

Come, Follow Me
with
Living Scriptures
STREAMING

Forgive One Another

Doctrine and Covenants 64-66

Objectives:

- Discuss the importance of forgiveness and trusting the Lord.

Reinforces Principles of:

- Forgiveness

Reverence Time

Song:

“Help Me, Dear Father” Children’s Songbook, page 99

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/help-me-dear-father>

Scripture: Doctrine and Covenants 64:10

“I, the Lord, will forgive whom I will forgive, but of you it is required to forgive all men.”

Video:

Watch this week’s clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-forgive>

Lesson

Summary:

In section 64, the Lord reminded the Saints that they should forgive one another. We all make mistakes and sin. The Lord says that “he who forgiveth not his brother...there remaineth in him the greater sin.” It’s important to leave judgement to God and try our best to forgive others. The Lord promises to forgive us if we repent.

The Lord also tells the Saints to “not be weary in well-doing, for ye are laying the foundation of a great work.” It would have been difficult for the early Saints to imagine how the Church would grow and how the Lord would fulfill his promises. Many things they were asked to do didn’t make sense to them at the time. But looking back, we can see how the Lord guided the Saints to do what was best. The Lord also guides us, and even though we may not understand the reasons, the things He asks us to do help us and others.

Quote:

“In the everyday circumstances of life, you will surely be wronged by other people—sometimes innocently and sometimes intentionally. It is easy to become bitter or angry or vengeful in such situations, but this is not the Lord’s way. He set the perfect example of forgiveness when He was on the cross. Referring to the Roman soldiers who had crucified Him, He prayed, ‘Father, forgive them; for they know not what they do’ (Luke 23:34; see footnote c).” True to the Faith, Forgiveness, Pgs. 71-72

Questions:

Why is it important to forgive others?

How do you feel when you are forgiven?

How do you feel when you forgive someone who has hurt you?

Description: Your family will learn about endless forgiveness while doing this fun puzzle activity that emphasizes Jesus Christ's teachings to His apostles about forgiveness.


What you need: A copy of the "Forgiveness Puzzle " activity (artwork included with this lesson), one self-adhesive laminating sheet, scissors, glue, cardstock, X-acto knife and a sack or box.

Preparation:

1. Glue artwork to front and back of cardstock.
2. Laminate artwork.
3. Use X-acto knife to cut out puzzle pieces.
4. Place puzzle pieces in sack or box.

Activity: (Younger children will need help from an older sibling or parent.)

1. Explain: Peter was so hurt that he asked Jesus "How oft shall my brother sin against me, and I forgive him? till seven times?" (Matt. 18:21.)
2. Ask: Has anyone ever done something to you that made you feel so bad that you didn't want to forgive them? (Discuss.)
3. Put puzzle together by having family members take turns drawing a puzzle pieces out of the sack or box. Read and discuss the situation on the back. Emphasize that when we forgive others, it does not mean that we approve of the behavior or transgression.
4. Ask: How many times did Sarah forgive Andrew? (Seven.)
5. Ask: If this puzzle has seven pieces, how many times would we have to put it together to equal the number of times Jesus told Peter we need to forgive? (See Matt. 18:22).
6. Ask: How many times is 70×7 ?
7. Explain: Although 490 is a lot of times to forgive, Jesus was really teaching that we need to always forgive whether a person hurts us again or whether we just need to daily reaffirm our forgiveness for a single hurtful act.
8. Ask: Does forgiving others help us to feel better and why? (Discuss ideas.)

An illustration of Jesus and Peter. Jesus is on the left, wearing a red robe over a white tunic, with long brown hair and a beard. Peter is on the right, wearing a brown tunic, with short brown hair and a beard. They are both looking towards each other. The background is a simple greyish-blue.

*"Then came Peter to him,
and said, Lord, how oft shall
my brother sin against me,
and I forgive him?
till seven times?"*

*Jesus saith unto him,
I say not unto thee,
Until seven times: but,
Until seventy times seven."
(Matthew 18:21-22.)*

Sarah tripped when she was walking up to give a talk in Primary.

Andrew pointed and laughed.

Sarah's face turned red.

Sarah felt like tripping Andrew, but then she asked herself, What would Jesus do?

Sarah forgave Andrew.

Andrew pulled faces at Sarah during reading and it made her laugh.

Mrs. Jones made Sarah stay in for recess. Sarah was so mad she wanted to get Andrew in trouble, too, but then she asked herself,

What would Jesus do?
Sarah forgave Andrew.

Andrew took the ball from Sarah at recess. How many times must I forgive him?

Sarah remembered the FHE lesson Mother taught a few weeks ago. Jesus said, "70 x 7."

Sarah forgave Andrew.

Sarah smiled when Andrew ran past her. Andrew smiled, too, and gave the ball back to Sarah.

Andrew dropped a book off his desk. When Sarah picked it up for him he told her to keep her hands off his stuff.

Andrew pulled Sarah's hair. It hurt her head and feelings.

Sarah felt like throwing the book back on the ground, but then she asked herself, What would Jesus do?

She wanted to pull his hair, but then she asked herself, What would Jesus do?

Sarah forgave Andrew.

Sarah forgave Andrew.

When Sarah gave Andrew an invitation to her birthday party he said he wouldn't come to her party if she was the last person on earth.

Sarah decided that next year she wouldn't invite him, but then she asked herself, What would Jesus do?

Sarah forgave Andrew.

Andrew grabbed Sarah's picture and tore it in half.

Sarah felt like punching him in the nose, but then she asked herself, What would Jesus do?

Sarah forgave Andrew.

Treat Time

Flash Card "Forgiveness" Cookies

Prep Time: 5 minutes
Chill Time: 30-45 minutes
Bake Time: 10 minutes

Ingredients: 1 cup packed brown sugar
1 cup sugar
1 cup butter, softened
3 eggs
2 tablespoons vanilla extract
5 cups all-purpose flour
1 teaspoon baking powder
1 teaspoon baking soda
1/4 teaspoon ground nutmeg
1/2 teaspoon salt
3 tablespoons buttermilk
Frosting



Instructions: Preheat oven to 350° F. Cream together sugars, butter, vanilla and eggs. Combine the flour, baking powder, baking soda, salt and nutmeg. Add flour mixture alternately with buttermilk to creamed mixture. Cover and refrigerate until easy to handle. On a floured surface, roll out dough to 1/4-inch thickness. Cut into 3 inch x 4 inch squares. Place 2 inches apart on ungreased baking sheets. Bake for 10-13 minutes or until lightly browned. Remove to wire racks to cool completely.

Treat Time: Give each family member a cookie to frost and decorate like a flash card (See picture. A parent or older sibling will need to help younger children).

Note: Don't have time to bake? Replace cookies with Toaster Strudels® or Pop-Tarts®.