

OLD TESTAMENT 2022

Come, Follow Me with *Living Scriptures* STREAMING

The House of Israel

Genesis 28-33

Objectives:

- Learn about Jacob and his family and the origin of the House of Israel. Discuss how we can resolve contention in our families.

Reinforces Principles of:

- Resolving contention, covenants

Reverence Time

Song: A Happy Family, Children's Songbook page 198

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/a-happy-family>

Scripture: Genesis 32:28

"And he said, Thy name shall be no more Jacob, but Israel: for as a prince hast thou power with God and with men, and hast prevailed."

Video: Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-israel>

Lesson

Summary:

Jacob left his home to find a wife. On the way, Jacob had a dream about a ladder to heaven. The ladder represents the covenants we make as we progress toward Christ. The Lord told Jacob that He would be with him.

Jacob met Rachel near a well as she came to water her family's sheep. Jacob promised her father Laban that he would work for seven years so he could marry her. Laban tricked Jacob and gave him his oldest daughter Leah to marry instead. Jacob promised to work seven more years if Laban would let him marry Rachel also. Soon Jacob's family began to grow. Jacob had twelve sons. The twelve tribes of Israel are descendants of these twelve sons. (Jacob's name was later changed to Israel.)

There was some contention between Jacob and Laban. Jacob decided to go back to his homeland. Laban followed Jacob and eventually caught up to him. They were able to set aside their differences and depart in peace. As Jacob neared his homeland, he learned that Esau and 400 men were headed his way. Jacob worried that Esau was still angry with him. He prayed and decided to offer Esau a gift when they met. Esau had forgiven Jacob, and they were happy to see each other again. We can also try to overcome contention in our family and try to forgive each other when needed.

Quote:

"Conflicts within the family are critical and often damaging. Contention puts heavy strain on stability, strength, peace, and unity in the home. There is certainly not time for contention in building a strong family. In place of arguments and friction between family members, ours is to build, listen, and reason together." Marvin J. Ashton

Questions:

Why is the House of Israel important to us today?

How can our covenants bring us closer to God?

How can we avoid or resolve contention in our family?

Activity Time

Gathering Israel Paper Chain

Description: In this activity, your family will learn how they can help the gospel grow and fill the earth to gather scattered Israel, just like the chain of children from around the world grows when unfolded.

What you need:

- A copy of “Gathering Israel Paper Chain” activity (artwork included with this lesson) for each child and scissors.

Preparation:

1. Print out the artwork.
2. Cut along dotted lines.
3. Fold each group of children, accordion style, along solid black lines.
4. Cut around the figure, careful not to cut along the folds where the hands touch (this can be done before or after the activity).

Activity: (Younger children will need help from an older sibling or parent.)

Since the early days of the Restoration, church leaders have worked at the task of sharing the Gospel and gathering Israel. As early as 1837, missionaries served in foreign missions. The work continues today with over 67,000 full time missionaries throughout the world.

How many members were there when the Church was organized in 1830? (Six.)

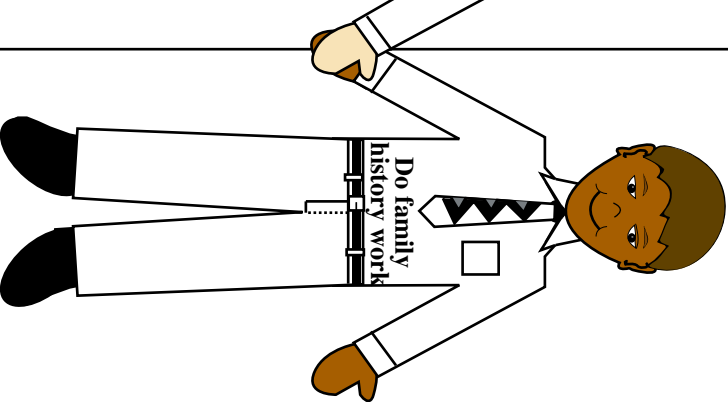
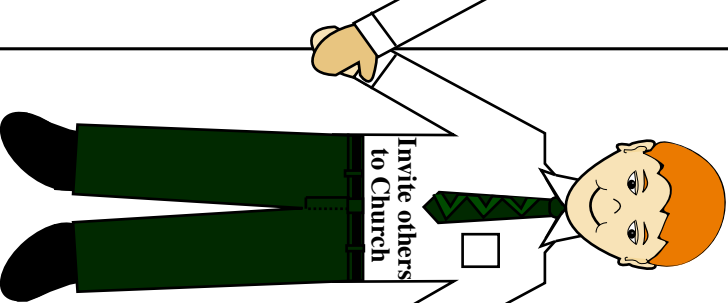
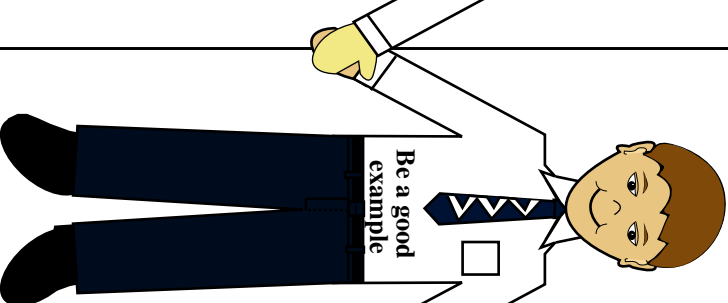
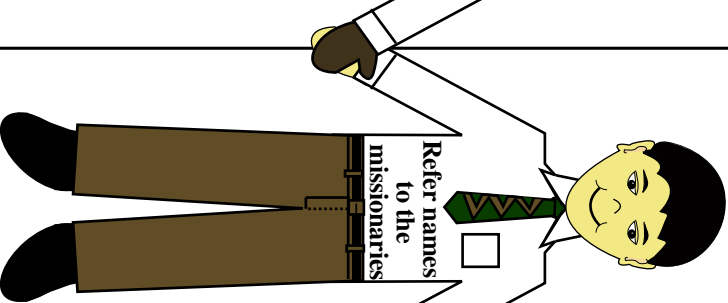
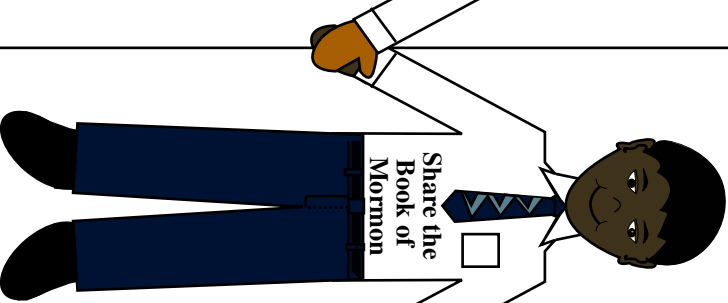
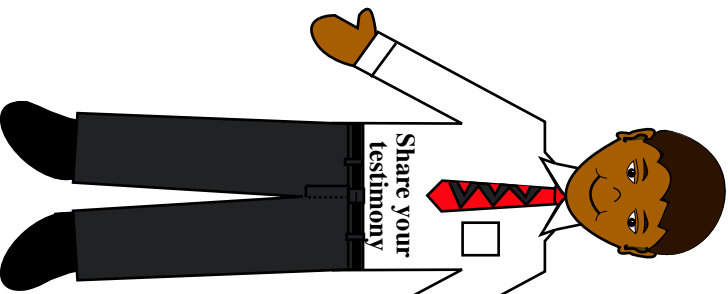
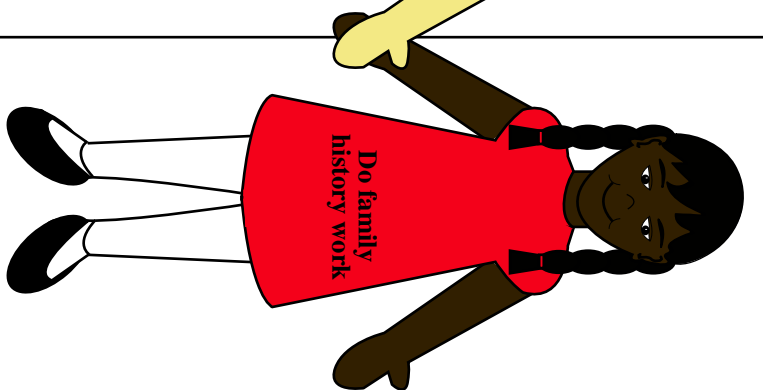
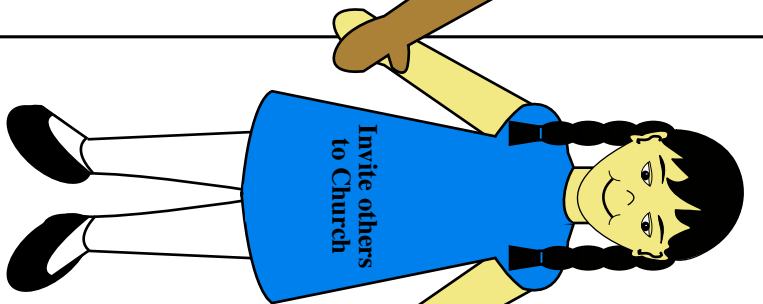
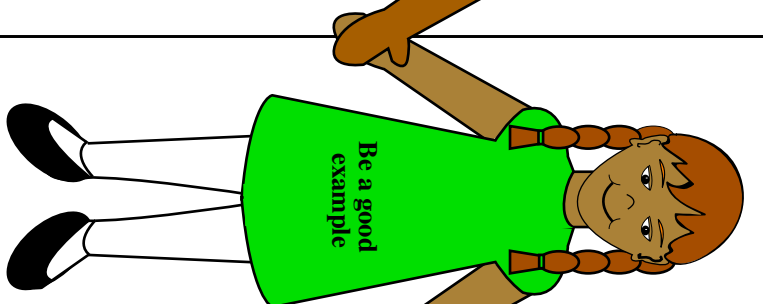
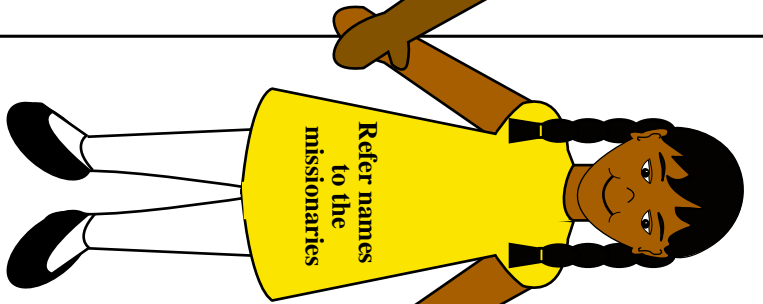
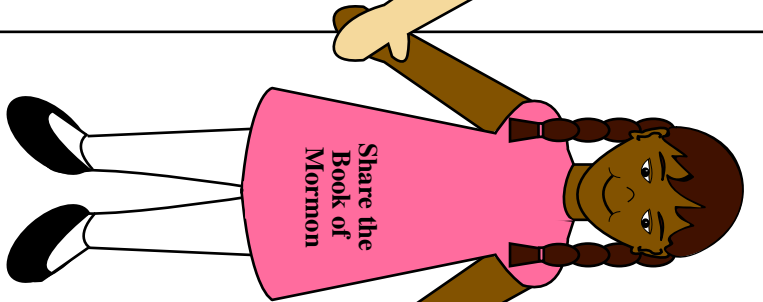
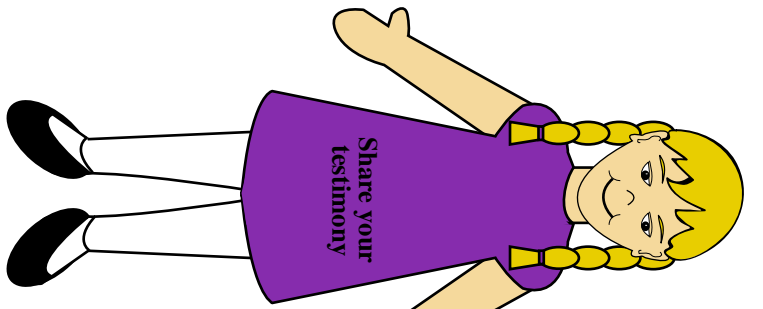
How many members are there today? (Over 16 million.)

Heavenly Father loves all his children and wants them all to have the opportunity to accept the Gospel and return to live with Him someday.

Give each family member a folded children chain (unfold as you discuss each topic).

- a. Sharing our testimonies will help others gain and strengthen their testimonies.
- b. Sharing copies of the Book of Mormon with people not of our faith will help the Gospel grow by giving more people the opportunity to read it and gain a testimony of it.
- c. The missionaries have a greater chance of being invited into homes to teach the Gospel when members refer names of interested people to them.
- d. Setting a good example for family members, neighbors, and friends is a reflection of the church to people not of our faith. Your example can influence others to join the church.
- e. Inviting others to Church activities, meetings, and firesides, where they can feel of the spirit and love of our Heavenly Father can help them want the Gospel in their lives.
- f. Inviting others to family home evening can help them learn Gospel principles in a loving family atmosphere.

Just like this chain of children grew, each of us can help the gospel grow and fill the earth.



Treat Time

Fruit Leather Family

Prep Time: 5 minutes

Cook Time: 4-5 hours



Ingredients: 2 (29 oz.) can peaches
1 banana

Instructions: Drain peaches. Puree peaches in blender. Pour into 2 jelly roll pans that have been lined with plastic wrap. To prevent plastic wrap from falling into fruit mixture, wet sides of pan before lining.

Bake at 170 degrees F. for 4-5 hours or until surface feels leathery. Let cool completely. Cut into 3 x 9 inch strips. Remove plastic wrap. (For a faster alternative, use commercially available fruit rolls.)

Treat Time: For each family member, fold strips accordion style into 1.5 x 3 inch folds. Cut out "Fruit Leather Children" by placing pattern with the back on the solid folded side and the front on the side with the two open ends. Cut along dotted lines with kitchen shears. Carefully unfold. If fruit leather tears while unfolding you can press it back together again.

