

OLD TESTAMENT 2022

Come, Follow Me
with
Living Scriptures
STREAMING

Preachers of Righteousness

Genesis 5; Moses 6

Objectives:

- Learn about the importance of teaching the gospel.

Reinforces Principles of:

- Sharing the Gospel, teaching children

Reverence Time

Song: Teach me to Walk in the Light, Children's Songbook page 177

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/teach-me-to-walk-in-the-light>

Scripture: Moses 6:23

"And they were preachers of righteousness, and spake and prophesied, and called upon all men, everywhere, to repent; and faith was taught unto the children of men."

Video: Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-preachers>

Lesson

Summary:

Adam taught his children the gospel of Jesus Christ. Many of his descendants were “preachers of righteousness,” including his son Seth, his grandson Enos, his great-grandson Cainan, his great-great-grandson Mahaleleel, his great-great-great-grandson Jared, and his great-great-great-great-grandson Enoch.

Enoch was called by God to prophesy unto the people and tell them to repent. Even though Enoch was worried that he wasn't good at speaking and that none of the people liked him, God promised Enoch that He would help him know what to say. Enoch did as God commanded. Enoch taught the people about the things Adam had taught his children, including faith in Jesus Christ, repentance, baptism, and the gift of the Holy Ghost. Enoch explained the plan of salvation and the importance of the Atonement of Jesus Christ. He powerfully bore his testimony to the people. We can share our testimonies about these same principles of the gospel and teach them to our children.

Quote:

“What is our responsibility as peaceful disciples of Jesus Christ? Let us live God's commandments, teach them to our children, and share them with others who are willing to listen.”
Neil L. Andersen

Questions:

What did Adam teach his children?

Why was Enoch concerned about preaching to the people?

How did God help Enoch?

How can we share our testimonies of the gospel?

Description: Create a family Book of Remembrance. Include names of family members, things you like to do together, and maybe photos or family stories. You might also include information about your family history or your testimonies, anything you think would be important to future generations.

What you need:

- A copy of “Book of Remembrance” cover, several lined pages (art work included with this lesson) and/or blank pieces of paper, photos (optional), and pen or pencil for each family member. Staples or needle & thread for binding.

Preparation:

1. Print out the art work (Optional: For added durability have cover laminated or put in a plastic sheet protector).
2. Fold art work in half.
3. Place journal pages inside cover.
4. Bind by stapling together or sewing together with needle and thread.

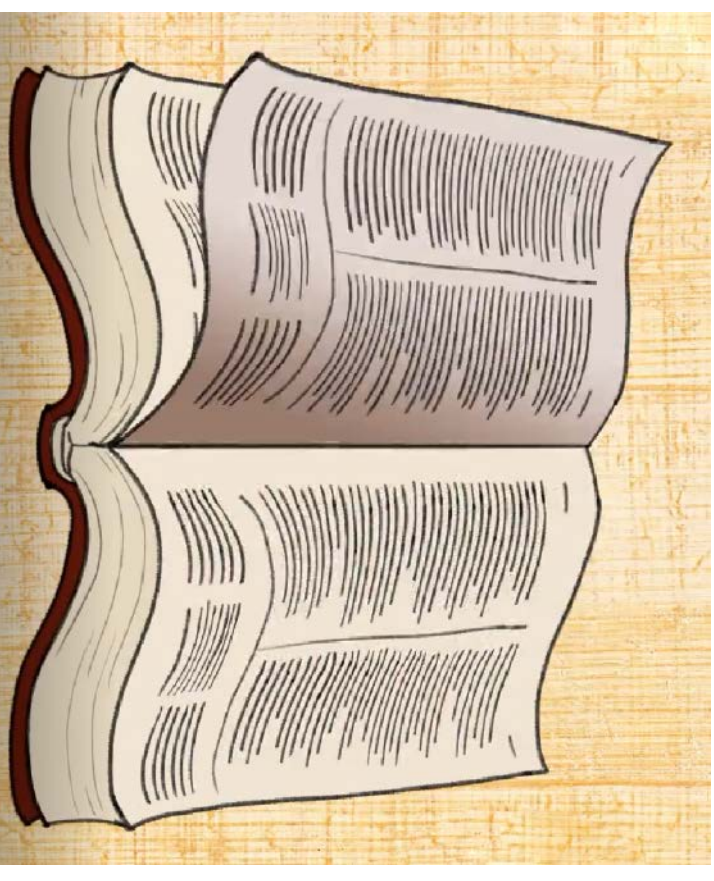
Activity:

Explain: A Book of Remembrance helps us to remember things that are important to us, and gives us an opportunity to share those things with other family members and future generations. Adam’s family kept a Book of Remembrance to record important events and family history.

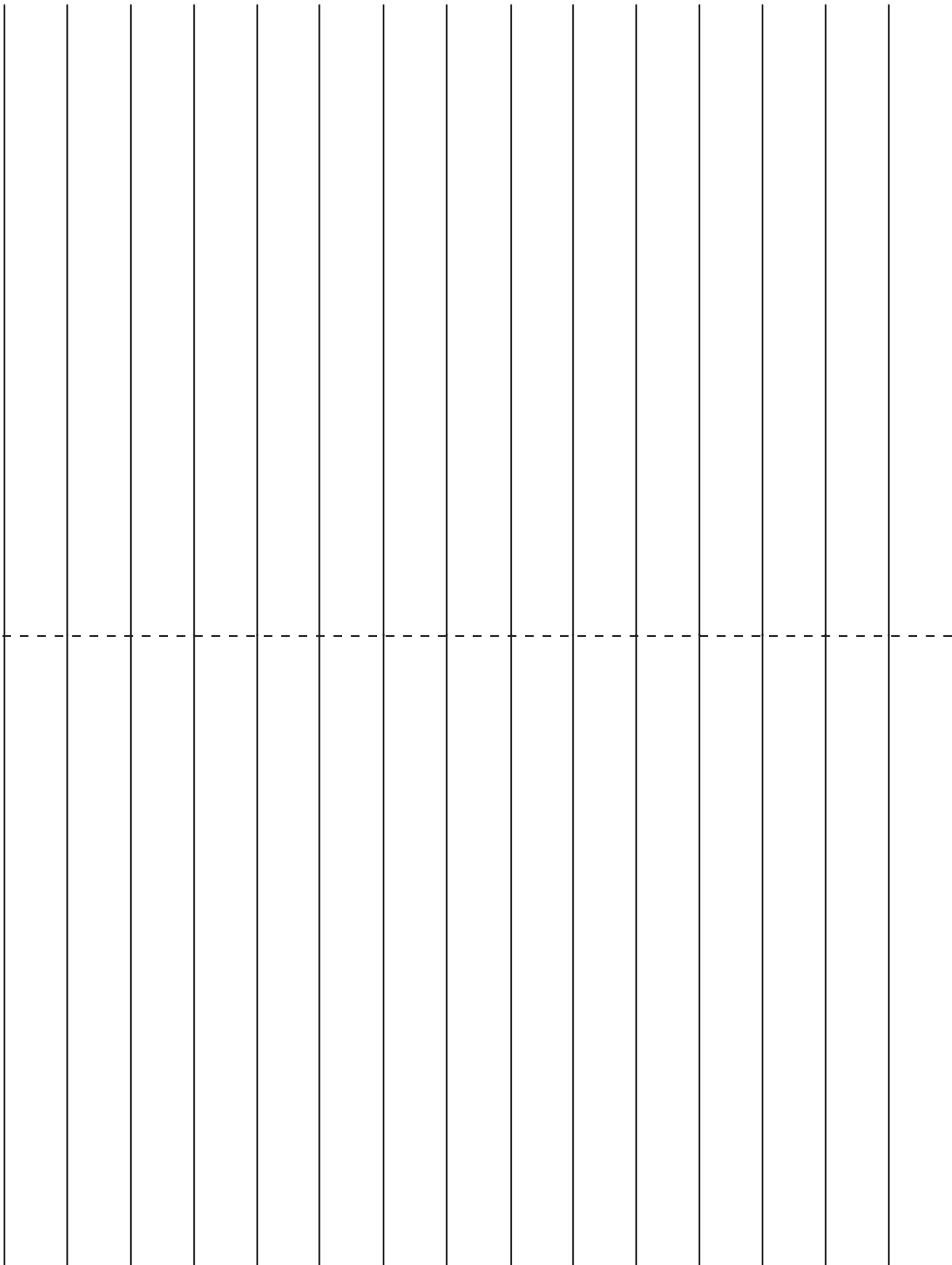
Ask: What kinds of things do you think we should include in a Book of Remembrance for our family?

Invite family members to write, gather, or draw something they’d like to include in the Book of Remembrance. Help small children to write or draw their ideas.

Our Family Book of Remembrance



*“And a book of remembrance was kept, in the which was recorded,
in the language of Adam, for it was given unto as many as called upon
God to write by the spirit of inspiration;”
Moses 6:5*



Treat Time

"Bear" Testimony Cookies

Prep Time: 5 minutes
Chill Time: 30 minutes
Bake Time: 6 minutes



Ingredients: 2/3 cup butter
1 cup white sugar
2 teaspoons vanilla extract
2 eggs
2 1/2 cups all-purpose flour
1/2 cup unsweetened cocoa powder
1/2 teaspoon baking soda
1/4 teaspoon salt

Instructions: Cream together the butter or margarine, sugar and vanilla. Add the eggs. In a separate bowl, mix dry ingredients. Gradually add to the creamed mixture and blend. Chill until firm. Preheat oven to 350 degrees F.

Treat Time: Give each child 1 ball for the body (1-inch), 1 ball for the head (3/4-inch), 4 small balls for arms/legs (1/1/2-inch), 2 smaller balls for ears, and 1 tiny ball for the nose. With a toothpick, draw eyes, mouth and a heart (fill in heart with red colored sugar) or use a candy heart. Bake for 6 minutes. Let cool 1 minute.