
Activity Time

Overcoming Temptation Together

Description: In this game, you must step on the stepping stones of faith, prayer, service, etc., but avoid the floor (temptation!) Work together as a family to get to one side of the room to the other.

What you need: ■ A copy of the “Avoiding Temptation” activity, scissors, a marker

Preparation: 1. Print as many of the rock pages as you have family members, plus one more.
2. Cut out the rocks if desired.

Activity:

1. Setting up the Game: We must face temptation in this life, but we have lots of help to overcome it! Help each family member come up with something that can help them overcome or avoid temptations, like prayer, scripture study, fasting, etc.

Give each family member a rock paper, and write down what they came up with on the rock. Come up with one more idea as a family and write it on the last rock.

2. Game Instructions: The rocks will be your stepping stones. The floor is “temptation”. Staying on the stepping stones helps us avoid temptation and be spiritually strengthened. Have your family stand in a straight line. Before the game starts, each family member is standing on a rock. The last family member in line is standing on a rock AND holding a rock. Your family needs to move across the room only stepping on the rocks and avoiding the floor “temptation”. The only way they can advance is with the extra rock that is at the end, so the last person in line passes the rock forward. The first person in line places the extra rock on the floor and everyone advances one rock forward. Again this is repeated, with the last person sending the extra rock forward. When the last person in line gets to the other side of the room (safety at the end of the day) your family wins together!

3. Think about it: Just like in the game, we need all of our stepping stones, and we need each other to get through each day, safely avoiding temptation. It’s much easier when everyone helps each other! What other lessons can you learn from the game?



