
Activity Time

Hearts Knit Together in Unity

Description: We can be unified as we try to treat others as we would like to be treated. This heart activity will remind your family to be unified in love.

What you need:

- A copy of the “Hearts Woven in Unity” printables for each child (artwork included with this lesson), scissors, and tape. Optional: cardstock, lace, and ribbon.

Preparation:

1. Print out the artwork. (Optional: print on cardstock for added durability).
3. Cut along all dotted lines. (Don't cut through solid red lines!)

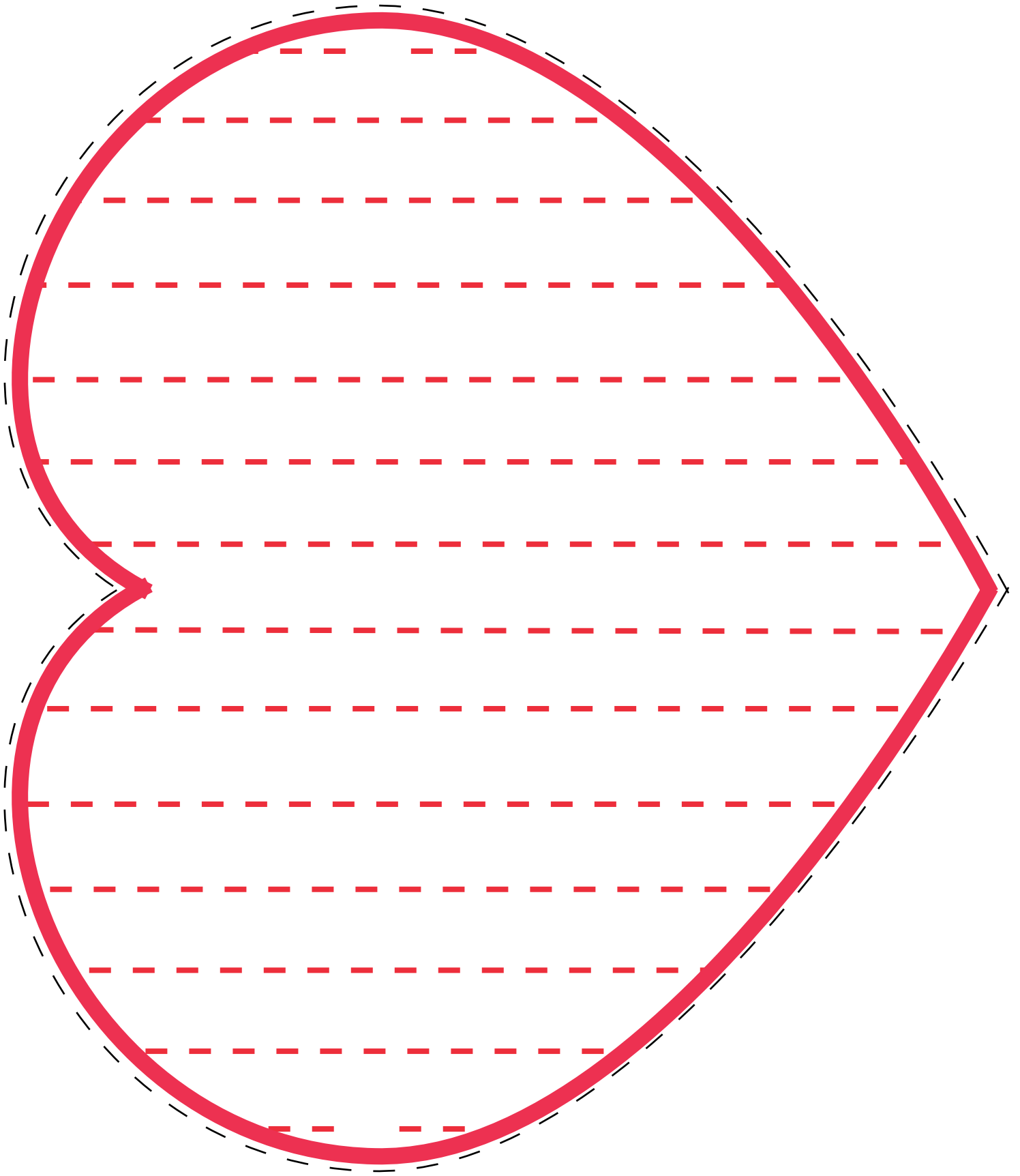
Activity:

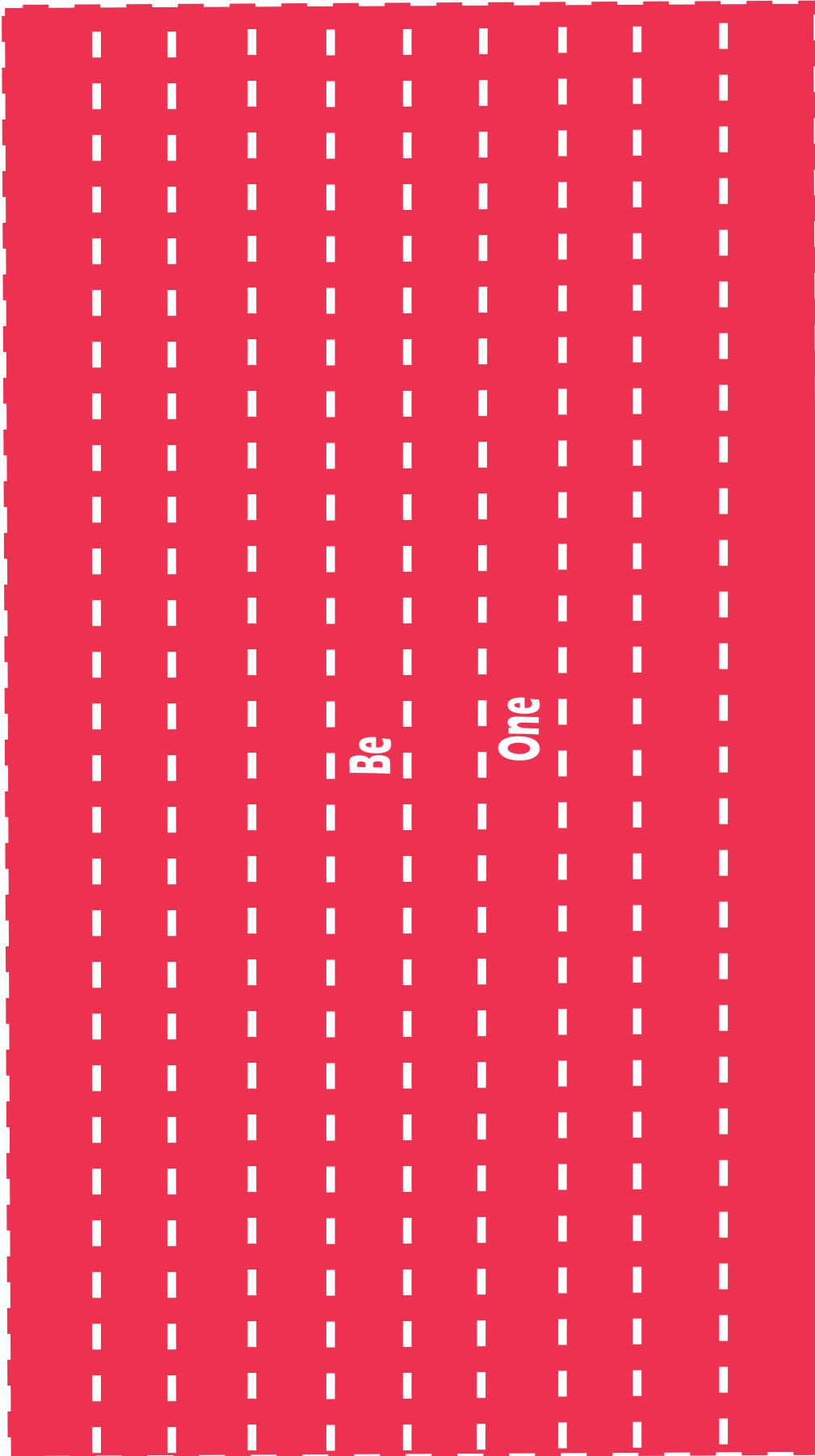
Help each family member weave a red strip through the white slots. Weave the strips with words written on them every other time to complete the phrase, “Be One”.

As you weave, read Doctrine and Covenants 38:24–27 and discuss ways you can be one and “esteem [your] brother as [yourself]”. Love helps us to be knit together in unity. (See Mosiah 18:21)

Tape the back side of strips to secure and then trim even with the edge of the heart. (Optional: decorate with ribbon and lace.)







Be

One