

# Come, Follow Me with *Living Scriptures* STREAMING

## Forgiveness Brings Blessings

Genesis 42-50

### Objectives:

- Learn about Joseph forgiving his brothers and how he was able to help them during the famine.

### Reinforces Principles of:

- Forgiveness

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## Reverence Time

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### Song:

Help Me Dear Father (verse 1), Children's Songbook page 99

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/help-me-dear-father>

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### Scripture:

Genesis 45:4-5

"And Joseph said unto his brethren, Come near to me, I pray you. And they came near. And he said, I am Joseph your brother, whom ye sold into Egypt. Now therefore be not grieved, nor angry with yourselves, that ye sold me hither: for God did send me before you to preserve life."

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### Video:

Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-forgiveness>

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## Lesson Time

## Forgiveness Brings Blessings

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### Lesson

#### Summary:

There was a terrible famine in the land, and Joseph's brothers heard that there was food in Egypt. They traveled to Egypt to buy grain. While they were in Egypt they met Joseph, but they didn't know it was him. Joseph decided to test the hearts of his brothers before revealing his identity. He asked them to go back home and get their youngest brother, Benjamin. Jacob, their father, didn't want to send Benjamin with them because of what had happened to Joseph, but he eventually agreed to let Benjamin go.

When the brothers arrived back in Egypt Joseph held a great feast with them. At the end of the visit a silver cup was placed in Benjamin's bag. On their way home Egyptian guards caught them and found the silver cup. Benjamin was accused of theft and his punishment was to remain as a slave in Egypt. Judah offered to take Benjamin's place.

Joseph was now convinced that his brothers had changed their hearts. He freely forgave them and invited them and his entire family to live with them in Egypt where they were preserved from the famine. Joseph patiently bore what his brothers had done to him without seeking revenge. He knew that God had sent him to Egypt to help his family.

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#### Quote:

*"A spirit of forgiveness and an attitude of love and compassion toward those who may have wronged us is of the very essence of the gospel of Jesus Christ. Each of us has need of this spirit...The Lord taught it in the time of his agony on the cross of Calvary, with vile and hateful accusers before him, those who had brought him to this terrible crucifixion, he cried out, 'Father, forgive them; for they know not what they do.' (Luke 23:34.)' None of us is called on to forgive so generously, but each of us is under a divinely spoken obligation to reach out with pardon and mercy." President Gordon B. Hinckley*

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#### Questions:

How did Joseph's brothers show that they had repented?

How did Joseph show his forgiveness?

Why is it important to forgive others?

How does forgiveness help the person who forgives? How does it help the person who is forgiven?

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## Activity Time

## Joseph Forgives

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**Description:** Dress up like Joseph while you learn about repentance and forgiveness and how we can find peace through the Atonement of Jesus Christ.

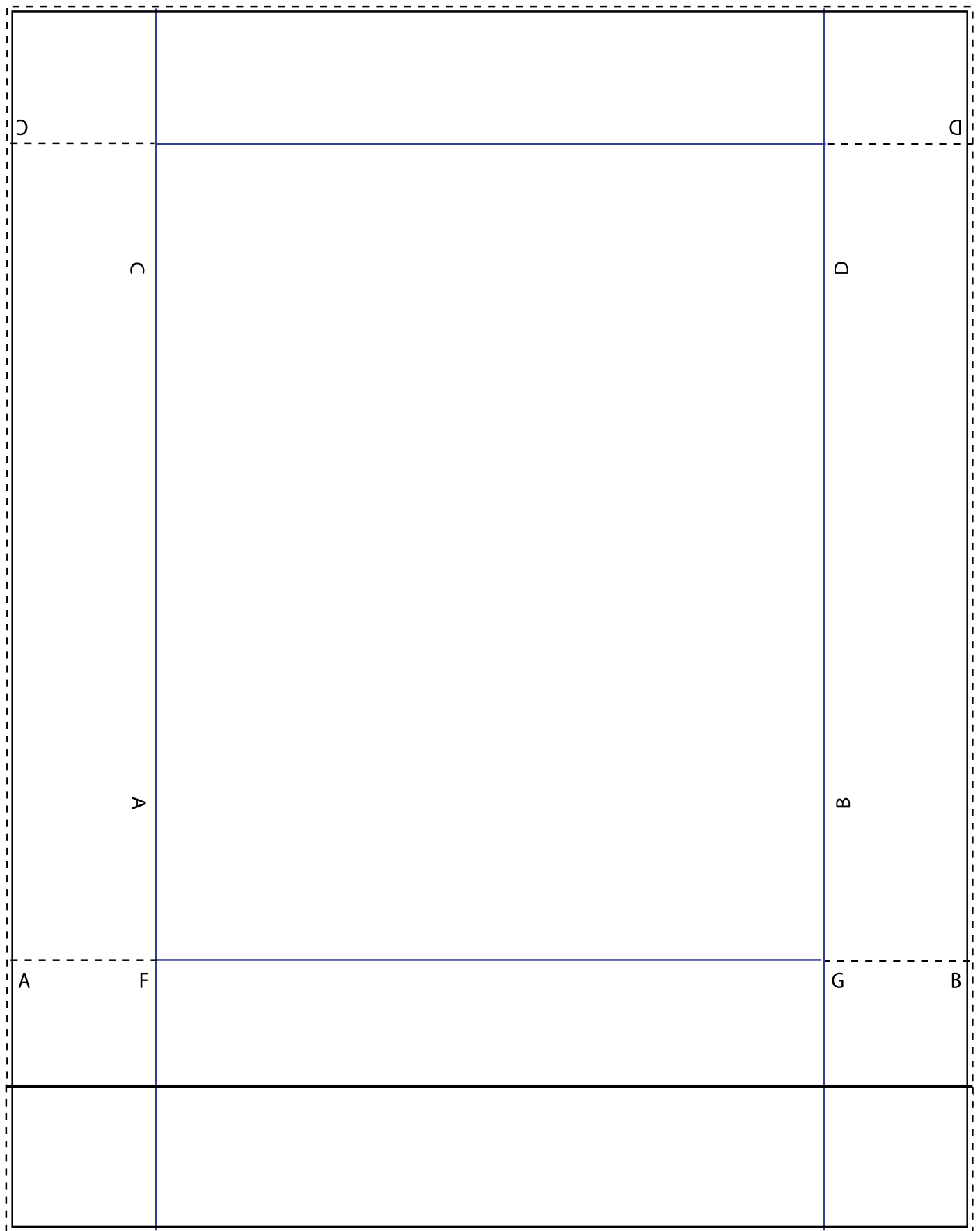
**What you need:** ■ A copy of the “Joseph Forgives” activity for each child (artwork included with this lesson) scissors, crayons, markers, or colored pencils, tape.

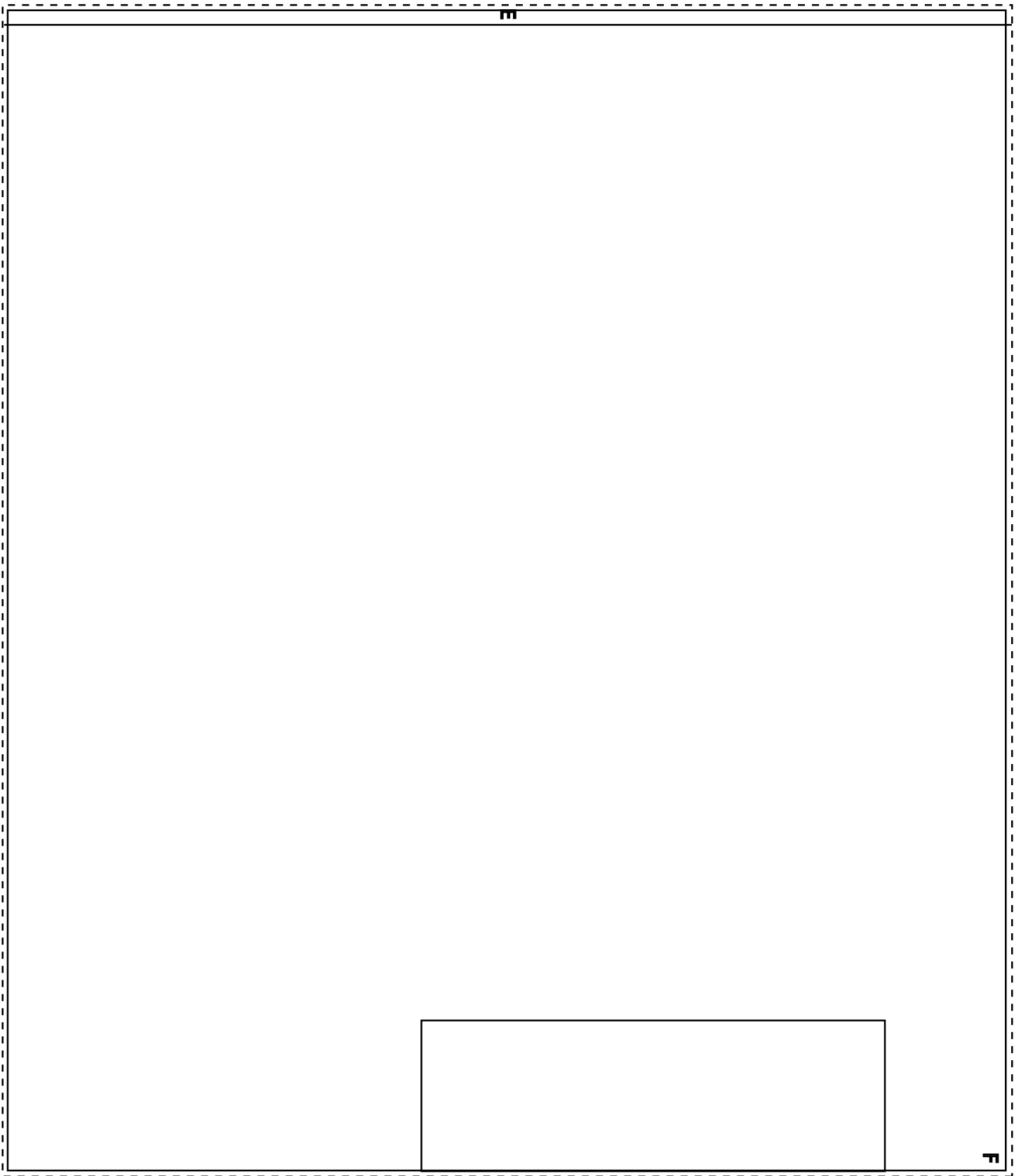
**Preparation:** 1. Print out the artwork.

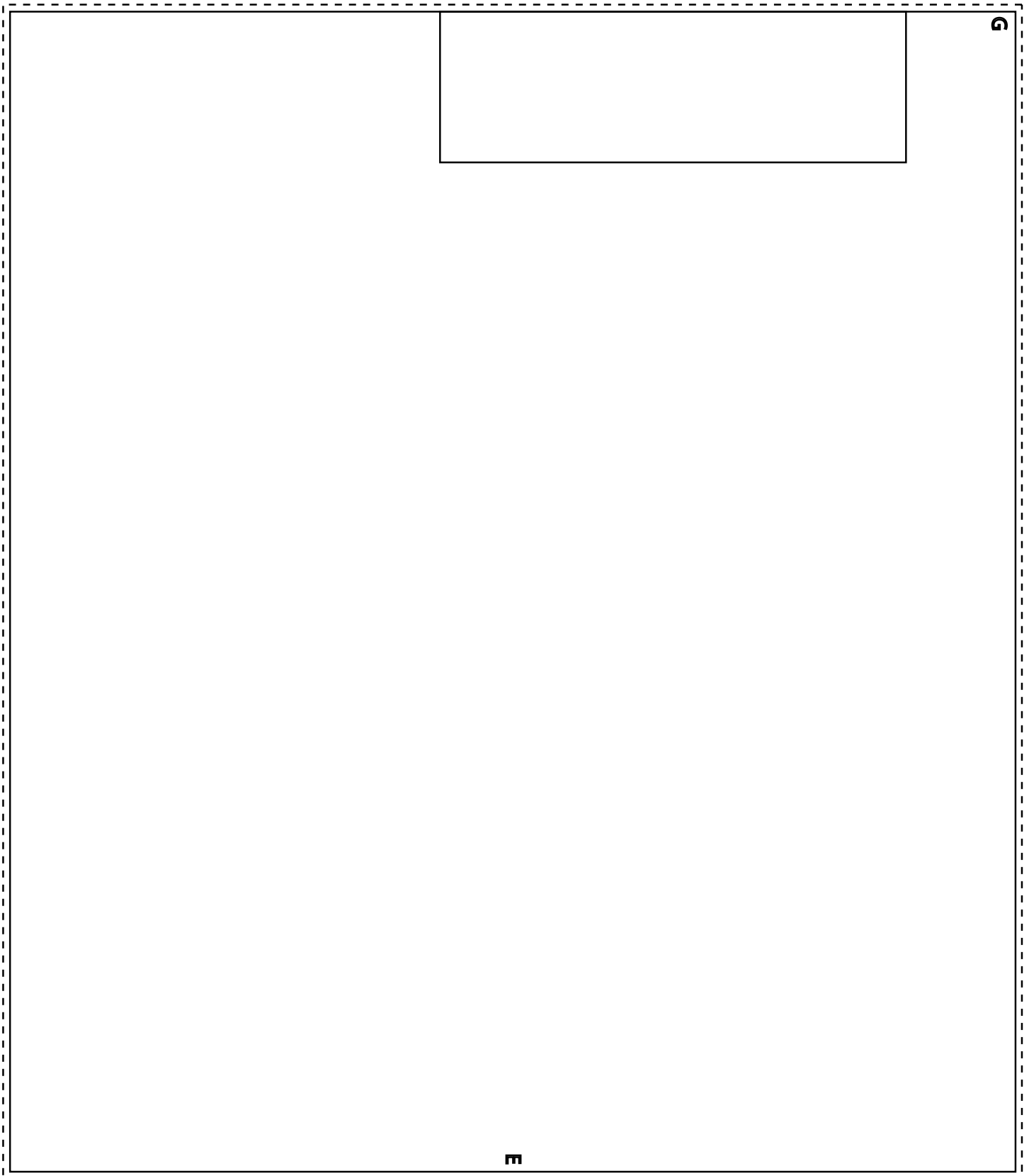
**Activity:**

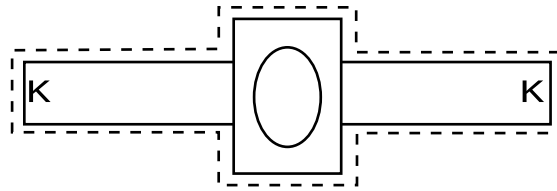
1. Have children color their Joseph head piece, wristlets, and ring. (While children color discuss how Heavenly Father blessed Joseph because of his willingness to forgive his brothers.)
2. Assemble Joseph head piece, wristlets, and ring:
  - A. Cut out along dotted lines.
  - B. Fold along solid blue lines.
  - C. Match up letters in alphabetical order (A & A, B & B etc.) and tape in place.  
Note: J & H may need to be taped after putting on child's wrist.
3. Ask and discuss the following questions:
  - A. Would you like to be a great person like Joseph?  
(Have children put on their Joseph head piece, wristlets, and ring.)
  - B. Was being a ruler over Egypt what made Joseph a great man?
  - C. Was Joseph a great man because he was faithful and forgiving?
  - D. If you are forgiving, like Joseph, will Heavenly Father bless you?
  - E. Do you think becoming governor of Egypt is the greatest blessing that Joseph will receive because of his faithfulness?
  - F. What greater blessing comes from being faithful and forgiving?
  - G. Do you think it was easy for Joseph to forgive his brothers?
  - H. Who do you think helped Joseph soften his heart so that he could forgive his brothers?
  - I. Is it easier to be forgiving if we pray for help?
  - J. Do you think Joseph found peace through the Atonement of Jesus Christ?
  - K. Can you find peace through the Atonement of Jesus Christ if you forgive others?











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## Treat Time

## *Biblical-style Unleavened Bread*

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**Prep Time:** 10 minutes  
**Bake Time:** 12 minutes

**Ingredients:** 1 1/2 cups sifted white flour  
1/2 cup sifted wheat flour  
1 tsp. salt  
1 1/2 tsp. sugar (if desired)  
3/4 tsp. baking soda  
3 tsp. shortening  
2/3 cup warm water  
Optional: Honey butter for serving



**Instructions:** Preheat oven to 375 degrees. In large bowl add all dry ingredients. Cut in shortening. Stir in the warm water until mixed. Knead for 1-2 minutes. Roll out onto a floured board. Place on greased cookie sheet. Bake for exactly 12 minutes as bread burns easily. Cut into squares.

Treat Time: "And Joseph's ten brethren went down to buy corn in Egypt." (Genesis 42:3.) Like many other English words found in the KJV Bible, the word "corn" had a different meaning than it does now. The word "corn" was used to refer to any grain, especially wheat. After buying grain from Egypt, Joseph's brothers, might have made unleavened bread during the famine, because of the meager ingredients it calls for. Serve yours warm with honey butter or jam.