
Treat Time

Unity Heart Treats

Prep Time: 15 minutes
Cooling Time: 10 minutes



Ingredients: 3 T butter
6 oz marshmallows (1/2 bag)
dash of salt
1 tsp. vanilla
3 cups crisp rice cereal
Sprinkles (optional)

Instructions: Lightly coat a sheet of wax paper with cooking spray and set aside. Lightly coat a heart shaped cookie cutter with cooking spray also and set aside. Melt butter in a large saucepan. Add marshmallows and a dash of salt and stir until marshmallows are melted. Remove from heat and stir in vanilla. Add cereal and stir until coated. Drop a large spoonful of cereal mixture on the prepared wax paper and place the cookie cutter around it. Firmly press cereal mixture into cookie cutter to shape into a heart. Remove any excess. Continue with remaining cereal mixture. Makes 6-8 hearts depending on size of cookie cutter.

Treat Time: Let children decorate hearts with sprinkles if desired.