



## A Trial of Their Faith

Doctrine and Covenants 102-105

### Objectives:

- Discuss the promise of the Lord to bless those who remain faithful.

### Reinforces Principles of:

- Faithfulness, Gratitude, Peace

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## Reverence Time

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### Song:

“Keep the Commandments” Children’s Songbook, page 146

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/keep-the-commandments>

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### Scripture: Doctrine & Covenants 104:31

“And inasmuch as they are faithful, behold I will bless, and multiply blessings upon them.”

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### Video:

Watch this week’s clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-trial>

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## Lesson Time

## *A Trial of Their Faith*

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### Lesson

#### Summary:

The Lord told the Saints that "after much tribulation...cometh the blessing." The Saints in Missouri were facing persecution and being driven from their homes and the Saints in Kirtland were preparing to come to their aid. Joseph Smith organized Zion's Camp to peacefully return the Saints to their lands. However, it became too dangerous for Zion's Camp to complete their mission. Even though they were not able to return the Saints to their lands in Missouri at that time, those who had endured the trek from Ohio to Missouri had learned that when they are faithful to the Lord's commandments, they would be blessed, even if it wasn't in the way they expected. The Lord promises that if we are faithful he will multiply blessings upon us.

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#### Quote:

*"As individuals and families, we too will be tested, sifted, and prepared, as were the members of Zion's Camp. The scriptures and the teachings of the Brethren are replete with promises that faith in the Lord Jesus Christ; the making, honoring, and remembering of sacred covenants; and obedience to God's commandments will strengthen us to prepare for, to face, to overcome, and to learn from the trials and tests of mortality."*  
David A. Bednar

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#### Questions:

What kinds of blessings might we have after facing "tribulation"?

What are some of the blessings the Lord has given us for being faithful to His commandments?

How can we be good stewards over our earthly blessings?

Why is it important to try to settle disagreements peacefully?

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## Activity Time

## Weaving Peace

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**Description:** Talk about ways we can make "proposals of peace" (D&C 105:40) when others treat us unkindly or unfairly as you work together as a family to weave a message to display.

**What you need:** ■ A copy of "Weaving Peace" activity (artwork included with this lesson), cardstock, glue, tape, scissors

**Preparation:**

1. Print out the artwork.
2. Glue artwork onto cardstock.
3. Cut out numbered strips on first sheet and stack in numerical order. These will be the treads.
4. Cut along the dotted lines on the second sheet. This will be the loom.

**Activity:** (Younger children will need help from an older sibling or parent.)

Explain: Together as a family we are going to weave a small tapestry out of paper. (Show the loom.) For each "thread" (show strips of paper) that is woven into the loom we will discuss situations where we can be peacemakers.

Ask: What is a peacemaker? (A peacemaker is someone who helps others be happy instead of angry.)

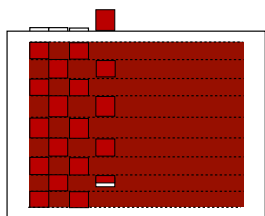
Weaving Activity: After each situation ask: What will you do to be a peacemaker?

Start with situation 1. Weave strip #1 into the loom (See diagram.)

1. Your younger sister kicked over your block tower.
2. Your siblings are fighting over the last piece of cake.
3. During a ball game a player on the other team trips you.
4. Your brother grabs the TV remote out of your hands.
5. A classmate makes fun of your art project.
6. You're trying to sleep and your sister is being noisy.
7. You finally get a chance to play a video game and your friend wants a turn.
8. Your friends won't let the new girl play because she's of another faith.
9. Your brother wants to play with the toy you're playing with.
10. Some neighborhood kids are making fun of another child because he doesn't speak English very well.
11. The boy who sits behind you in class is always pulling your hair.

When you've finished weaving, turn over and tape along the edges to hold the strips in place. Make small cuts along left and right edges to make a fringe. Read the message on the tapestry and bear testimony of the happiness that comes from being a peacemaker.

Weaving Diagram



1	♥								♥
2								E	
3									
4		L							C
5									
6		S		R		H		Σ	
7									
8		E							K
9									
10									R
11	♥								♥

B

E

S

D

A

E

T

E

P

A

E

A

E

S

**Prep Time:** 15 minutes  
**Bake Time:** 15 minutes



**Ingredients:** 2 large egg whites  
1/2 teaspoon pure vanilla extract  
3 tablespoons vegetable oil  
8 tablespoons all-purpose flour  
1 1/2 teaspoons cornstarch  
1/4 teaspoon salt  
8 tablespoons granulated sugar  
3 teaspoons water

**Instructions:** Print out and cut the blessing papers on the next page. Preheat oven to 300 degrees F. In a medium bowl, lightly beat the egg white, vanilla extract and vegetable oil until frothy, but not stiff. Sift the flour, cornstarch, salt and sugar into a separate bowl. Stir the water into the flour mixture. Add the flour mixture into the egg white mixture and stir until you have a smooth batter.

Place level tablespoons of batter onto a greased cookie sheet, spacing them at least 3 inches apart. Gently tilt the baking sheet back and forth and from side to side so that each tablespoon of batter forms into a four inch circle.

Bake 14 - 15 minutes, until the outer 1/2-inch of the cookies turn golden brown and they are easy to remove from the baking sheet with a spatula. Working quickly place a blessing paper in the middle of each cookie and then fold the edges together to form a half circle. Then gently fold the cookie into a half moon shape, with the seam side facing out. Place finished cookies in the cups of a muffin tin until they cool, so they will keep their shape.

Treat Time: Give each family member a Blessing Cookie. Read them out loud and discuss the blessings the Lord has given you.

## Blessing Papers:

Print out and cut apart the blessing papers below for the blessing cookies.

How have you been able to help others?
What miracles have you seen?
Do you have friends and family you're grateful for?
How has God helped you?
How does repentance bless you?
How do gospel truths bless you?
How has God comforted you?
How do you feel God's love?