
Activity Time

Hearts Woven in Unity

Description: The people of Enoch were of one heart and one mind. They repented and followed God. This heart activity will remind your family that being unified in love helps us become better followers of God.

What you need:

- A copy of the “Hearts Woven in Unity” printables for each child (artwork included with this lesson), scissors, and tape. Optional: cardstock, lace, and ribbon.

Preparation:

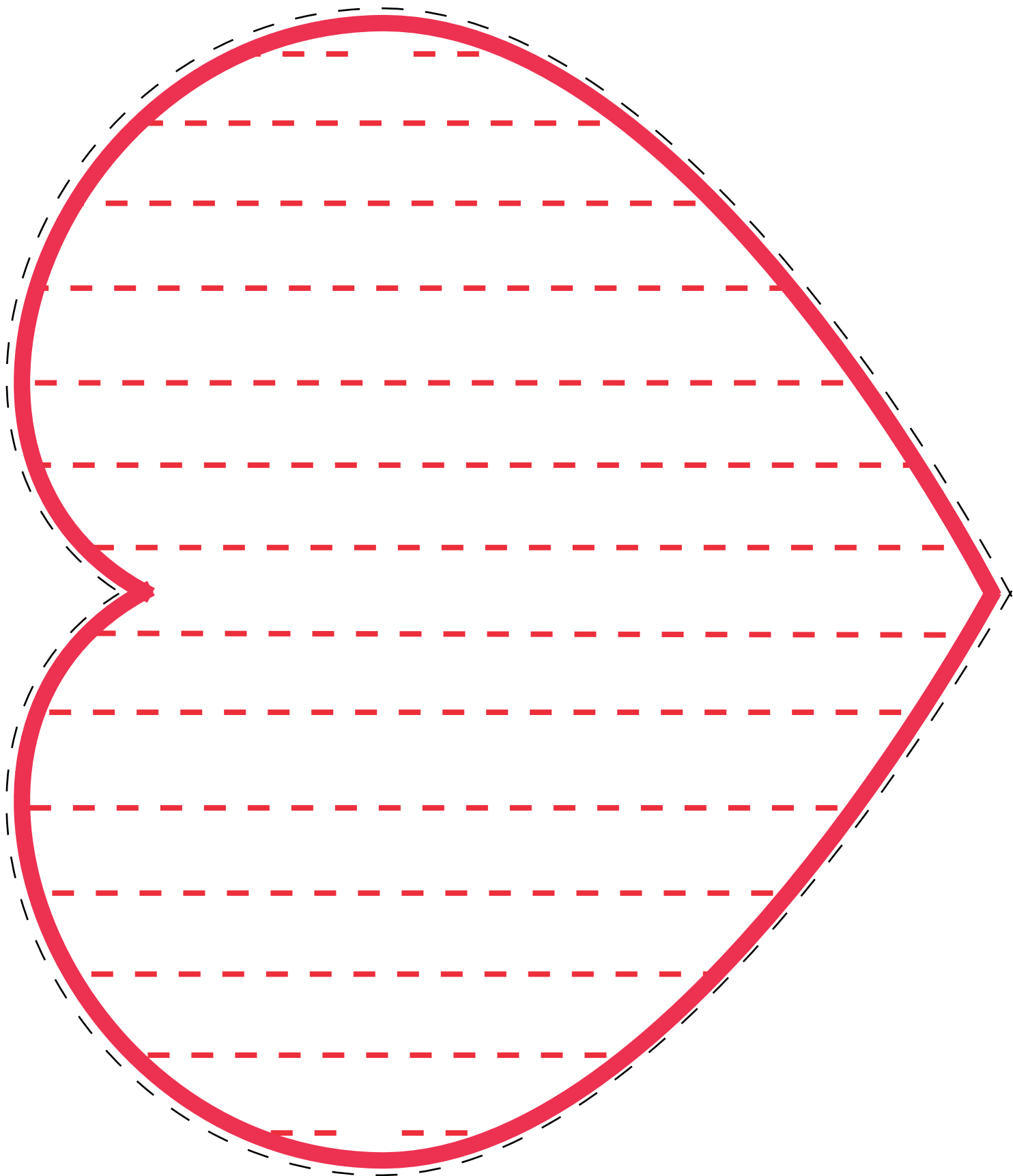
1. Print out the artwork. (Optional: print on cardstock for added durability).
3. Cut along all dotted lines. (Don’t cut through solid red lines!)

Activity: Help each family member weave a red strip (starting with the “One” strip) through the white slots. Weave the strips with words written on them every other time to complete the phrase, “One heart and one mind”.

As you weave, read Moses 7:16-19 and discuss ways we can build Zion in the latter-days. Remind your family that we can build Zion by showing love for God and others. Love helps us to be woven together in unity.

Tape the back side of strips to secure and then trim even with the edge of the heart. (Optional: decorate with ribbon and lace.)





One

Heart

and

One

Mind