

OLD TESTAMENT 2022

Come, Follow Me

with

Living Scriptures

STREAMING

Remember Him

Easter

Objectives:

- Discuss how the symbols of the Passover, Easter, and the sacrament point toward Jesus Christ

Reinforces Principles of:

- Symbols of Jesus Christ

Reverence Time

Song:

To Think About Jesus, Children's Songbook page 71

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/to-think-about-jesus>

Scripture:

Exodus 12:14

"And this day shall be unto you for a memorial; and ye shall keep it a feast unto the LORD throughout your generations; ye shall keep it a feast by an ordinance for ever."

Video:

Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-remember>

Lesson

Summary:

After the first nine plagues in Egypt, the Lord sent a tenth plague that would kill the firstborn of each household. The Israelites were commanded to do certain things to avoid this plague, including taking a male lamb without blemish and using the blood to mark the door posts of the house. They would then eat the meat of the lamb with bitter herbs and unleavened bread. This was done to symbolize Jesus Christ and His Atonement. Each year after, the Israelites would remember their deliverance from Egypt and look forward to their deliverance from sin by celebrating the Passover and eating this special meal.

Just before His death, Jesus Christ blessed and shared bread and wine with his disciples and told them to eat and drink in remembrance of Him. We now remember Him by partaking of the sacrament each week. At Eastertime especially, we remember His great sacrifice and His miraculous resurrection which gives us hope and peace.

Quote:

"As Lamb of God, Jesus's divine mission was foreordained and rejoiced in by apostles and prophets. His Atonement, infinite and eternal, is central to the plan of happiness and the purpose of creation. He assures us that He carries us next to His heart." Gerrit W. Gong

Questions:

How do symbols help us to learn about Jesus Christ?

Why is Jesus symbolized by a lamb?

What symbols of Jesus Christ do you see at Easter?

How does the sacrament help us remember Jesus Christ?

Activity Time

Lamb of God

Description: Teach your family about the symbolism of a sacrificial lamb and why Jesus is called the Lamb of God as you make these simple Easter ornaments.

What you need: ■ A copy of the “Lamb of God” activity, scissors, tape, cotton balls, ribbon, and scriptures

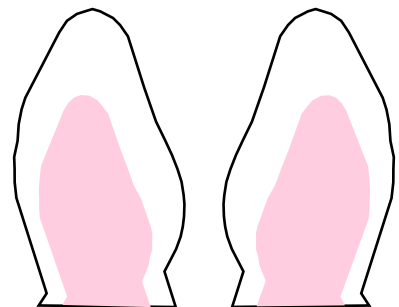
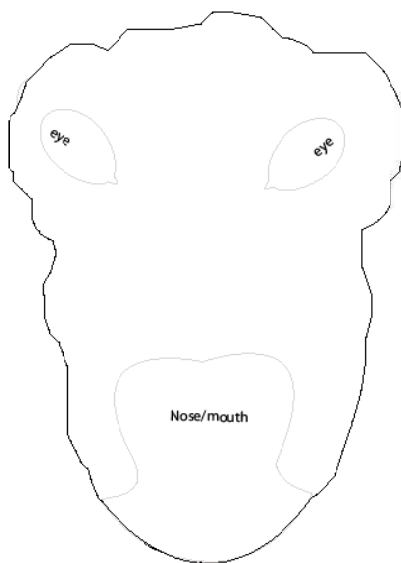
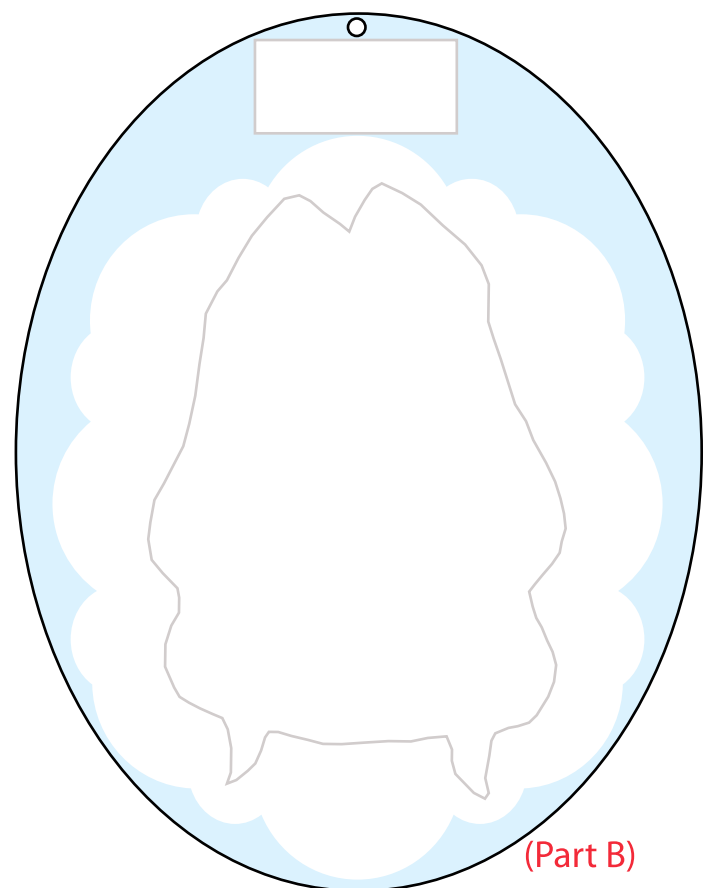
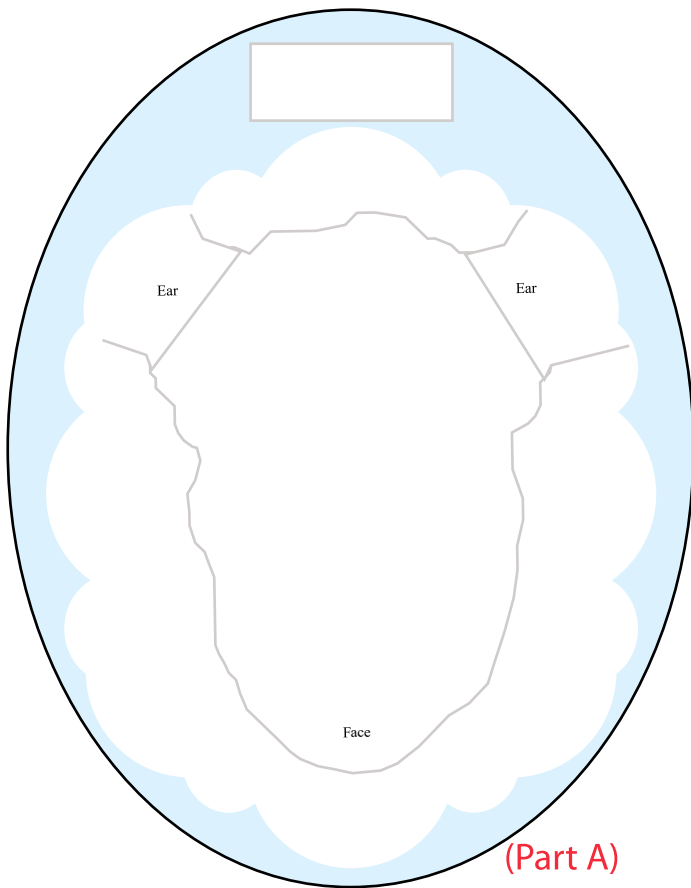
Preparation: Print out the activity artwork. Cut along black solid lines. Glue part “A” to part “B”.

- Activity:**
1. Do you know an animal that is symbolic with Jesus? (Lamb.)
 2. Let's learn some of the reasons why, as we make a craft.
 3. Have children glue cotton ball pieces around the edge of the white lamb shape on part “A” while you read Exodus 12:21-23. (See image for proper placement.) What was sacrificed to save the children of Israel? (A lamb.)
 4. Glue the ears on part “A” while you read Exodus 12:5. What does it mean “without blemish”? (Discuss what “without blemish” means.) Note: Curl ears.
 5. Glue the face on part “A”. Was the sacrificial lamb a boy or a girl? (Boy.)
 6. Glue the eyes on part “A” while you read Exodus 12:46. What did the Lord say not to break on the lamb? (Bones.)
 7. Glue the nose/mouth on part “A”. What do we know about the sacrificial lamb? (It was the blood of the male lambs, without blemish and no broken bones, that saved the children of Israel.)
 8. Glue the scripture on part “A”.
 9. Glue cotton balls around the edge of the white cloud shape on part “B” while you read Cor. 5:7. Who was sacrificed to save us from sin and death? (Christ.)
 10. Glue Christ on part “B” while you read Peter 1:18-19. How is the blood of Christ like the blood of the lamb put on the children of Israel's doors? (We are “redeemed” from death and sin by the blood of Christ.)
 11. Read 1 Nephi 12:6 while you glue the scripture on part “B”.
 12. Thread a piece of ribbon through the hole in the top while you read John 19:36.



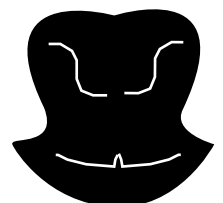
Front

Back



*"Your lamb shall be without blemish,
a male of the first year...
neither shall ye break a bone thereof."
(Exodus 12:5, 46)*

*"And I saw the heavens open,
and the Lamb of God descending
out of heaven; and he came down
and showed himself unto them."
(1 Nephi 12:6)*



Treat Time

Red Velvet "Lamb" Cookies

Prep Time: 15 minutes
Cook Time: 20 minutes
Cool Time: 30 minutes

Ingredients:

Cupcake Ingredients

- 1 cup sugar
- 1/2 cup soft butter
- 1 egg
- 1 tablespoon cocoa powder
- 1 tablespoon red food coloring
- 1 1/4 cups cake flour
- 1/2 teaspoon salt
- 1/2 cup buttermilk
- 1 teaspoon vanilla extract
- 1/2 teaspoon baking soda
- 1/2 tablespoon vinegar

Frosting & Decorating

- 4 ounces cream cheese
- 1/4 cup butter
- 1/2 teaspoon vanilla extract
- 2 cups powdered sugar
- miniature marshmallows
- 3 regular marshmallows for ears
- 9 black jelly beans for eyes/nose



Instructions: Cupcakes: Preheat oven to 350 degrees F. Line a (12 cup) muffin tin with cupcake papers. Cream the sugar, butter, and egg. Mix cocoa and food coloring together and then add to sugar mixture; mix well. Sift together flour and salt. Add flour mixture to the creamed mixture alternately with buttermilk. In a small bowl, combine baking soda, vinegar, and vanilla; blend into mixture. Fill muffin cups 3/4 full with batter. Bake for 20 minutes, or until a toothpick inserted into the center comes out clean. Cool completely before frosting with cream cheese frosting.

Frosting: Blend cream cheese and butter until smooth. Beat in vanilla and powdered sugar until creamy.

Treat Time: Give each family member a frosted cupcake to decorate. See image for placement of jelly beans and marshmallows to make lamb faces.

