

Follow the Prophet

Genesis 6-11; Moses 8

Objectives:

Reinforces Principles of:

Prophets

• Learn about Noah and the importance of following the Prophet.

Reverence Time

Song:	Follow the Prophet, verse 3, Children's Songbook page 110 https://www.churchofjesuschrist.org/music/library/childrens-songbook/follow-the-prophet
Scripture:	Moses 8:17 "And the Lord said unto Noah: My Spirit shall not always strive with man, for he shall know that all flesh shall die; yet his days shall be an hundred and twenty years; and if men to not repent, I will send in the floods upon them."
Video:	Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at https://www.livingscriptures.com/fhe-lesson-noah

Lesson Time

Lesson Summary:

Noah, the great-grandson of Enoch, was warned by the Lord that the people must repent or a great flood would cover the earth. The people had grown very wicked and violent. Noah taught the people for many years but they would not listen. Noah was told by the Lord to build an ark so his family would be safe from the flood. Noah was told to gather two of each kind of animal, seven of each clean animal, and enough food for them and his family. Noah did as the Lord commanded. It began to rain. It rained for 40 days and 40 nights and the earth was covered by the flood. After many months the floods subsided and Noah's family left the ark.

In our day, our Prophet has encouraged us to build our testimony and faith. It's important to listen to our Prophet and follow his guidance and heed his warnings. We will be prepared for the coming "storms of life" if we have faith in Jesus Christ and prepare ourselves by following the Prophet.

Quote: "The failure to take prophetic counsel lessens our power to take inspired counsel in the future. The best time to have decided to help Noah build the ark was the first time he asked. Each time he asked after that, each failure to respond would have lessened sensitivity to the Spirit. And so each time his request would have seemed more foolish, until the rain came. And then it was too late." Henry B. Eyring

Questions: Why did the Lord tell Noah to build an ark? Why wouldn't the people listen when Noah told them to repent? What happened to the wicked people? What has our Prophet asked us to do? How can we follow the prophet?

Activity Time

Description:	During this fun Noah's Ark activity your family will work together, like Noah's family, to build an ark and gather animals-while learning why we should always follow the prophet!
What you need:	A copy of the Build an Ark" activity (artwork included with this lesson), scissors, glue, tape, cardstock and stapler w/staples. Optional: Self Laminating sheets.
Preparation:	 Print out the artwork. Cut out the animals. Optional: Pre-cut out ark pieces. Optional: Laminate animals. Hide animals around the room.
Activity:	 Ask: Who was Noah? (A prophet of God.) Ask: What did Noah try to teach the people? (To repent and obey the Lord.) Ask: What did the Lord tell Noah He was going to do? (He was going to destroy every living thing on the face of the earth because the people were evil and would not listen.) Ask: What did the Lord tell Noah to do? (Build an ark.) Ask: What did the Lord tell Noah to do? (Build an ark.) Ask: Did Noah and his family listen to the Lord? (Yes.) Explain: Let's pretend that we are Noah's family and we are going to build an ark. (Follow directions to build your ark. Give everyone an assignment according to their abilities, such as cutting out, gluing, stapling, etc.) Explain: The Lord told Noah and his family to gather seven of all the clean animals. Clean animals are the animals the Lord provided for man to eat, such as cows and sheep. (Count the cows in the bottom of the ark.) Ask: What other kinds of animals did the Lord tell Noah and his family to gather? (A male and female of every kind of animal on the earth.) Explain: Our ark isn't big enough to hold every kind of animal. Lets search and see how many pairs of animals were gathered the Lord told Noah and his family to go into the ark so that they would be saved from the flood. (Put Noah and his family to go into the ark so that they would be saved from the flood. (Put Noah and his family in the ark.) Ask: What can the story of Noah and the ark teach us to do in our lives? (Discuss ideas. Emphasize that we should follow the prophets.) Ask: What are some of the things the latter-day prophets have told us to do? (Discuss ideas. Examples: Storing and saving a one-year supply of food, sharing the gospel, etc.)

Ark Instructions

1. Cut out ark pieces.

2. Glue part (A) to part (B) by placing (B) over (A) and line up edge along white dotted line. Set aside.

3. Glue part (C) to part (D) by placing (D) over (C) and line up edge along vertical white dotted line.

4. Glue parts (C/D) and (E) to cardstock.

Note: Staples will always go along outside edges.

5. Staple part (F) to part (E). Do not staple along the bottom edge.

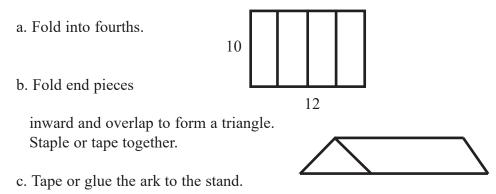
6. Staple parts (F/E) to part (C/D) by lining up edges of (C/D) along the white dotted lines. Do not staple along the bottom edge for ease in placing Noah's family and the animals in.

7. Staple part (A/B) to part (C/D) by lining up outside edges and forming a pouch.

8. Glue door together with print side facing out. Staple door along it's bottom edge to the ark.

9. Glue roof onto the ark.

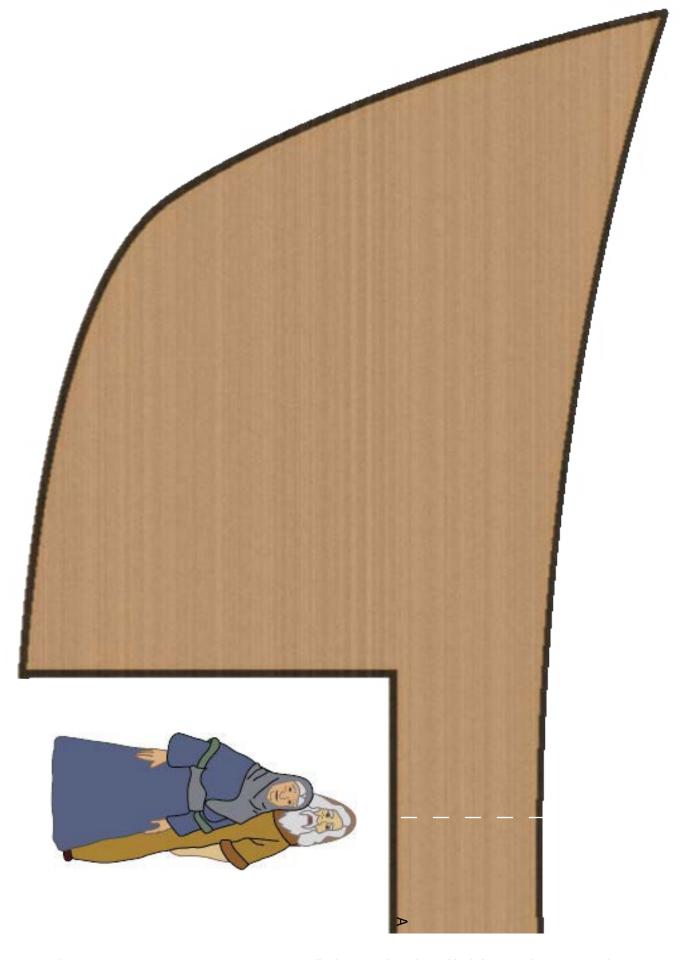
10. Make a stand with a 12 inch x 10 inch piece of cardstock.

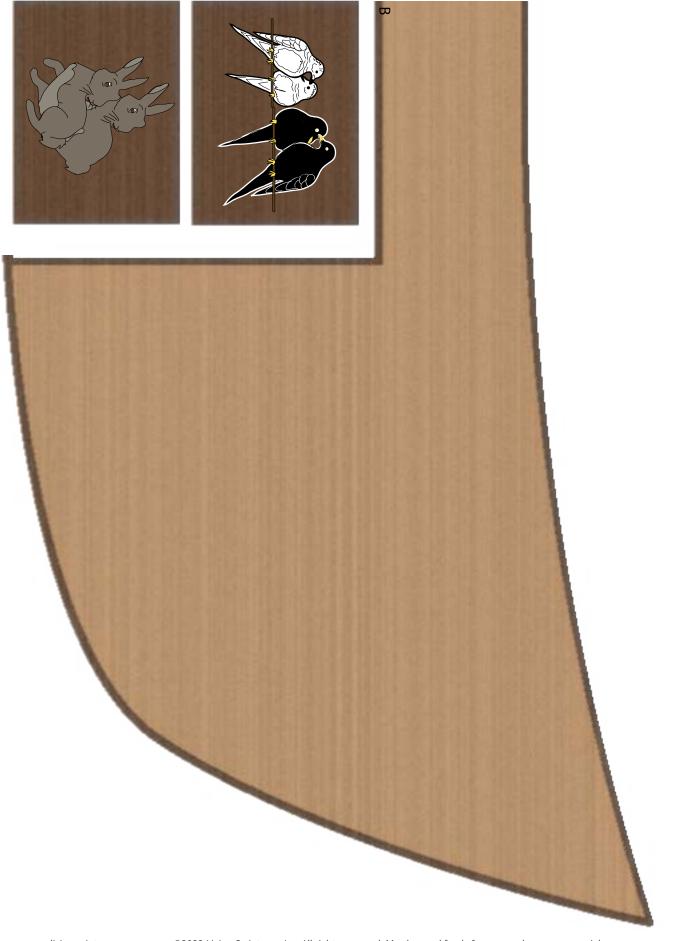


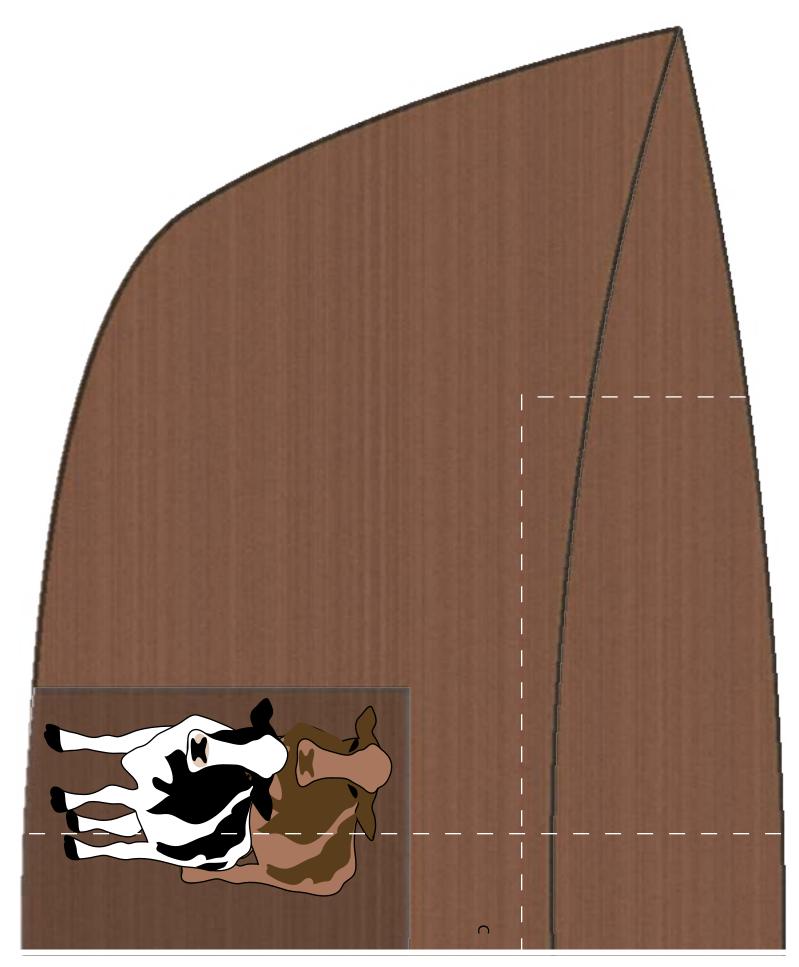
11. Lightly stuff the pouch with tissue along the outside edges to form a 3-D figure. Animals and Noah's family can now go through the door and "up to their decks" when you choose where to tape them on the ark artwork.

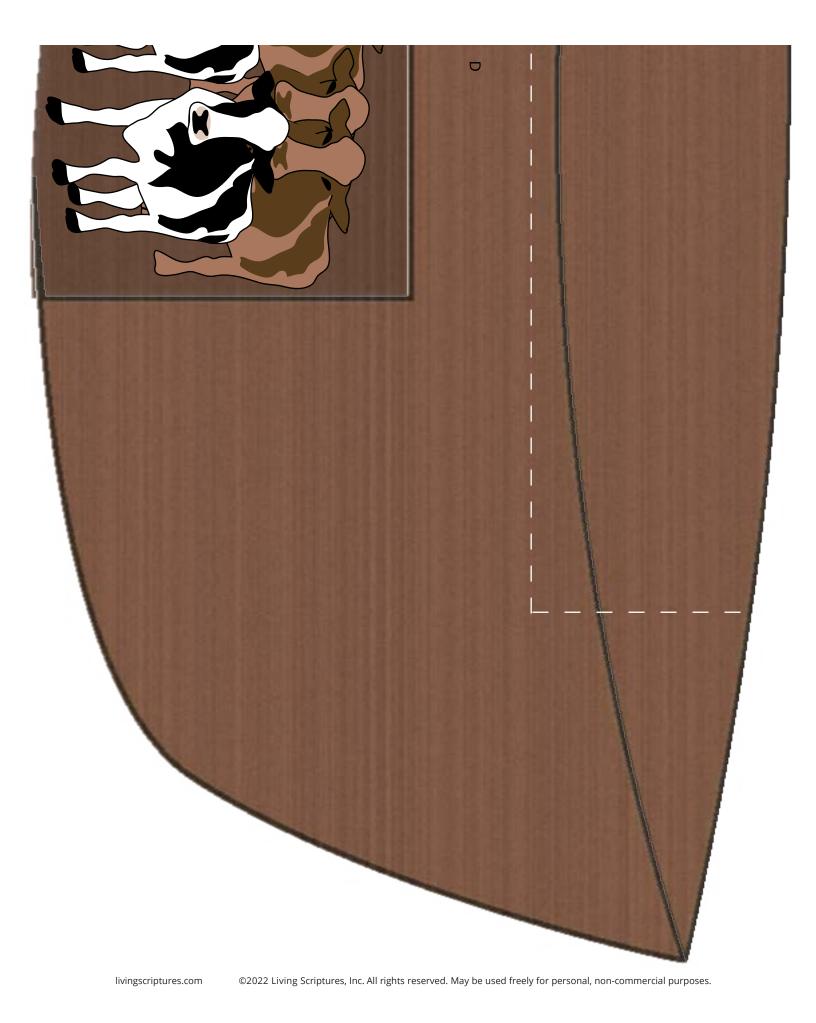


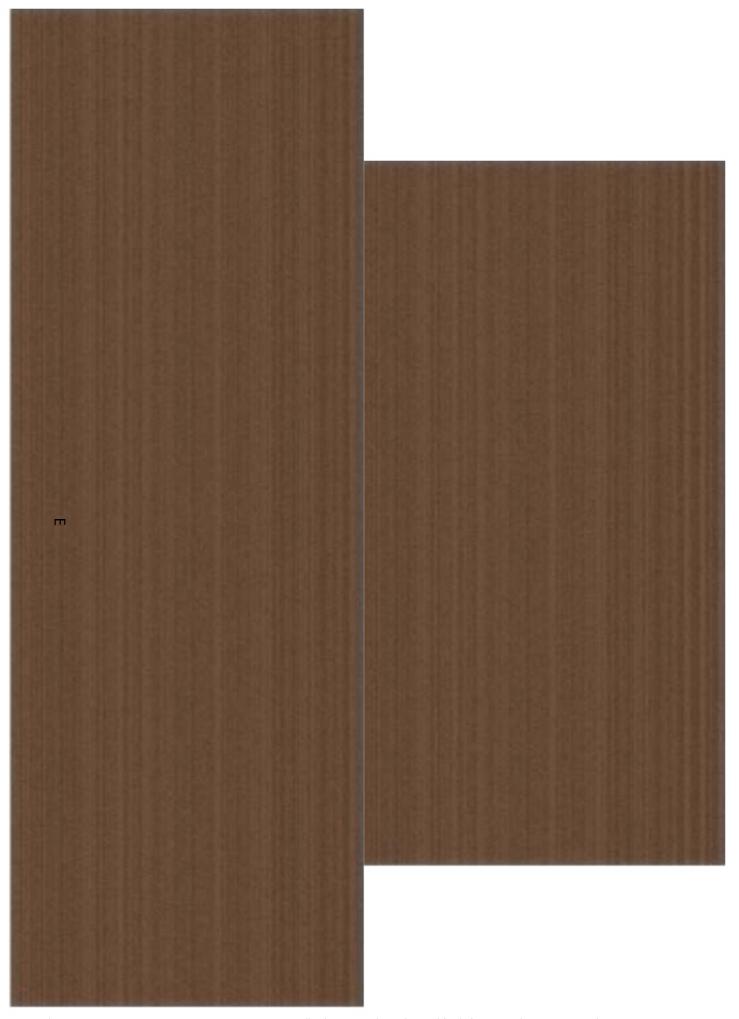
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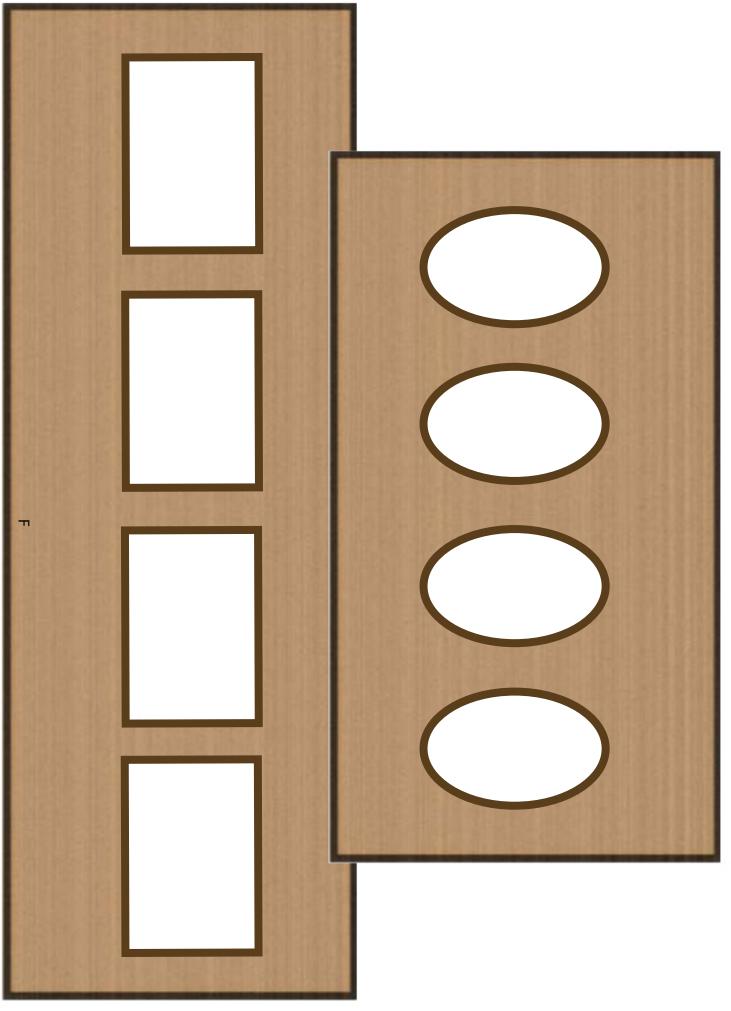


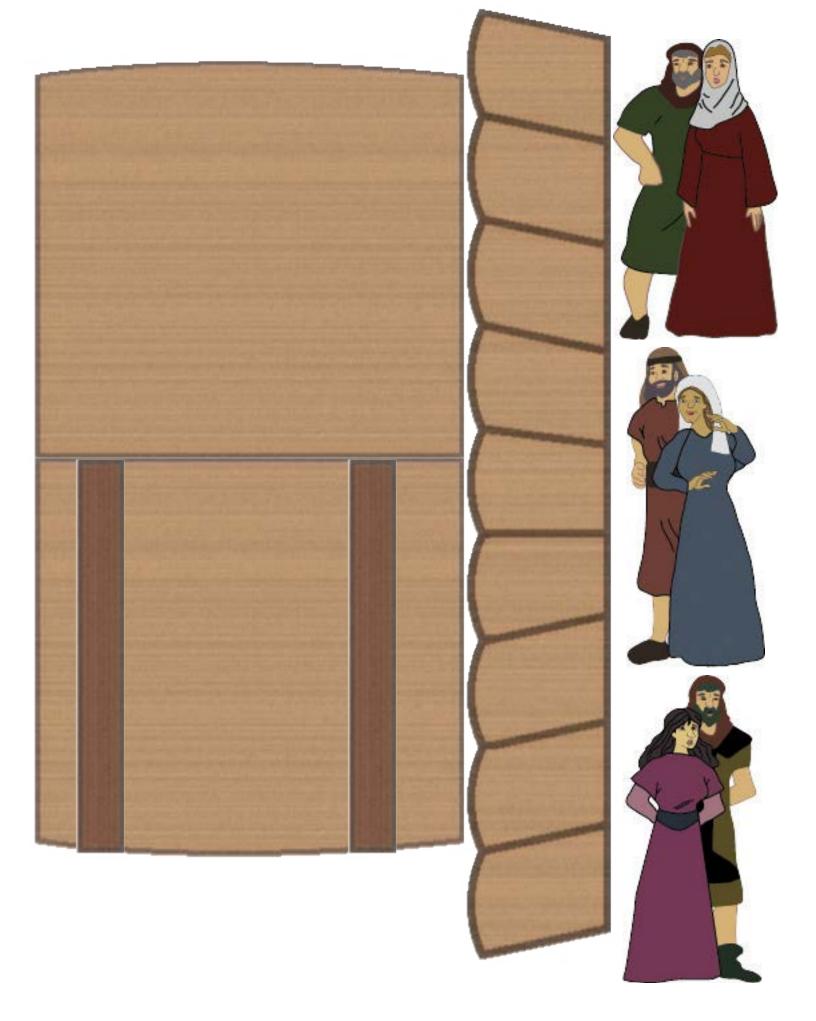






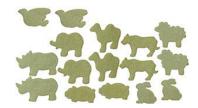






Treat Time

Prep Time:15 minutesCooling Time:5-7 minutes



Animal Crackers

- Ingredients: 1/2 cup rolled oats 3/4 cup all-purpose flour 1/4 teaspoon baking soda 1/4 teaspoon salt 1/4 cup butter 1/4 cup honey 3 Tablespoons buttermilk
- **Instructions:** Preheat oven to 400 degrees F. Grind oats until fine using a blender or food processor. In a medium bowl, stir together the blended oats, flour, baking soda and salt. Cut in the butter using a pastry blender or your fingers until the butter lumps are smaller than peas. Stir in the buttermilk and honey to form a stiff dough. On a lightly floured surface, roll the dough out to 1/8-inch in thickness. Makes approximately (16) five–inch cookies.

Treat Time: Let children cut into animal shapes with cookie cutters* (be sure to make two of each animal). Place cookies 1 inch apart onto ungreased cookie sheets. Bake for 5 to 7 minutes, until edges are lightly browned. Remove from cookie sheets to cool on wire racks.

Alternative: This is a really simple and fun recipe, but if you're short on time purchase store bought animal crackers and have children search for pairs of animals.

* Animal shaped cookie cutters can be found at many craft stores.