

**Description:** Discuss how we can fast and pray with a grateful, happy heart while you make these praying paper children.

**What you need:**

- A copy of the “Fasting & Prayer” craft for each child (artwork included with this lesson), scissors, glue, brass fasteners & card stock.

**Preparation:**

1. Print out the artwork.
2. Cut along black solid lines.
3. Put “Praying Children” together by following assembly instructions included with this activity.

**Activity:** 1. Why do we kneel to pray?

Help the children understand that we don't always kneel when we pray, but when we do it shows Heavenly Father the utmost respect.

(Fold “Praying Children” at knees. Fan “Prayer Girl's” skirt out into an “A” shape to balance her in a kneeling position.)

2. Why do we fold our arms when we pray?

Help the children understand that moving their hands during the prayer might keep people from listening to the prayer. (Fold “Praying Children's” arms.)

3. Why do we close our eyes when we pray?

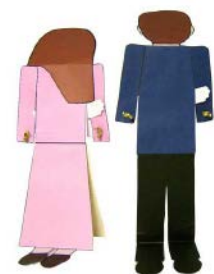
Help the children understand that they are less likely to be distracted by things around them when they close their eyes. They can think of Heavenly Father and what they are saying to him.

(Glue eyelids over “Prayer Children's” eyes to make them closed.)

4. Why do we bow our heads when we pray?

Help the children understand that bowing our heads when we pray shows Heavenly Father that we love, honor, and respect him.

(Bend “Prayer Children's” heads to a bowing position.)

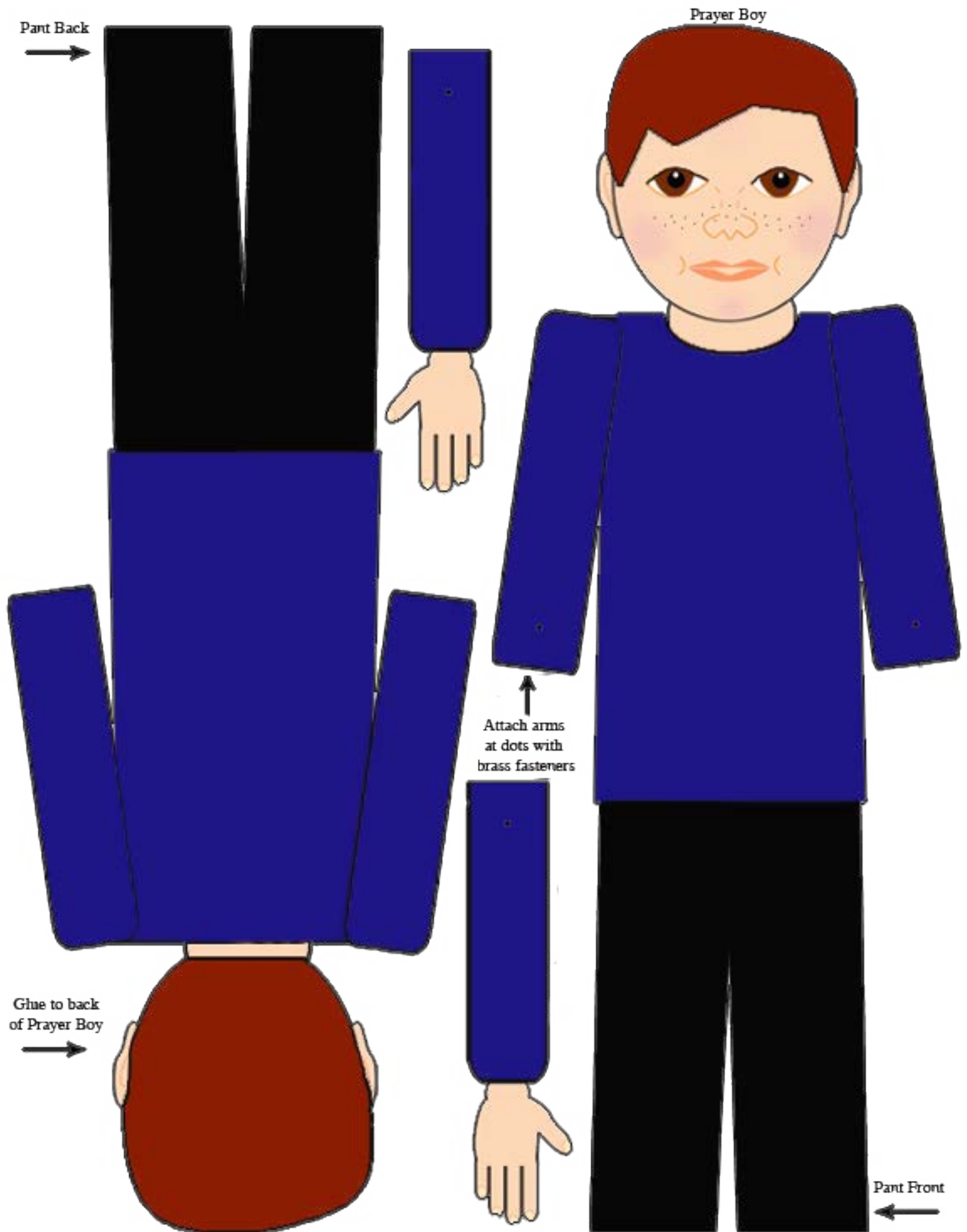


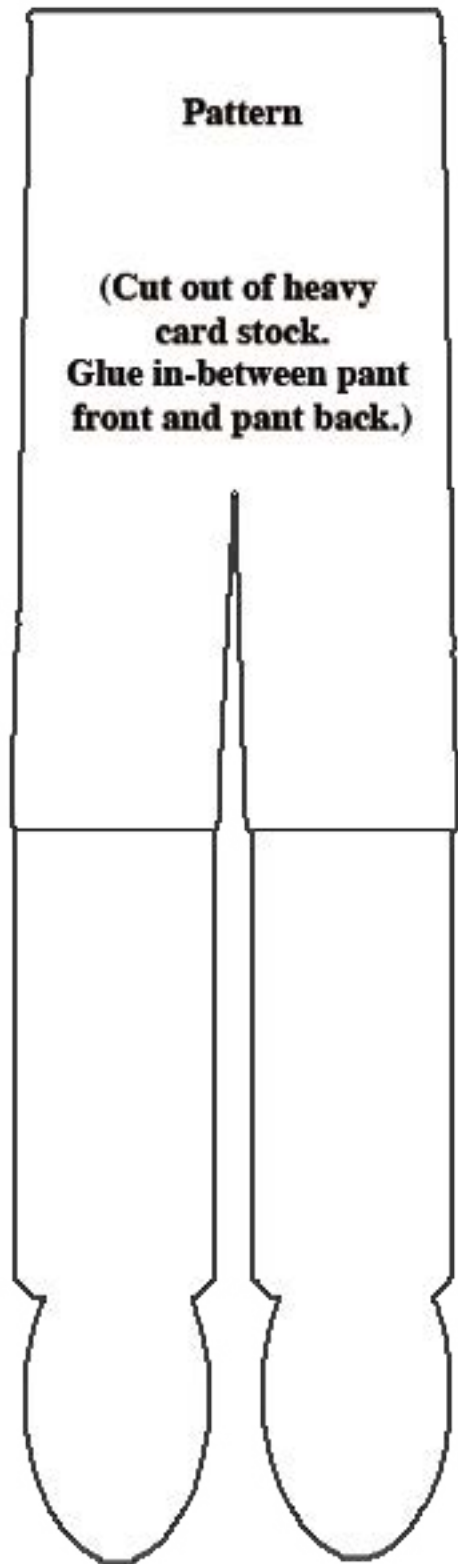
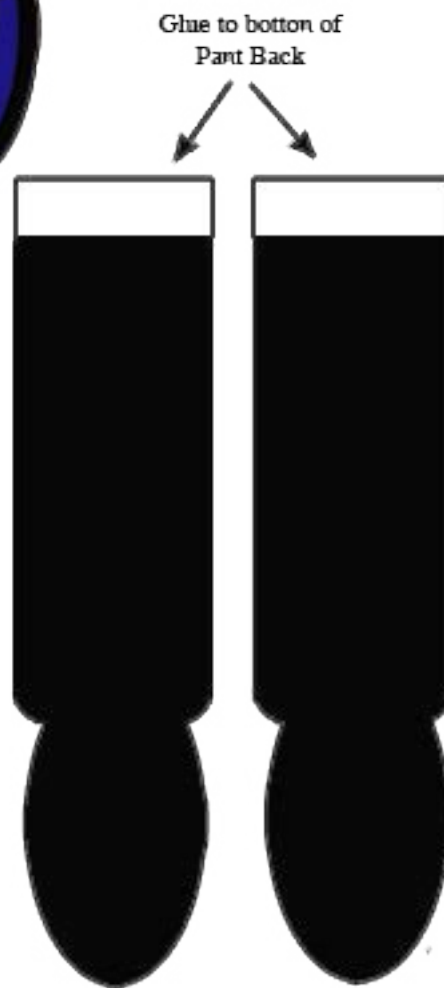
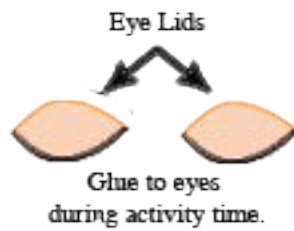
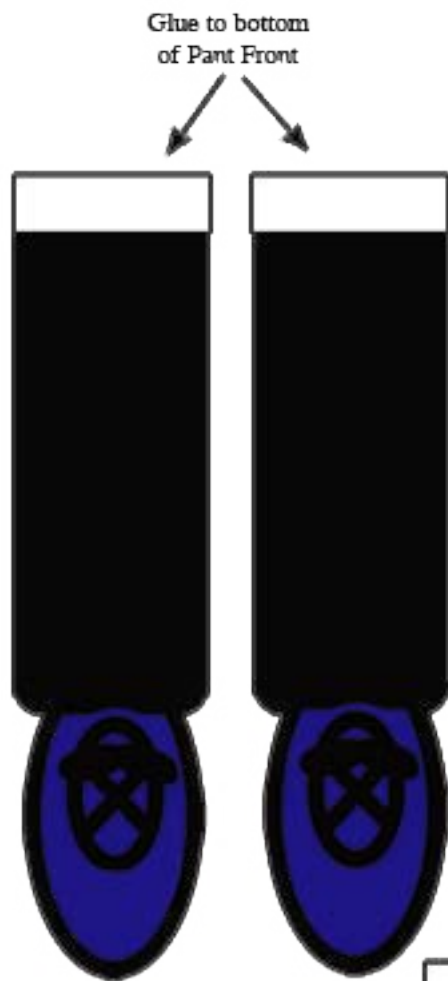
## **“Prayer Boy” Assembly Instructions**

1. Glue Front Legs to Pant Front (line up bottom of pant with black line).
2. Glue Back Legs to Pant Back (line up bottom of pant with black line).
3. Glue card stock Pants to Pant Front.
4. Glue Prayer Boy Front to Prayer Boy Back.
5. Attach arms at black dots with brass fasteners.
6. Glue eyelids over eyes during activity time.

## **“Prayer Girl” Assembly Instructions**

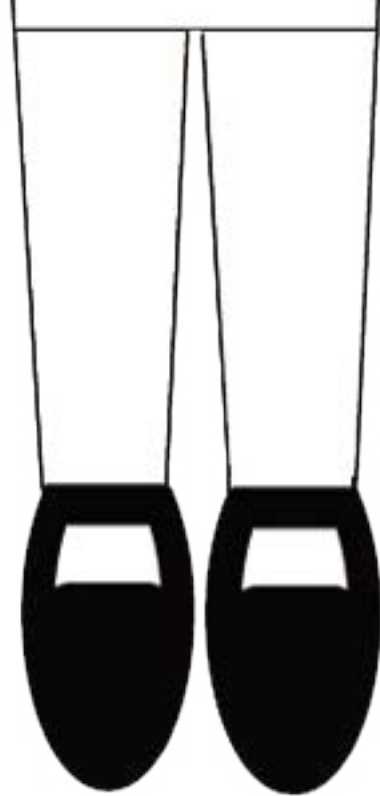
1. Glue Back Legs to Front legs.
2. Glue Legs to Skirt Front (line up bottom of skirt with black line).
3. Glue Prayer Girl Top Front to Top Back, leaving skirt free.
4. Fold card stock skirt at fold line and then glue to inside of Skirt Front and Skirt Back to form an “A” frame.
5. Attach arms at black dots with brass fasteners.
6. Glue eyelids over eyes during activity time.



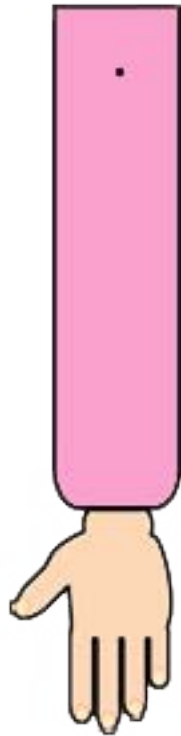


# Prayer Girl

Glue to backside of dress front



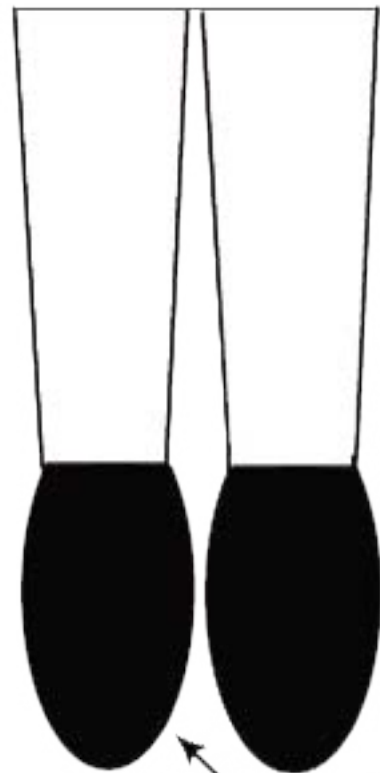
Front Legs



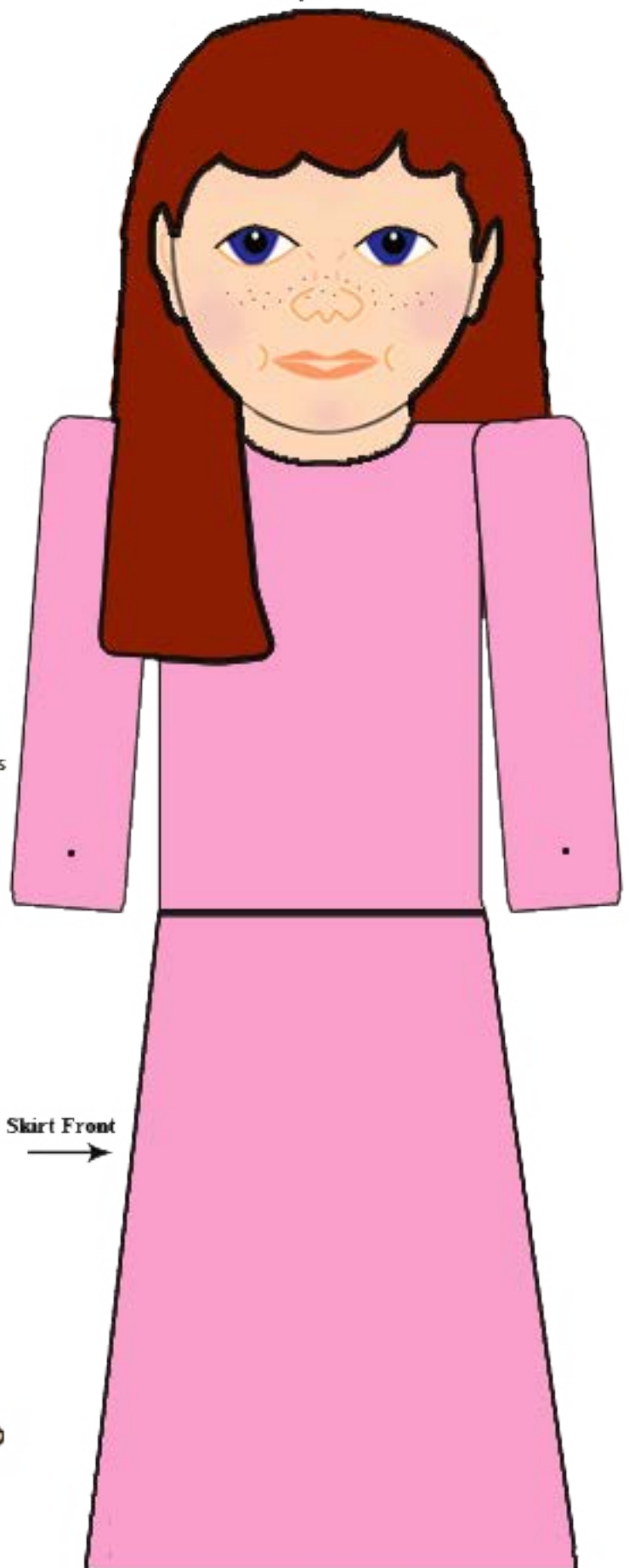
Attach arms at black dots with brass fasteners

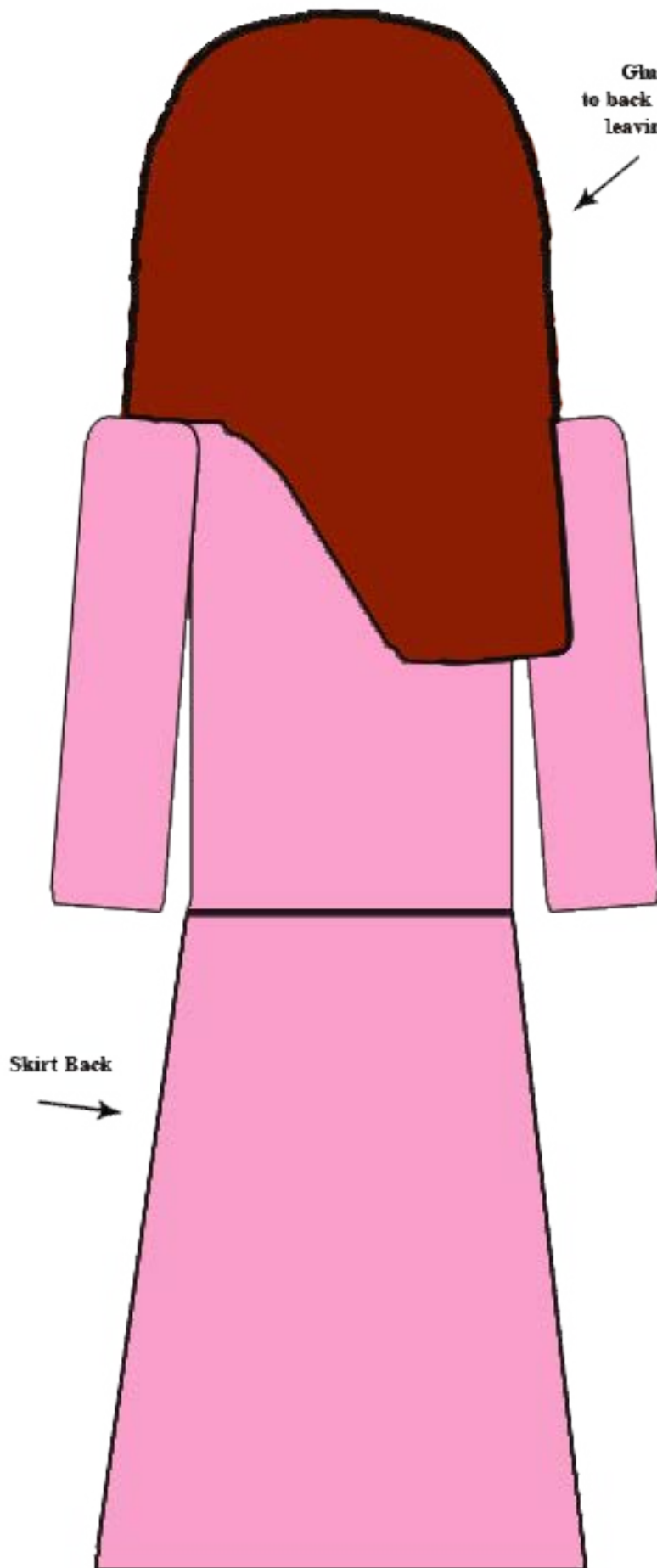


Skirt Front

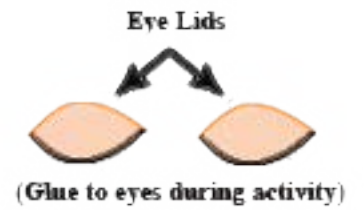


Glue to back of front legs





Glue top half  
to back of prayer girl,  
leaving skirt free.



**Pattern**

(cut out of heavy card stock.  
Fold along line. Glue one side to  
skirt front and one side to skirt  
back to form an "A" frame.)

(fold line)