



Come, Follow Me
with
Living Scriptures
STREAMING

The Plan of Salvation

Doctrine and Covenants 29

Objectives:

- Learn about God's plan, Adam and Eve, repentance, and redemption through the Lord Jesus Christ.

Reinforces Principles of:

- Repentance
- Salvation

Reverence Time

Song: "I Will Follow God's Plan for me" Children's Songbook, page 164

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/i-will-follow-gods-plan>

Scripture: Doctrine & Covenants 29:1-2

"Listen to the voice of Jesus Christ, your Redeemer, the Great I Am, whose arm of mercy hath atoned for your sins;
Who will gather his people even as a hen gathereth her chickens under her wings, even as many as will hearken to my voice and humble themselves before me, and call upon me in mighty prayer."

Video: Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-plan>

Lesson

Summary:

In order to clarify new doctrines, Joseph Smith received a revelation about Adam and Eve, the Atonement, the Second Coming, and the Millennium. After being tempted by the devil, Adam and Eve partook of the forbidden fruit and were cast out of the Garden of Eden. Angels taught Adam and Eve about repentance and redemption through Jesus Christ. If we believe in Jesus Christ and keep His commandments, we will have eternal life. If we don't believe, love to do evil more than good, and don't repent, we can't be redeemed. But Jesus promises that He will gather us "even as a hen gathereth her chickens under her wings" (D&C 29:2) if we humble ourselves and repent. One day Jesus will come again and gather all those who follow Him, and He will live with the righteous for a thousand years. That thousand years is called "the Millennium". We can prepare ourselves to return to live with Him by following God's plan for us.

Quote:

"The purpose of God's plan was to give His children the opportunity to choose eternal life. This could be accomplished only by experience in mortality and, after death, by postmortal growth in the spirit world. God's great plan of happiness provides a perfect balance between eternal justice and the mercy we can obtain through the Atonement of Jesus Christ. It also enables us to be transformed into new creatures in Christ."
Dallin H. Oaks

Questions:

How can we prepare ourselves for the Second Coming of Jesus Christ?
How does knowing Heavenly Father's plan for us help us to make good choices?
How does Heavenly Father's plan help us to be happy?

Description: Play this game with your family and learn things you can do at home to prepare you to return to your heavenly home.

What you need:

- A copy of "Go Home" activity (artwork included with this lesson), glue and scissors. Optional: cardstock.

Preparation:

1. Print out the artwork.
2. Fold along solid black line.
3. Glue together. Optional: For more durable cards glue a piece of cardstock between the two layers.
4. Cut along dotted lines.

Activity:

(Younger children will need help from an older sibling or parent.)

1. Explain that we can learn correct principles and prepare for exaltation from each from each other's example. It is the duty of the family to teach and live these principles in our homes.
2. Play the "Go Home" card game.
 - A. Dealer shuffles cards.
 - B. Dealer gives each person 5 cards.
 - C. Stack remaining cards face down for a draw pile.
 - D. The player to dealer's left starts (clockwise). A turn consists of asking a specific player for a specific group that they already hold at least one card of in their hand. For example, if it is my turn I might say: "Mary, please give me all your 'Sharing' cards." If the player who was asked (Mary) has cards of the asked group ('Sharing' in this case), she must give all her cards of this group to the player who asked for them. That player then gets another turn and may again ask any player for any group they have in their hand. (Help younger children by showing the card you are asking for to the group.)
 - E. If the person asked does not have any cards of the named group, they say "Go Home." The asker must then draw the top card of the draw pile. If the drawn card is the group asked for, the asker shows it and gets another turn. If the drawn card is not the group asked for, the asker keeps it, but the turn now passes to the next person.
 - F. As soon as a player collects a book of 4 cards of the same group, they lead the group in sing the song on the card.
 - G. The game continues until all groups are collected. The winner is the person with the most groups.

Personal Prayer



Children's Songbook #25
"I Love to Pray"

Personal Prayer



Children's Songbook #25
"I Love to Pray"



Children's Songbook #189
"Family Prayer"



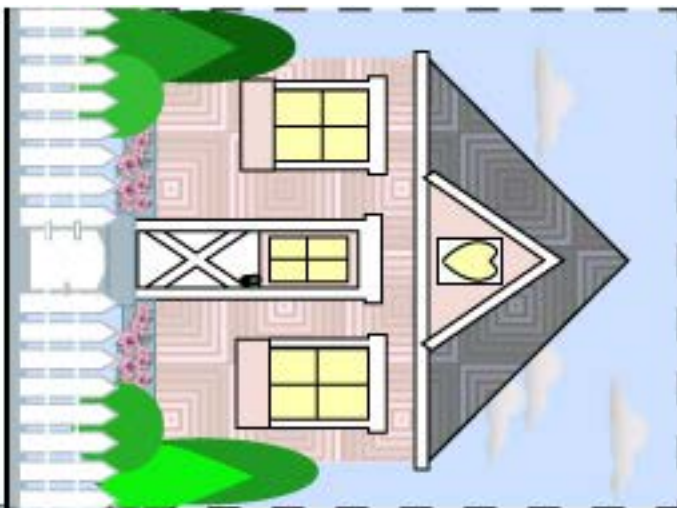
Family Prayer



Children's Songbook #189
"Family Prayer"



Family Prayer



Scripture Study



Children's Songbook #109
"Search, Ponder and Pray"



Scripture Study



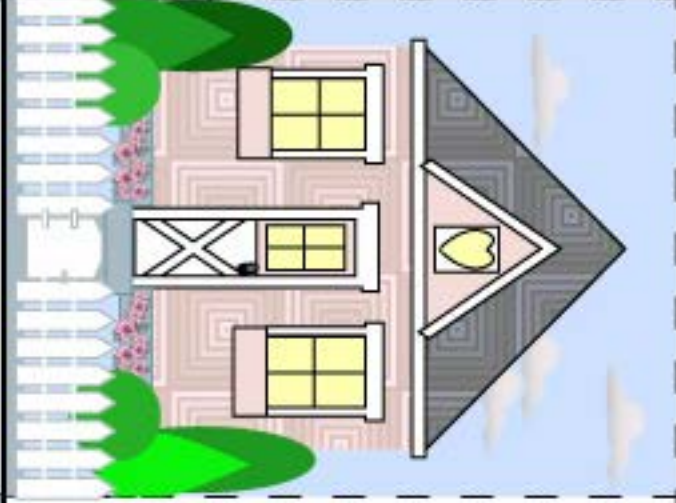
Children's Songbook #109
"Search, Ponder and Pray"



Temple Work



Children's Songbook #95
"I Love to see the Temple"



Temple Work



Children's Songbook #95
"I Love to see the Temple"

Loving
One Another



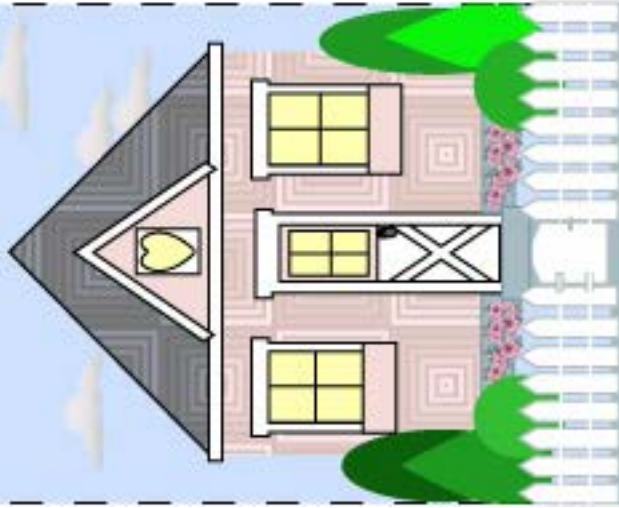
Hymn #294
"Love At Home"



Loving
One Another



Hymn #294
"Love At Home"



Children's Songbook #198
"A Happy Family"



Being Happy



Children's Songbook #198
"A Happy Family"

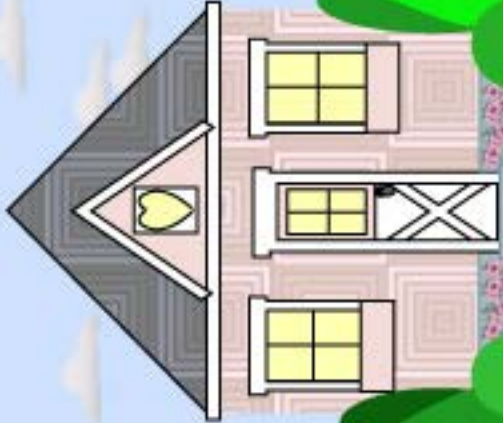


Being Happy

Going to Church



Children's Songbook #157
"When I Go to Church"



Children's Songbook #150a
"I'm Glad to Pay a Tithing"

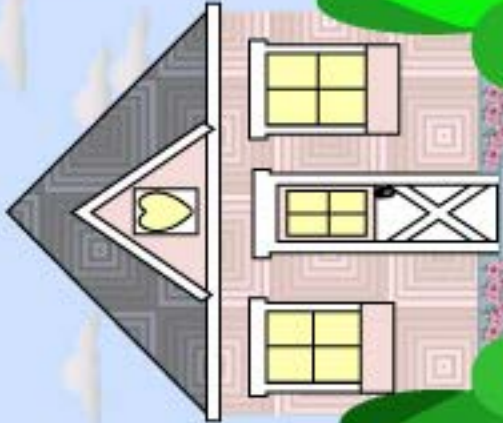


Paying Tithing

Going to Church



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Paying Tithing

Following God's Plan



Children's Songbook #164
"I Will Follow God's Plan"



Following God's Plan



Children's Songbook #164
"I Will Follow God's Plan"



Helping One Another



Children's Songbook #198
"When We're Helping"

Helping One Another



Children's Songbook #198
"When We're Helping"

Family Home Evening



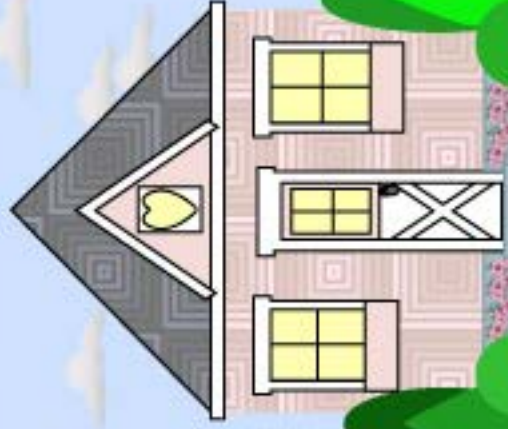
Children's Songbook #195
"Family Night"



Family Home Evening



Children's Songbook #195
"Family Night"



Sharing



Children's Songbook #253
"Sharing with my
Family is Fun to Do"

Sharing



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"Sharing with my
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Personal Prayer



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"I Love to Pray"



Personal Prayer



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Family Prayer



Children's Songbook #189
"Family Prayer"



Family Prayer



Children's Songbook #189
"Family Prayer"

Scripture Study



HOLY BIBLE
TRANSLATED
FOR THE
USE OF THE
PEOPLE



Children's Songbook #109
"Search, Ponder and Pray"

Scripture Study



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Temple Work

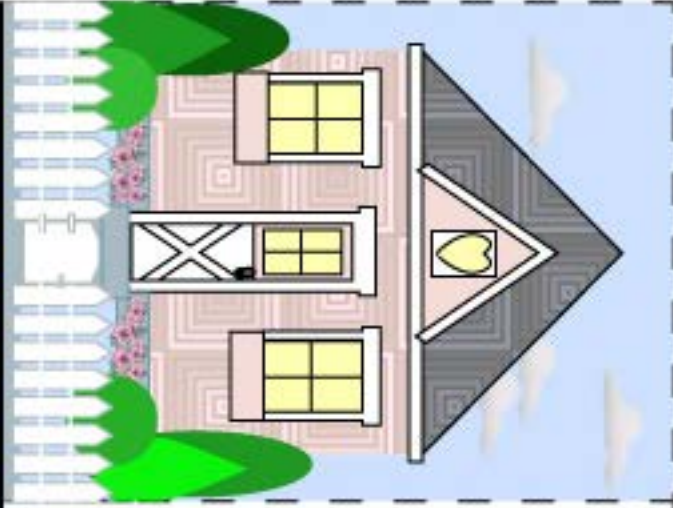
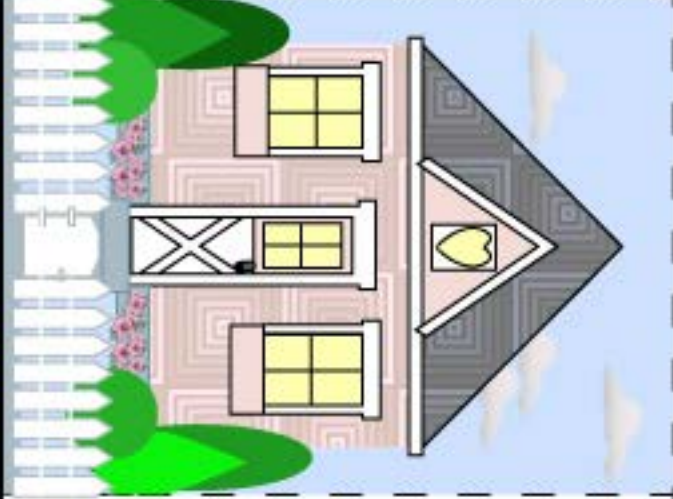


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Temple Work



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"Family Night"



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Sharing

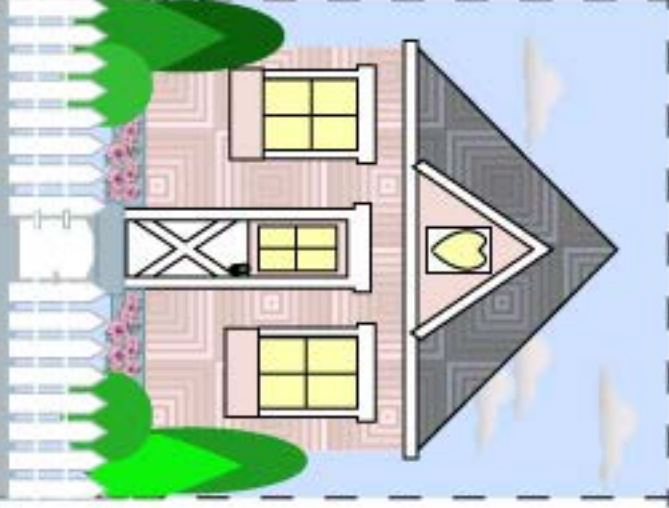


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Treat Time

Caramel Popcorn Homes

Prep Time: 5 minutes
Cook Time: 10 minutes



Ingredients: 1 c. brown sugar
1 cube butter or margarine
1/4 c. white corn syrup
1 tsp. vanilla extract.
1/2 tsp. baking soda
1/2 tsp. salt (omit salt if using salted popcorn)
2 bags of microwave popcorn or 4 quarts of regular popped corn

Instructions: Show your family the ingredients for the popcorn houses. Explain that each ingredient is important for the recipe to come together to make the yummy popcorn homes. Explain that each family member is like the ingredients. Each of us has our own strengths and talents. By ourselves we can do many things, but when we come together we can shape our house into a home and help each other follow God's plan.

Cook popcorn according to package directions. Pour into an extra large bowl. Remove any unpopped kernels. Place brown sugar, butter, corn syrup and vanilla in a 2 quart glass bowl. Microwave on high for three minutes. Remove from microwave oven and stir. Return to microwave and cook on high for an additional one and one half minutes. Stir in baking soda (this is fun for children to watch the chemical change that takes place). Pour over popcorn. Stir until popcorn is evenly coated. Give each family member a handful of caramel corn to shape into a "Popcorn Home."