

# Come, Follow Me

with

## *Living Scriptures*

STREAMING

## Have Courage and Serve God

Joshua 1-8; 23-24

### Objectives:

- Teach the importance of having the courage and faith to serve God.

### Reinforces Principles of:

- Courage, Faith

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## Reverence Time

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### Song:

Nephi's Courage, verse 3, Children's Songbook page 120

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/nephis-courage>

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### Scripture: Joshua 1:9

"Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with the whithersoever thou goest."

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### Video:

Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-courage>

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## Lesson Time

## Have Courage and Serve God

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### Lesson

#### Summary:

Joshua took Moses's place as the new prophet. He would lead the Israelites into the promised land and conquer the Canaanites. The Lord told Joshua to be strong and have courage. The Israelites had to cross the Jordan River to get to the promised land. As the priests stepped into the water, the Lord miraculously parted the river for the Israelites as He had parted the Red Sea for Moses. Next the Israelites need to conquer Jericho. The Lord gave Joshua instructions that the priests would quietly lead the Israelites around the city once a day for six days. On the seventh day, they should go around the city seven times and the priests should blow their trumpets. On a loud blast of the trumpets the people should shout and the city would fall. The Israelites had faith and did as the Lord commanded and the wall of the city fell. With God's help, and many miracles, the Israelites were finally able to enter the promised land.

At the end of his life, Joshua spoke to the people and told them to be courageous, keep the commandments, and love the Lord. He reminded them of all of the great miracles they had seen when they had been faithful, and of the bad things that happened when they didn't keep the commandments. He tells the people to choose to serve God or forsake God, but as for Joshua and his house, they would serve the Lord.

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#### Quote:

*"My earnest prayer is that you will have the courage required to refrain from judging others, the courage to be chaste and virtuous, and the courage to stand firm for truth and righteousness." Thomas S. Monson*

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#### Questions:

How did the Israelites show courage?

How were the Israelites blessed when they kept the commandments with faith?

How can we show courage?

How does the Lord bless us when we keep the commandments faithfully?

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## Activity Time

## Remembrance Stones

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**Description:** The Lord told Joshua to set up a memorial of stones after they crossed the Jordan River on dry ground. On these paper stones (or you can collect real stones), write down some of the times the Lord has blessed you that you want your family to remember.

**What you need:** ■ A copy of the “Remembrance Stones” artwork for each family member OR a stone for each family member, scissors, markers

**Preparation:** 1. Print out one stone per family member, or gather a real stone for each family member.  
2. Cut out the stones if using paper stones.

**Activity:** Ask: Do you remember times that the Lord has blessed or helped us?  
Explain: We’re going to write down some of these things on stones to help us remember them so we can share them with each other.

Give a real or paper stone to each family member. Help them write down some of the things you discussed when asking the question above. If desired, you can stack your stones as the Israelites did and place them where you can see them this week. (You’ll need to crumple the paper stones in order to stack them.)





Remember

**Prep Time:** 10 minutes  
**Cook Time:** 10 minutes

**Ingredients:**

- 1 c. brown sugar
- 1 cube butter or margarine
- 1/4 c. white corn syrup
- 1 tsp. vanilla extract.
- 1/2 tsp. baking soda
- 1/2 tsp. salt (omit salt if using salted popcorn)
- 2 bags of microwave popcorn or 4 quarts of regular popped corn



**Instructions:** Cook popcorn according to package directions. Pour into an extra large bowl. Remove any unpopped kernels. Place brown sugar, butter, corn syrup and vanilla in a 2 quart glass bowl. Microwave on high for three minutes. Remove from microwave oven and stir. Return to microwave and cook on high for an additional one and one half minutes. Stir in baking soda (this is fun for children to watch the chemical change that takes place). Pour over popcorn. Stir until popcorn is evenly coated. Give each family member a handful of caramel corn to shape into a "Popcorn House."