

**Prep Time:** 15 minutes

**Bake Time:** 15 minutes

**Ingredients:** 2 large egg whites  
1/2 teaspoon pure vanilla extract  
3 tablespoons vegetable oil  
8 tablespoons all-purpose flour  
1 1/2 teaspoons cornstarch  
1/4 teaspoon salt  
8 tablespoons granulated sugar  
3 teaspoons water



**Instructions:** Print out and cut the blessing papers on the next page. Preheat oven to 300 degrees F. In a medium bowl, lightly beat the egg white, vanilla extract and vegetable oil until frothy, but not stiff. Sift the flour, cornstarch, salt and sugar into a separate bowl. Stir the water into the flour mixture. Add the flour mixture into the egg white mixture and stir until you have a smooth batter.

Place level tablespoons of batter onto a greased cookie sheet, spacing them at least 3 inches apart. Gently tilt the baking sheet back and forth and from side to side so that each tablespoon of batter forms into a four inch circle.

Bake 14 - 15 minutes, until the outer 1/2-inch of the cookies turn golden brown and they are easy to remove from the baking sheet with a spatula. Working quickly place a blessing paper in the middle of each cookie and then fold the edges together to form a half circle. Then gently fold the cookie into a half moon shape, with the seam side facing out. Place finished cookies in the cups of a muffin tin until they cool, so they will keep their shape.

Treat Time: Give each family member a Blessing Cookie. Read them out loud and discuss the blessings the Lord has given you.

## Blessing Papers:

Print out and cut apart the blessing papers below for the blessing cookies.

How have you been able to help others?
What miracles have you seen?
Do you have friends and family you're grateful for?
How has God helped you?
How does repentance bless you?
How do gospel truths bless you?
How has God comforted you?
How do you feel God's love?