

OLD TESTAMENT 2022

Come, Follow Me with *Living Scriptures* STREAMING

Our Divine Birthright

Genesis 24-27

Objectives:

- Learn about Issac and Esau, the Abrahamic covenant, and our divine birthright as children of God.

Reinforces Principles of:

- Divine potential, Abrahamic Covenant

Reverence Time

Song:

I Want to Live the Gospel, Children's Songbook page 148

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/i-want-to-live-the-gospel>

Scripture:

Genesis 26:3-4

"Sojourn in this land, and I will be with thee, and will bless thee; for unto thee, and unto they seed, I will give all these countries, and I will perform the oath which I swear unto Abraham thy father; And I will make thy seed to multiply as the stars of heaven, and will give unto thy seed all these countries; and in thy seed shall all the nations of the earth be blessed;"

Video:

Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-birthright>

Lesson

Summary:

Abraham wanted to find a wife for his son Isaac. He sent his servant to find a righteous woman Isaac could marry. The servant prayed for help to know who he should choose. He met Rebekah at a well. She was kind and helped the servant get a drink and also drew water for his camels. The servant knew this was the woman Isaac should marry. Rebekah went with the servant to meet Isaac and they were married. The Abrahamic covenant was renewed through Isaac.

Isaac and Rebekah later had twin boys named Esau and Jacob. One day, Esau came back from the field and was very hungry. Jacob asked Esau if he would trade his birthright for some food. A birthright was usually given to the oldest son, and Esau was oldest. The birthright gave a son a greater inheritance and a greater responsibility to care for the family. Esau traded his birthright to Jacob for some food. He was more concerned about his current situation than he was about his future.

We can inherit a divine birthright from our Heavenly Father. He has promised us eternal life if we love Him and try our best to follow Him. We must be careful not to give away our birthright for immediate gratification like Esau did.

Quote:

"Your lineage is important. It means that you are included in the promises given to Abraham that through him all the nations of the world would be blessed. Your lineage is a 'blood relationship.' That makes you literally 'children of the prophets' with a noble birthright. That is why we often say that you are 'youth of the noble birthright' and belong to a royal, 'chosen generation.'" Julie B. Beck

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- Questions:**
- How did Abraham's servant know Rebekah was the right woman to choose for Isaac?
 - What is a birthright?
 - What is our divine birthright?

Activity Time

Abrahamic Covenant Matching Game

Description: Learn about the promises in the Abrahamic covenant as you play this matching game.

What you need:

- A copy of the “Abrahamic Covenant Matching Game” cards, scissors, heavy paper

Preparation:

1. Print out the artwork on heavy paper or mount on heavy paper.
2. Cut out the game cards.

Activity:

1. Setting up the Game: In this game, you'll match the promise with the scripture. Then discuss as a family what is being taught in the scripture. To get ready to play, mix up the cards and lay them out in rows, face down.
2. Game Instructions: Take turns turning over any two cards. If the two cards match, keep them. Discuss the promise and blessings. Read the scripture reference if you need help. If the cards don't match, turn them back over. Try to remember what was on each card and where it was. The game is over when all the cards have been matched.
3. Think about it: What does the Abrahamic covenant mean to you? What promises and covenants have you made? What blessings do you receive from those covenants?

Posterity	<p>"And I will make thy seed to multiply as the stars of heaven... and in thy seed shall all the nations of the earth be blessed"</p> <p>Genesis 26:4</p>	<p>Keep Commandments</p>	<p>" Because that Abraham obeyed my voice, and kept my charge, my commandments, my statutes, and my laws"</p> <p>Genesis 26:5</p>
Ordinances	<p>" For as many of you as have been baptized into Christ have put on Christ. And if ye be Christ's, then ye are Abraham's seed, and heirs according to the promise"</p> <p>Galations 3:26,29</p>	<p>Follow Covenant Path</p>	<p>"Therefore, all those who receive the priesthood, receive this oath and covenant of my Father, which he cannot break..."</p> <p>D&C 84:40</p>
Priesthood	<p>"Behold, I will lead thee by my hand... to put upon thee my name, even the Priesthood of thy father, and my power shall be over thee."</p> <p>Abraham 1:18</p>	<p>Share the Gospel</p>	<p>"...and to make of thee a minister to bear my name in a strange land which I will give unto thy seed after thee..."</p> <p>Abraham 2:6</p>
Eternal Life	<p>"in thee...shall all the families of the earth be blessed, even with the blessings of the Gospel, which are the blessings of salvation, even life eternal."</p> <p>Abraham 2:11</p>	<p>Celestial Marriage</p>	<p>Go ye, therefore, and do the works of Abraham; enter ye into my law (celestial marriage) and ye shall be saved.</p> <p>D&C 132:32</p>

Prep Time: 5 minutes

Ingredients: Approx. 1 cup mixed frozen fruit (we used a mix of pineapple, strawberries, peaches and mango found in the freezer section of the grocery store)
1/2 cup water
5 cups of water
ice
1 lemon, sliced into wedges



Instructions: In a blender, combine frozen fruit and 1/2 cup water. Blend until smooth to create a purée. Pour one cup of water into each of 5 tall glasses (approx 12-16 oz.) Add 3 tablespoons of the fruit purée to each glass and stir. Add ice to fill the glass. Gently squeeze some lemon juice into the water mixture and garnish glass with lemon, or float lemon wedge in the cup if desired.

Explain: Jesus compared the gospel to “living water”. What does that mean?
This delicious, fruity water is healthy and refreshing. How can it be compared the gospel?