
Activity Time

What Should I Wear?

Description: During this activity your children will not only have fun deciding what these cute paper dolls should wear, but they will find that learning to dress appropriately will help them to learn about using their agency and making good decisions throughout their lives.

What you need:

- A copy of the “What Should I Wear” activity (boy or girl paper doll and wardrobe for each child (artwork included with this lesson,) scissors, glue, cardstock and tape. Optional: Laminating sheets.

Preparation:

1. Print out the artwork.
2. Glue boy and girl patterns and stands to cardstock.
3. Optional: Laminate all pages.
4. Cut out.
5. Use double sided tape or pieces of rolled tape to attach clothes to paper dolls.

Activity: Explain: One of the first decisions that we learn to make is what clothes we are going to wear. This might seem like a simple decision, but like every decision there are consequences. Learning to dress ourselves when we are young helps us to learn how to make good decisions. We can learn how making little decisions will help prepare us for making bigger decisions and using our agency wisely.

Ask: Why is it important what we choose to wear? (Discuss ideas. Example: Dress appropriately for the occasion and for the weather, dress modestly, dress comfortably, etc.)

Ask: What are some the consequences that we face when we choose what to wear? (Discuss ideas. Example: Too hot or cold, not showing respect or disappointing Heavenly Father, uncomfortable, etc.)

Give each child a paper doll and set of clothes. Give examples and then have your children dress their paper dolls appropriately and inappropriately.

Example: What would you wear to church? What wouldn't you wear to church? Discuss reasons and consequences.













