



# Come, Follow Me with *Living Scriptures* STREAMING

## Obedience & Sacrifice

Genesis 18-23

### Objectives:

- Learn about Abraham and Isaac's obedience and sacrifice.  
Discuss the sacrifice of our Savior, Jesus Christ.

### Reinforces Principles of:

- Obedience, Sacrifice

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## Reverence Time

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**Song:** He Sent His Son, Children's Songbook page 34

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/he-sent-his-son>

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**Scripture:** Genesis 22:12

"And he said, Lay not thine hand upon the lad, neither do thou any thing unto him: for now i know that thou fearest God, seeing thou hast not withheld thy son, thine only son from me."

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**Video:** Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-sacrifice>

### Lesson

#### Summary:

Abraham and Sarah had been promised that they would have a son. Even though Sarah was old, and it seemed impossible that she could have a baby, she gave birth to Isaac. Nothing is impossible for God. Abraham and Sarah were so happy to finally have a son.

One day, God commanded Abraham to offer Isaac as a burnt offering. Even though it was very difficult for Abraham to be obedient, he took Isaac to the mountain where God had asked him to go and prepared to offer Isaac as a sacrifice. Before Isaac was harmed, an angel stopped Abraham, and a ram was provided as a sacrifice.

Abraham was willing to be obedient and sacrifice for God. God promised Abraham many blessings. The sacrifice of Abraham's only son reminds us of God's sacrifice of His Only Begotten Son, Jesus Christ. We can show obedience when we keep the commandments even when it's difficult. Our sacrifice will bring blessings.

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#### Quote:

*"Sacrifice is an amazing principle. As we willingly give our time and talents and all that we possess, it becomes one of our truest forms of worship. It can develop within us a profound love for each other and our Savior, Jesus Christ. Through sacrifice our hearts can be changed; we live closer to the Spirit and have less of an appetite for things of the world." Carol B. Thomas*

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#### Questions:

Why was Abraham willing to sacrifice his son for God?

Why was Isaac willing to be a sacrifice?

What are some things we can sacrifice for God?

How does sacrifice show our love for God?

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## Activity Time

## *I'll Sacrifice for Him*

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**Description:** Use this activity to discuss ways you can show your love for God through sacrifice.

**What you need:**

- A copy of the "I'll Sacrifice for Him" activity for each of your children), scissors, glue, tape and heavy card stock.

**Preparation:**

1. Print out the artwork.
2. Glue everything, but the fire pieces, to cardstock.
3. Cut out all pieces.
4. Cut along dotted lines.
5. Fold flaps on altar inward.
6. Fold altar along solid lines.
7. Tape sides to flaps to create a box shape (bottom will be open).

**Activity:**

Explain that to obey our Heavenly Father, we must often sacrifice. Heavenly Father requires us to sacrifice in a different way than in days of old. We sacrifice by giving up something to help someone else. Jesus made the greatest sacrifice. He suffered for our sins and then He gave His life for us.

Ask: Why should we offer sacrifices? (To show obedience to Heavenly Father; to show Heavenly Father that we love Him; to become better people; etc.)

Ask: How does sacrificing for others make us better people? (Discuss ideas.)

Give each family member a copy of the word strip.

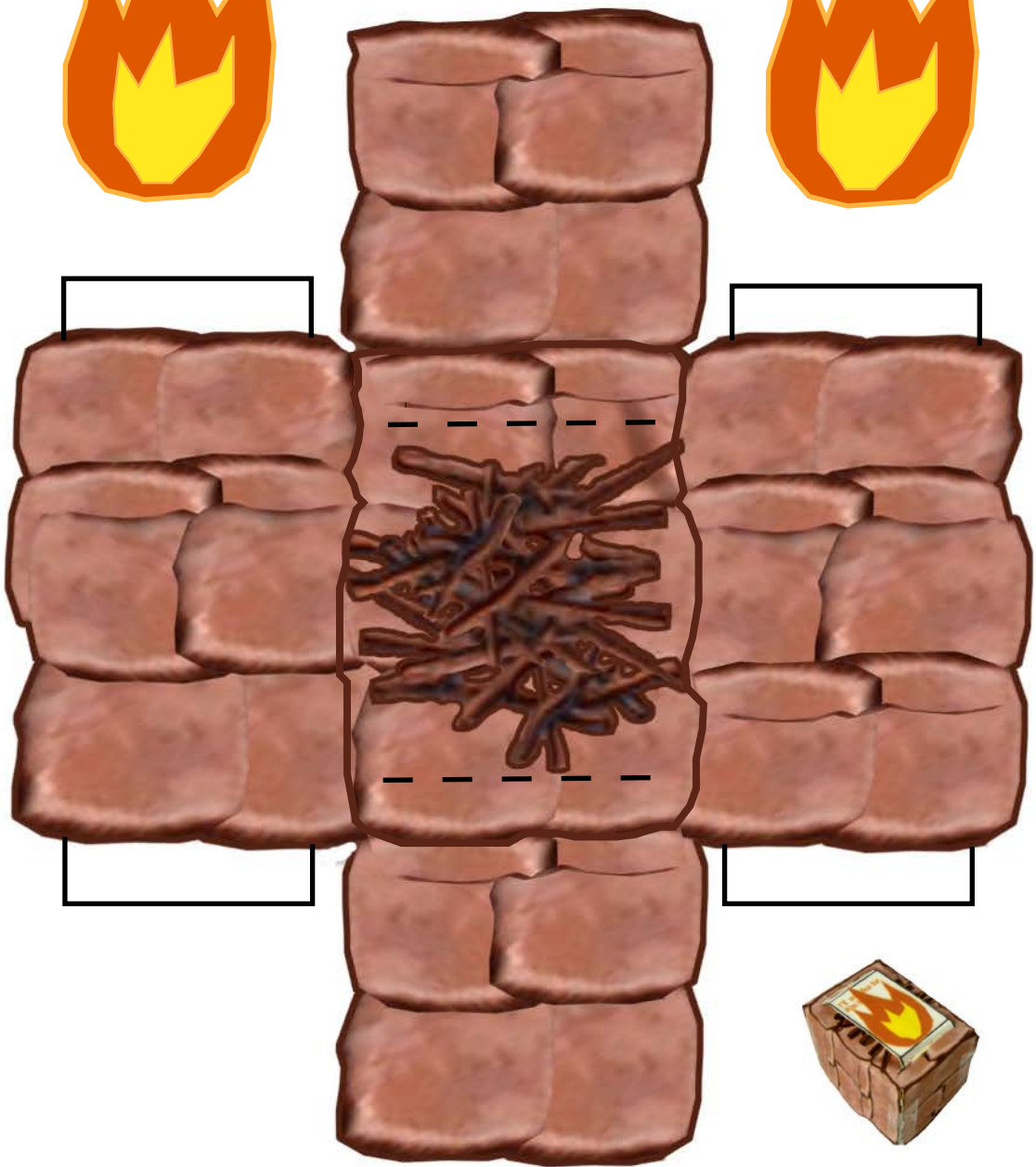
Ask: What are some of the ways we can show Heavenly Father that we love Him, through sacrifice? (Pay tithing and fast offerings, attend church meetings, honor and obey parents, reading scriptures, service projects, visiting the sick, teaching, genealogy, helping a brother or sister with their chores, weeding an elderly neighbors garden or mowing their lawn, writing to a missionary, etc.)

Have each person (younger children will need help) write or draw five things that they will do to "offer sacrifice" through the coming week.

Thread word strip through slits in altar. (Roll up extra inside altar.)

Roll the word strip until the "sacrifice" you are going to work on for the day is on the altar. Glue or tape a fire piece securely over each sacrifice as it is completed. Repeat each day until all "sacrifices" are completed.

I'll sacrifice for Him by
I'll sacrifice for Him by
I'll sacrifice for Him by
I'll sacrifice for Him by
I'll sacrifice for Him by



**Prep Time:** 5 minutes  
**Bake Time:** 30 minutes  
**Cool Time:** 30 minutes



**Ingredients:** 2 cups brown sugar  
1/2 cup melted butter (1 stick)  
2 eggs  
2 cups flour  
2 tsp. baking powder  
1/2 tsp. salt  
1 tsp. vanilla  
3 Tbs. powdered sugar (optional)  
Small bag of pretzel sticks

**Instructions:** Add melted butter to sugar. Stir until well blended. Remove from stove and add eggs. Beat well. Add flour, salt, baking powder and vanilla. Pour into prepared 13" x 9" square pan.

Bake in preheated oven at 325 degrees F. for 30 minutes. Dust with powdered sugar if desired. Cool in pan for 30 minutes. Cut into bite-size squares.

Treat Time: Stack the Butterscotch squares to build an altar. Place the pretzel sticks on top for firewood. Use the pretzel sticks to pick up the squares to eat. Recipe makes 4-6 altars, depending on how small you cut your squares.