

Description: Learn more about the Armor of God by dressing the soldier with armor and discussing the importance of each piece.

What you need:

- A copy of the “Armor of God” cutout (artwork included with this lesson), scissors, glue, poster board.

Preparation:

1. Print out the artwork and questions.
2. Glue warrior to poster board.
3. Cut out all pieces.
4. Glue shield band to inside of shield to make a loop for the warriors hand.

Activity:

“...take upon you my whole armor, that ye may be able to withstand the evil day, having done all, that ye may be able to stand.” (D&C 27:15.)

The armor of God can not be seen like the armor that knights wore. To help us get a better understanding of the armor of God, we are going to put together a full coat of armor.

“Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;” (D&C 27:16.) Ask: Where are your loins and why do you need to protect them? Put on the armor of truth (this is the only piece that goes on the back of the person). Ask: Why is a breastplate important? Put the breastplate on. Discuss ways to live in truth and righteousness.

“And your feet shod with the preparation of the gospel of peace;” (D&C 27:16) Ask: How does walking in peace protect us? Put the gospel of peace armor. Discuss ways to walk in peace.

“Taking the shield of faith wherewith ye shall be able to quench all the fiery darts of the wicked.” (D&C 27:17) Ask: How does faith protect us against Satan? Put on the shield of faith. Discuss ways of strengthening your faith.

“And take the helmet of salvation...” (D&C 27:18) Ask: What does salvation mean? Put on the helmet of salvation. Discuss what your family can do to obtain salvation.

“...and the sword of my Spirit, which I shall pour out upon you, and my word which I reveal unto you” (D&C 27:18) Ask: Where do we find the word of God? Put on the word of God sword. Discuss how the word of God protects your family.

“And be faithful until I come” (D&C 27:18) Ask: How can we be faithful as we wear the armor of God? Discuss the importance being faithful in the battle against Satan.



