



Come, Follow Me

with

Living Scriptures

STREAMING

I Will Lead Thee

Genesis 12-17; Abraham 1-2

Objectives:

- Learn about Abraham and his desire to be faithful and follow God. Discuss covenants and how prayer can allow God to lead us.

Reinforces Principles of:

- Prayer, Faithfulness, Covenants

Reverence Time

Song: I Pray in Faith, Children's Songbook page 14

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/i-pray-in-faith>

Scripture: Abraham 1:18

"Behold, I will lead thee by my hand, and I will take thee, to put upon thee my name, even the Priesthood of thy father, and my power shall be over thee."

Video: Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-lead>

Lesson

Summary:

Instead of worshiping God, Abram's father and other Egyptians worshiped false gods. They tried to offer Abram as a sacrifice to their gods, but Abram prayed to God for help. He wanted to be righteous even though members of his family were wicked. An angel appeared and rescued Abram. God told Abram to leave and go to another land. He promised to lead him and help him.

Abram married Sarai, and they were both faithful to God. God made a covenant with Abram and Sarai, changing their names to Abraham and Sarah. He promised to make their posterity as numerous as the stars in the sky and to give them the land of Caanan. This covenant is called the Abrahamic Covenant, and it means that God promises to be our God if we promise to be His people. He will lead us if we follow Him in faith.

Quote:

"I invite you to remember to be faithful, to turn your life to the Savior and build your foundation on Him. Remember to be prayerful in your journey and serve others along the way." Elder José A. Teixeira

Questions:

What did Abram (Abraham) do when his life was in danger?

How can prayer help us?

What is a covenant?

What covenant did God make with Abraham and Sarah?

How does the Abrahamic Covenant bless us today?

Description: This activity teaches children how to prepare themselves to pray reverently.

What you need:

- A copy of the "Pray Always" activity for each child (artwork included with this lesson), scissors, glue, brass fasteners & card stock.

Preparation:

1. Print out the artwork.
2. Cut along black solid lines.
3. Put "Praying Children" together by following assembly instructions included with this activity.

Activity:

1. Why do we kneel to pray?

Help the children understand that we don't always kneel when we pray, but when we do it shows Heavenly Father the utmost respect.

(Fold "Praying Children" at knees. Fan "Prayer Girl's" skirt out into an "A" shape to balance her in a kneeling position.)

2. Why do we fold our arms when we pray?

Help the children understand that moving their hands during the prayer might keep people from listening to the prayer. (Fold "Praying Children's" arms.)

3. Why do we close our eyes when we pray?

Help the children understand that they are less likely to be distracted by things around them when they close their eyes. They can think of Heavenly Father and what they are saying to him.

(Glue eyelids over "Prayer Children's" eyes to make them closed.)



4. Why do we bow our heads when we pray?

Help the children understand that bowing our heads when we pray shows Heavenly Father that we love, honor, and respect him.

(Bend "Prayer Children's" heads to a bowing position.)

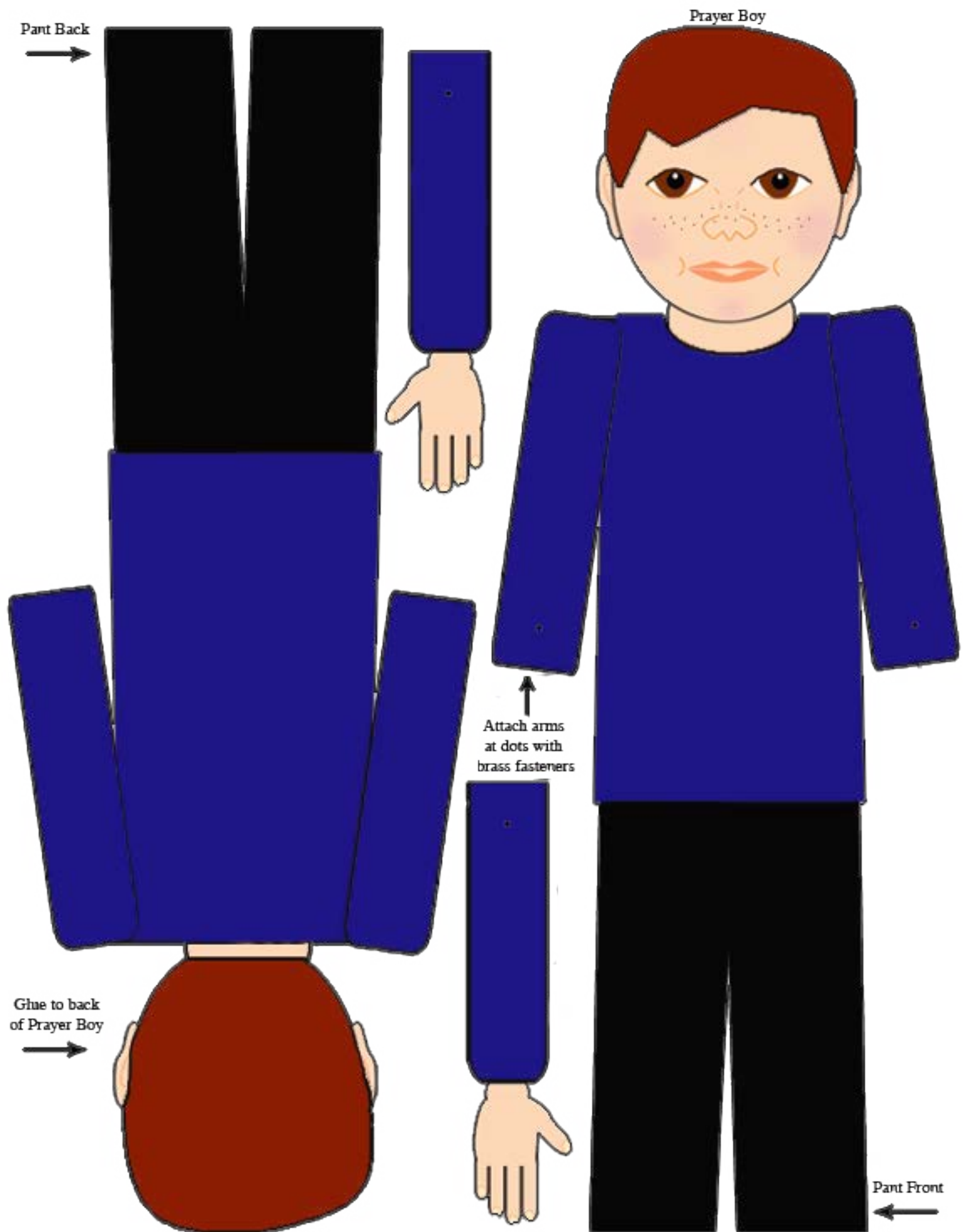


“Prayer Boy” Assembly Instructions

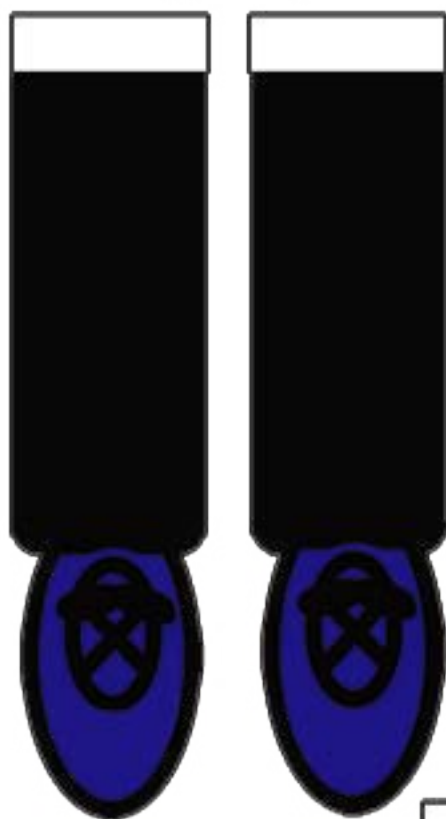
1. Glue Front Legs to Pant Front (line up bottom of pant with black line).
2. Glue Back Legs to Pant Back (line up bottom of pant with black line).
3. Glue card stock Pants to Pant Front.
4. Glue Prayer Boy Front to Prayer Boy Back.
5. Attach arms at black dots with brass fasteners.
6. Glue eyelids over eyes during activity time.

“Prayer Girl” Assembly Instructions

1. Glue Back Legs to Front legs.
2. Glue Legs to Skirt Front (line up bottom of skirt with black line).
3. Glue Prayer Girl Top Front to Top Back, leaving skirt free.
4. Fold card stock skirt at fold line and then glue to inside of Skirt Front and Skirt Back to form an “A” frame.
5. Attach arms at black dots with brass fasteners.
6. Glue eyelids over eyes during activity time.



Glue to bottom
of Pant Front

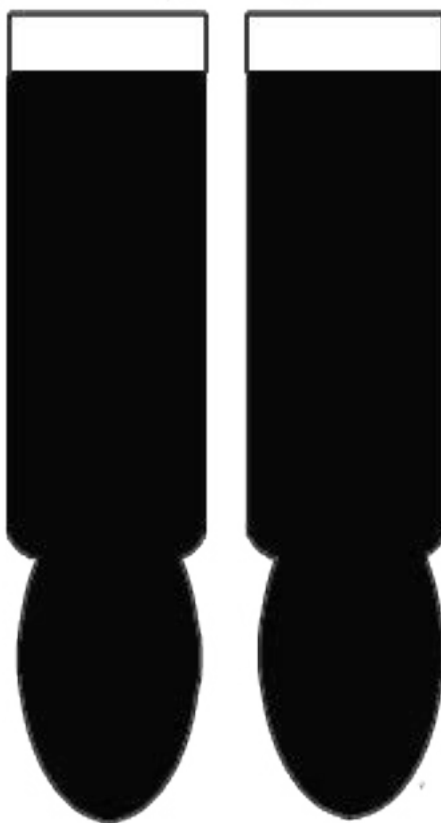


Eye Lids



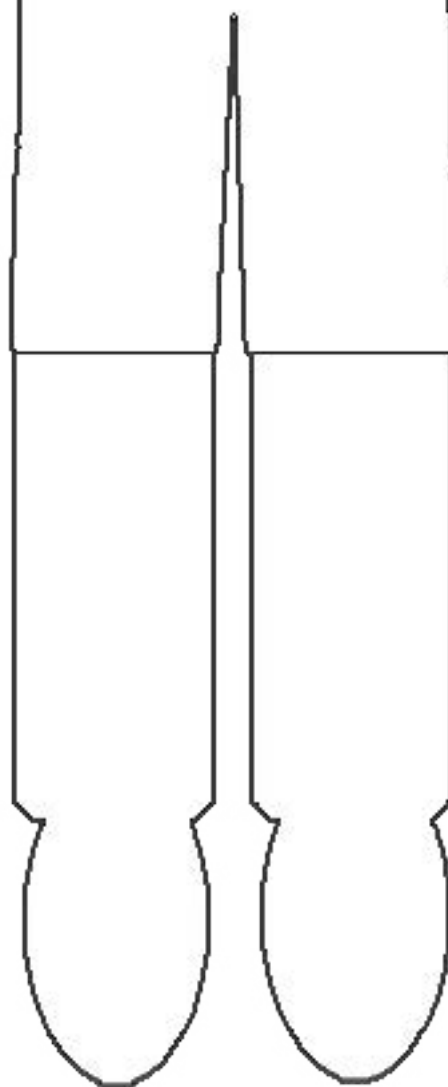
Glue to eyes
during activity time.

Glue to bottom of
Pant Back



Pattern

**(Cut out of heavy
card stock.
Glue in-between pant
front and pant back.)**



Prayer Girl

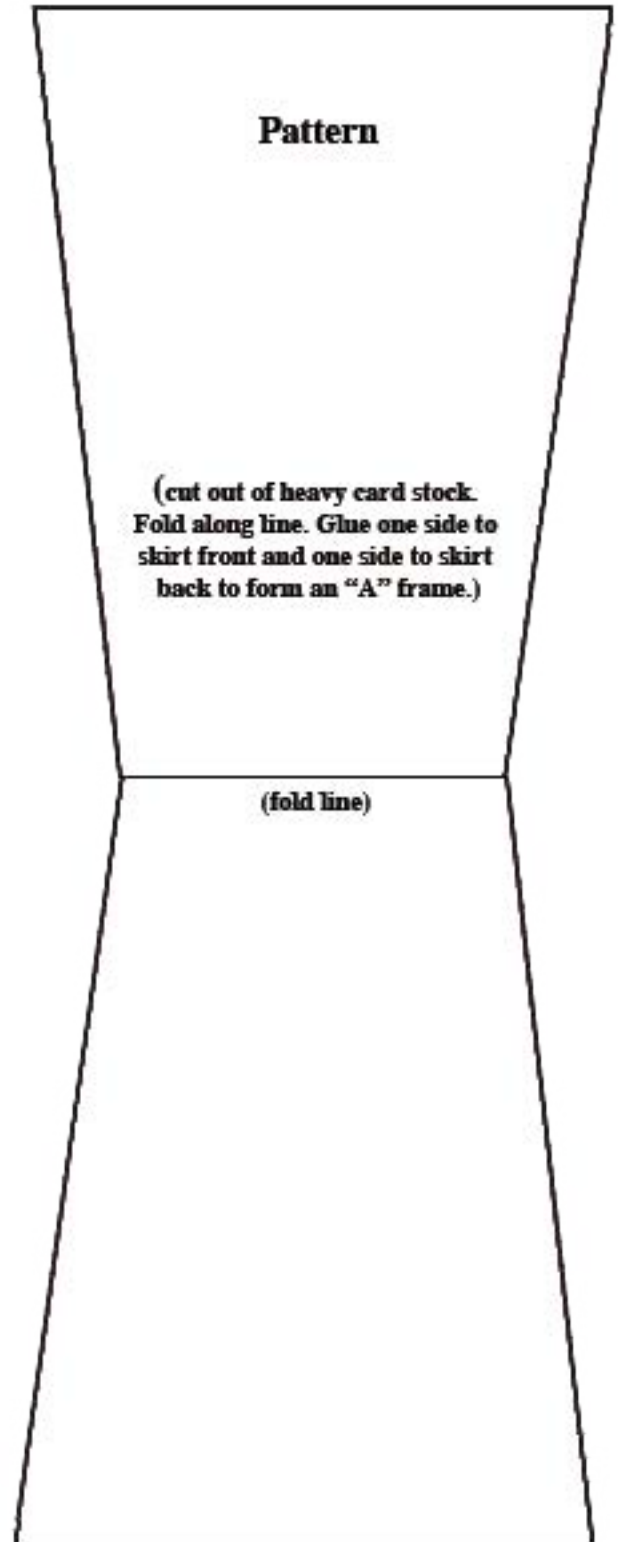
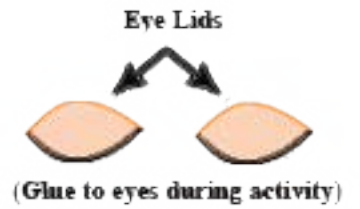
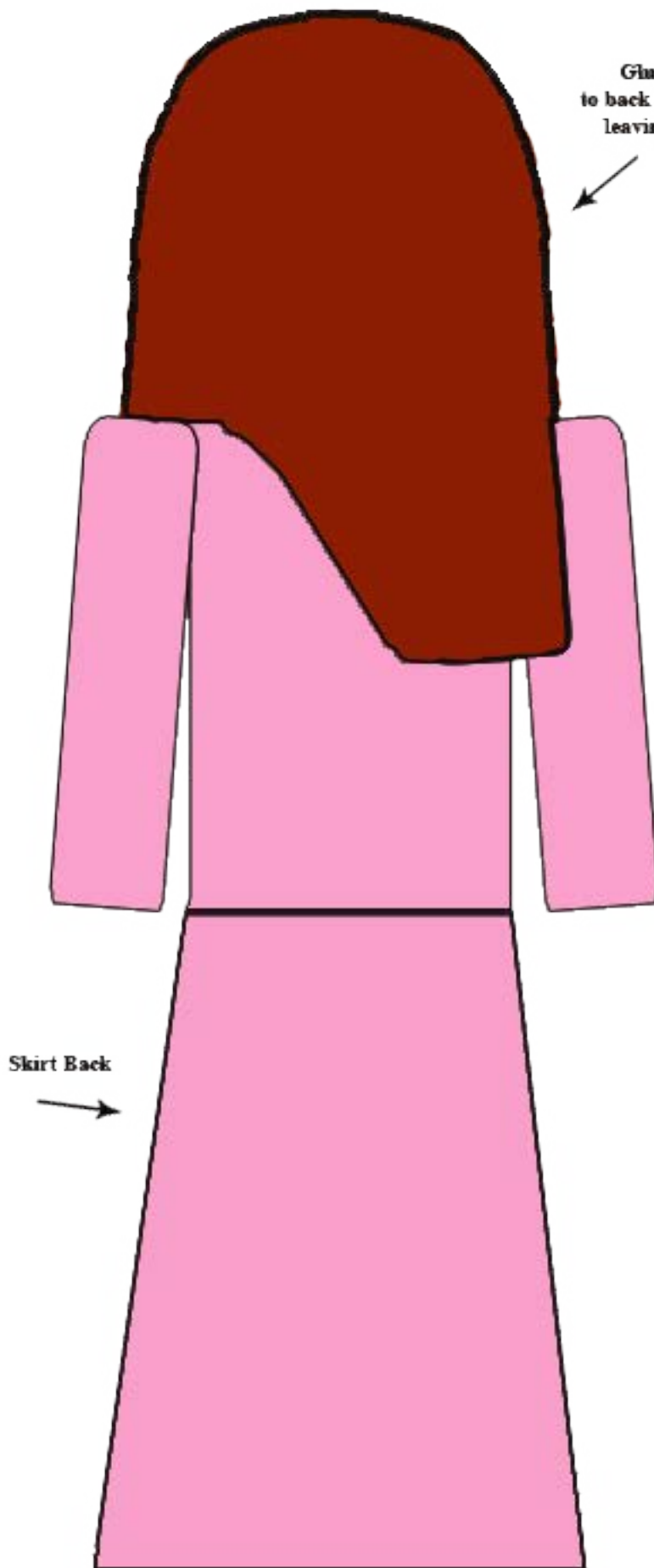
Glue to backside of dress front

Front Legs

Attach arms at black dots
with brass fasteners

Skirt Front

Glue to back of front legs



Treat Time

Praying Arms Pretzels

Prep Time: 15 minutes
Rise Time: 1 Hour
Bake Time: 5-8 minutes



Ingredients: 2 teaspoons active dry yeast
1 teaspoon white sugar
3/4 cups warm water
2 1/2 cups flour
1/3 cup sugar
1 teaspoons salt
2 tablespoon vegetable oil
1/4 cup baking soda
2 cups boiling water
Melted butter & course salt

Instructions: In a small bowl, dissolve yeast and 1 teaspoon sugar in warm water. Let stand for 10 minutes. In a large bowl, mix together flour, 1/2 cup sugar, and salt. Make a well in the center; add the oil and yeast mixture. Mix until blended, then knead for 5 minutes. Place the dough into a large oiled bowl. Turn the dough until lightly coated with oil. Cover with plastic wrap and let rise for 1 hour in a warm place. Preheat oven to 450 degrees F. In a large bowl, dissolve baking soda in boiling water.

Treat Time: Divide dough into 6-8 equal parts. Give each family member a piece of dough. Roll each piece into a rope and twist into praying arm shapes (see diagram).

Dip each pretzel into the boiling baking soda water for about a minute to a minute and a half. Remove with a slotted spoon and place on a greased cookie sheet. Bake in preheated oven for five to eight minutes. Remove from oven and coat tops with melted butter and sprinkle with course salt.

(A pretzel is a treat that is twisted into a knot-like shape to resemble two arms folded for prayer.)

