

Come, Follow Me  
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*Living Scriptures*  
STREAMING

## The Song of the Heart

Doctrine and Covenants 23-26

### Objectives:

- Learn about Emma Smith, the importance of women in the Church, and the importance of sacred music.

### Reinforces Principles of:

- Sacred Music

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## Reverence Time

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**Song:** "Lift Up Your Voice and Sing" Children's Songbook, page 252

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/lift-up-your-voice-and-sing>

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**Scripture:** Doctrine & Covenants 25:12

"For my soul delighteth in the song of the heart; yea, the song of the righteous is a prayer unto me, and it shall be answered with a blessing upon their heads."

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**Video:** Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-song>

### Lesson

#### Summary:

Many times those who served with Joseph Smith wanted to know their duty in the Church. Joseph was given revelations to help them know what to do. They were often asked to preach, exhort, and strengthen the Church.

Emma Smith, Joseph's wife, wanted to know her duty. She was given a special revelation letting her know that she was the daughter of God and He had a calling for her to fulfill. She was called to comfort her husband and to be a scribe when needed. Emma was also called to teach from the scriptures and to write.

The Lord gave Emma a special assignment to make a selection of sacred hymns for the church to sing. The Lord told Emma that He delights in the song of the heart. Singing and listening to sacred music is a wonderful way to invite the spirit into our lives and to show our love for God.

The Lord has callings for each of us. We can ask the Lord to help us know what our duties are and we can show our support for others who are called to serve.

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#### Quote:

*"Sacred music has a unique capacity to communicate our feelings of love for the Lord. This kind of communication is a wonderful aid to our worship. Many have difficulty expressing worshipful feelings in words, but all can join in communicating such feelings through the inspired words of our hymns." Dallin H. Oaks*

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#### Questions:

What was Emma called to do?

Why is sacred music important?

How can we know the callings God would have us fulfill?

How can we show our support of others who are called to serve?

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## Activity Time

## Name That Tune

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**Description:** Have fun with familiar Primary songs from the Children's Songbook. We've provided a few notes for you to play. Guess the name of the songs with your family!

**What you need:**

- A copy of the "Name that Tune" song choices, scissors, a piano keyboard, (can also use a smartphone or laptop) and a hat, bowl or bag to choose songs from.

**Preparation:**

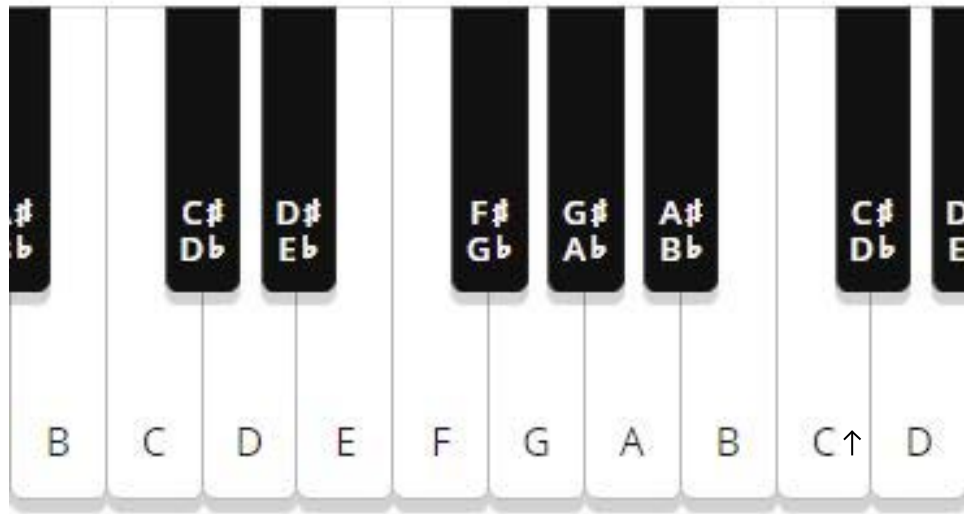
1. Print out the song choices sheet.
2. Cut off the piano reference guide and set aside. Cut song choices into strips along lines. Put strips in a hat, bowl or bag.
3. If you don't have a piano, you can use an online piano to play the notes. (We found one at [musicca.com/piano](http://musicca.com/piano).)

**Activity:**

To play this game select a family member to choose a song slip from the hat, bowl, or bag. The family member can then play the notes indicated on the song slip on your keyboard or device. (Use the labeled guide to help you know which notes to play if needed. Younger family members will need help.) The other family members try to guess the song that is played. The person that guesses correctly can choose the next song.

If you'd like, you can try to guess in 4 notes, repeating those notes a few times to see if anyone can guess. If no one guesses, try guessing in 6 notes, then 8 notes, etc.

You can also play by splitting into two teams and compete to see which team can guess the song with fewer notes.



\*C↑ denotes C above middle C

<p>I Am a Child of God</p> <p>E E E F G E G C↑C↑B A G</p>	<p>Love One Another</p> <p>F G A C C D E F D D</p>
<p>Book of Mormon Stories</p> <p>B G F♯ G E E E F♯ E</p>	<p>The Golden Plates</p> <p>G E G A B A G E G A E E E D♯ D♯ E</p>
<p>Keep the Commandments</p> <p>A G F F E E C↑B♭ A A G G</p>	<p>He Sent His Son</p> <p>C C F F A A G G C C E E G G F</p>
<p>Jesus Wants Me for a Sunbeam</p> <p>C D E F D F E C↑D C B♭ A G A</p>	<p>Popcorn Popping</p> <p>C C C C C D E F G A D G G G A G F E C D C</p>
<p>I Love to See the Temple</p> <p>C A B♭ C↑F F E C F G A C D</p>	<p>Families Can Be Together Forever</p> <p>A G F G B B C↑G G G A A B♭ F</p>

**Prep Time:** 10 minutes  
**Cook Time:** 30 minutes  
**Cool Time:** 60 minutes



**Ingredients:** 1 C. butter  
2 C. sugar  
1 (14 oz.) can sweetened condensed milk  
1 C. corn syrup  
1/8 tsp. salt  
1 tsp. anise extract (if your family doesn't like black licorice substitute vanilla extract.)  
1/2 tsp. black food coloring paste (purchase at craft store in the cake decorating section.)

**Instructions:** Line a 9x9 inch square baking pan with foil, extending foil over edges of the pan. Butter the foil and set aside. In a heavy 3 quart saucepan, melt the butter over low heat. Add the sugar, sweetened condensed milk, corn syrup, and salt. Mix well. Cook over medium heat, stirring frequently until mixture comes to a boil. Clip a candy thermometer to side of the pan. Continue to cook without stirring until candy thermometer reaches 244 degrees F. (firm-ball stage). Reaching firm-ball stage should take 15 to 20 minutes. Remove from heat and remove candy thermometer from saucepan. Stir in anise extract and food coloring, without scraping sides or bottom of pan. Quickly pour candy, without scraping the sides or bottom of the pan, into the buttered-foil-lined pan. Cool until easy to handle (approximately 1 hour).

Treat Time: Turn out of pan and remove foil. Cut with a buttered knife into 36 pieces. Give each child a piece of wax paper to work on and one or two pieces of candy. Help the children shape their candy into musical note shapes. Wipe hands on paper towel if they become too buttery. Wrap extra pieces (after they cool completely) in a square of wax paper and twist ends to seal.

Optional: Listen to church hymns or songs from the Childrens Songbook, while shaping the candy into notes.