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## Activity Time

## Sabbath Day Pinwheel

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**Description:** Learn the blessings of keeping the Sabbath day holy, and ways we can devote this special day to the Lord.

**What you need:** ■ A copy of "Sabbath Day Pinwheel" activity (artwork included with this lesson), scissors, glue/tape, drinking straw, nut and screw or brad.

**Preparation:**

1. Print out the artwork.
2. Match up and glue parts A & B together and parts C & D together with print side out.
3. Cut out all pieces. Cut along red dotted lines. Use paper punch to make holes in corners (red dotted circles).
4. Punch a hole in the top of the drinking straw. Place brad/bolt through hole in straw.
5. Place brad/bolt into center hole of the pinwheel with scripture side facing up.
6. After reading and discussing each scripture, fold up corner with paper punch inward to center and place through brad or bolt.

**Activity:**

1. Read scripture #1 (Exodus 31:13). Ask: How does keeping the Sabbath day holy sanctify (or purify) us? What sign can we give to the Lord by our actions on the Sabbath day?
2. Read scripture #2 (Exodus 31:17). Ask: How does keeping the Sabbath day holy refresh us?
3. Read scripture #3 (Exodus 20:10). Ask: How does avoiding our everyday work and activities make the Sabbath day a special day?
4. Read scripture #4 (Exodus 20:11). How is the Sabbath day a blessing?
5. Read scripture #5 (Exodus 20:8, printed on the circle). How does keeping the Sabbath day holy show our love for God?

Discuss ways your family can keep the Sabbath Day holy and show reverence and love for God.

Step 4

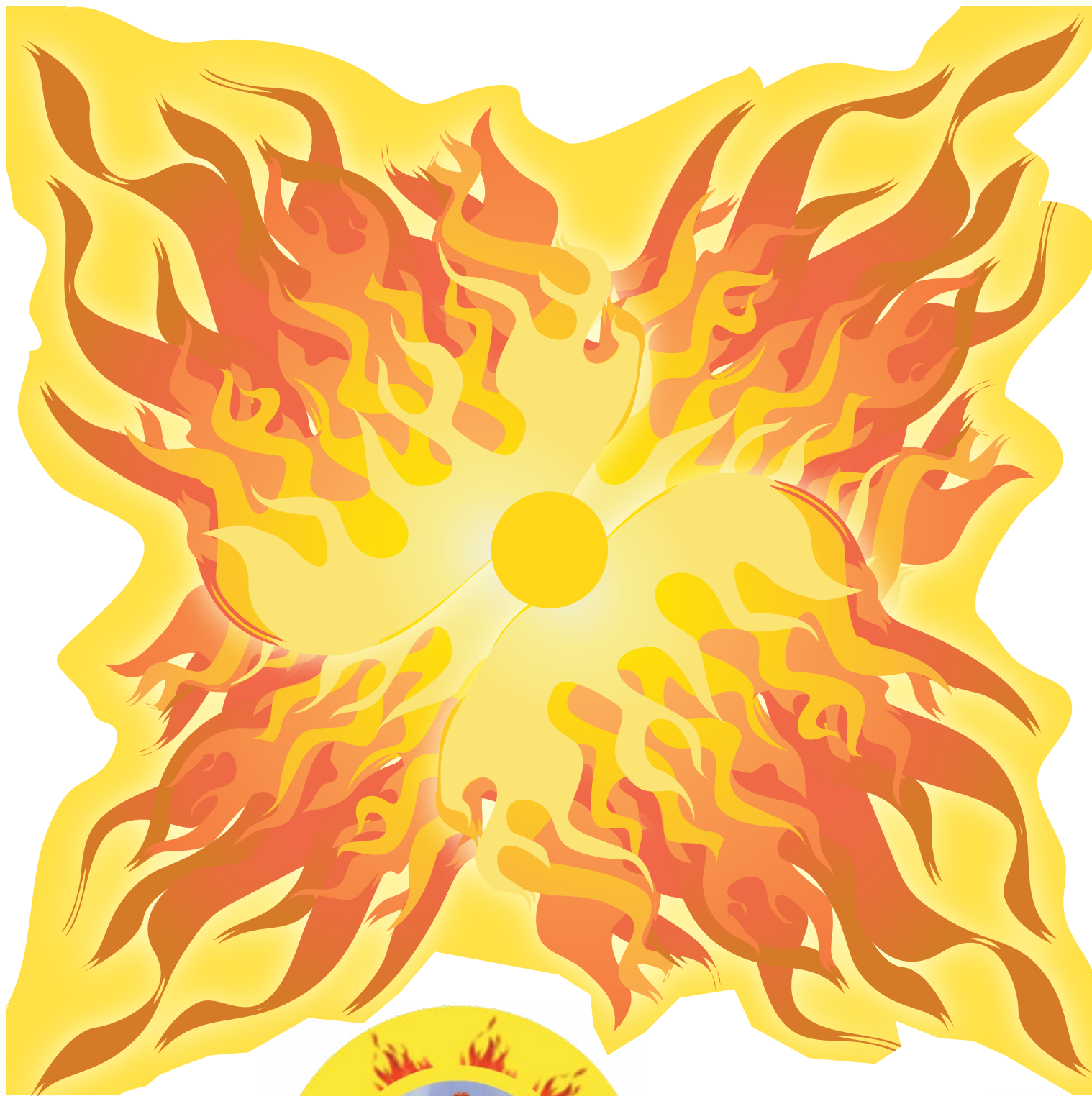


Step 5



Step 6





"It is a sign between me and the children  
of Israel for ever: for in six days  
the Lord made heaven and earth,  
and on the seventh day he rested,  
and was refreshed."  
Exodus 31:17

"Verily my sabbaths ye shall keep:  
for it is a sign between me and  
you throughout your generations;  
that ye may know that I am  
the Lord that doth sanctify you."  
Exodus 31:13

"But the seventh day is the sabbath  
of the Lord thy God: in it thou shalt  
not do any work, thou, nor thy son,  
nor thy daughter, thy manservant,  
nor thy maidservant,  
nor thy cattle, nor thy stranger  
that is within thy gates."  
Exodus 20:10

"Wherefore the Lord  
blessed the sabbath day,  
and hallowed it."  
Exodus 20:11

"Remember the  
sabbath day, to keep  
it holy."  
Exodus 20:8