
Activity Time

Write Your Own Psalm

Description: Use the provided stationery to write your own psalm and illustrate it. You can write about what you've learned about Jesus Christ in these Psalms and what it means to you. Work together to create a family psalm, or let each family member create their own!

What you need: ■ A copy of "My Psalm" stationery (artwork included with this lesson) and pen, pencil or crayons for each family member.

Preparation: 1. Print out the artwork.

Activity: (Younger children will need help from an older sibling or parent.)

1. Ask: What did you learn about Jesus Christ from Psalms today?
2. Ask: What have you learned about Jesus Christ that is most important to you?
3. Tell your family to think about what they could write to share their gratitude for Jesus Christ, or to teach someone else about Jesus Christ.
4. Give each person a piece of "My Psalm" stationery and a pen, pencil, or crayons and have them write their own psalm. Help younger children with their idea and then let them draw their psalm. Have an older sibling or parent write captions for their pictures.

My Psalm

