If we don't listen we could get hurt. Our loving Father in Heaven is good and kind. He will guide us and protect us if we choose to listen to Him. He allows us to make choices so we can learn.

Quote:

"Our agency—our ability to choose and act for ourselves—was an essential element of this plan. Without agency we would be unable to make right choices and progress. Yet with agency we could make wrong choices, commit sin, and lose the opportunity to be with Heavenly Father again. For this reason a Savior would be provided to suffer for our sins and redeem us if we would repent." Robert D. Hales

Questions: Who were Nahum, Habakkuk, and Zephaniah?

What did they tell the people? What did the people choose?

How can we choose to turn to the Lord? Why did Nahum say, "The Lord is good?"

Activity Time

What Should I Wear?

Description:

During this activity your children will not only have fun deciding what these cute paper dolls should wear, but they will find that learning to dress appropriately will help them to learn about using their agency and making good decisions throughout their lives.

What you need:

■ A copy of the "What Should I Wear" activity (boy or girl paper doll and wardrobe for each child (artwork included with this lesson,) scissors, glue, cardstock and tape. Optional: Laminating sheets.

Preparation:

- 1. Print out the artwork.
- 2. Glue boy and girl patterns and stands to cardstock.
- 3. Optional: Laminate all pages.
- 4. Cut out.
- 5. Use double sided tape or pieces of rolled tape to attach clothes to paper dolls.

Activity:

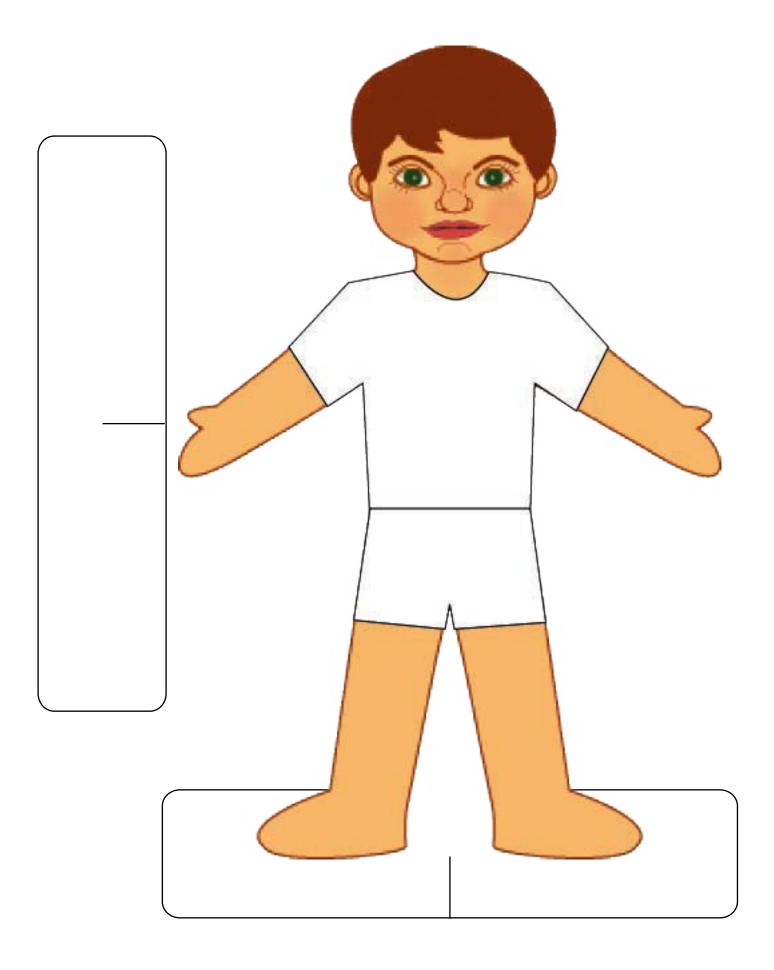
Explain: One of the first decisions that we learn to make is what clothes we are going to wear. This might seem like a simple decision, but like every decision there are consequences. Learning to dress ourselves when we are young helps us to learn how to make good decisions. We can learn how making little decisions will help prepare us for making bigger decisions and using our agency wisely.

Ask: Why is it important what we choose to wear? (Discuss ideas. Example: Dress appropriately for the occasion and for the weather, dress modestly, dress comfortably, etc.)

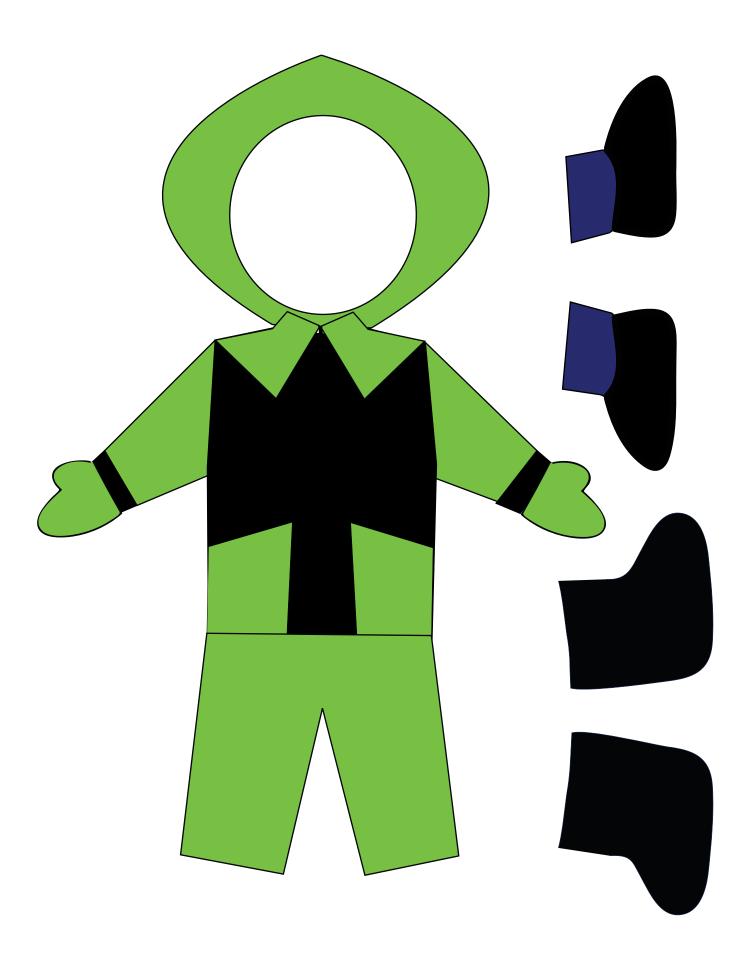
Ask: What are some the consequences that we face when we choose what to wear? (Discuss ideas. Example: Too hot or cold, not showing respect or disappointing Heavenly Father, uncomfortable, etc.)

Give each child a paper doll and set of clothes. Give examples and then have your children dress their paper dolls appropriately and inappropriately.

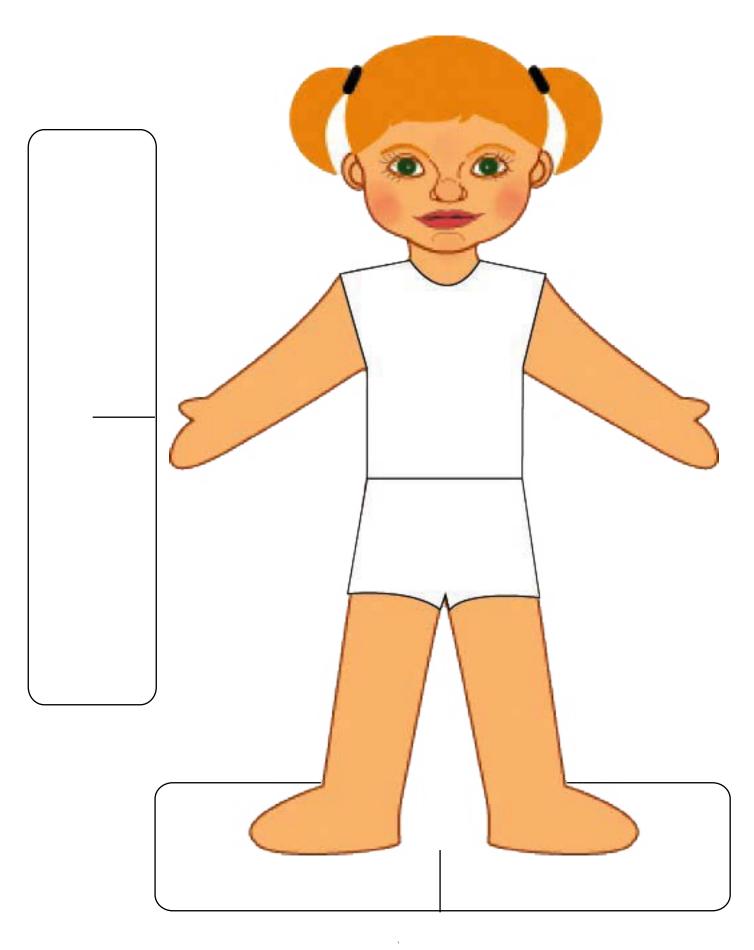
Example: What would you wear to church? What wouldn't you wear to church? Discuss reasons and consequences.













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Treat Time

Choose the Right Stuffed Crepes

Prep Time: 10 minutes

Cook Time: 1-2 minutes per crepe

Ingredients: Crepe Batter

1 1/2 c. milk 3 eggs 1/2 tsp. salt 2/3 c. flour

<u>Chicken Filling & Sauce</u> (13 oz.) canned chicken breast

(or 1 c. shredded chicken) (4 oz.) cream cheese

2 Tbs. finely diced onion 1 c. shredded cheese

(10.75 oz.) Cream of Mushroom soup

1/2 c. sour cream

Fruit Filling & Topping (21 oz.) Pie filling 1/4 c. powdered sugar Whipped cream topping

Instructions:

Crepe batter: Beat milk, eggs and salt until foamy. Add flour and beat until smooth. Put in refrigerator while you prepare chicken filling.

Chicken Filling and Sauce: Mix chicken, softened cream cheese and onion together. Heat in microwave for 1 min. Mix in 1/3 cup cheese. Cover with foil and place in a warm oven (250 degrees). Make sauce by combining soup and sour cream in a small sauce pan. Heat on medium until bubbly. Cover and reduce heat to low while you cook the crepes.

Crepes: Heat 8 inch skillet on medium heat. Coat pan with cooking spray or butter. Pour 1/8 c. batter into center of pan. Tilt the pan with a circular motion so that the batter coats the surface evenly. Cook until the edges start to brown and curl (about 1 minute). Loosen with a spatula and turn. Cook until golden (30-45 sec.) Stack the finished crepes on a plate. Keep covered with a dry cloth until ready to eat.

Treat Time: Put crepes, chicken filling, pie filling, powdered sugar, remaining cheese, whipped topping and cheese on table. Give each family member two crepes. "Choose the right" stuff for each crepe. (Chicken sauce and cheese or pie filling, powdered sugar and whipped topping.)

Explain: You can assemble them several ways, but some ingredients taste better together than others. This is like the guidance God gives us to help us make good choices. Encourage children to use their own ideas to put their crepes together.