
Activity Time

Getting Better Reception

Description: This fun activity helps the family learn about the spiritual preparation required to receive personal revelation.

What you need:

- A copy of the of the “Getting Better Reception” wordstrips, scissors, 2 plastic or paper cups, a 6 to 8 foot piece of string or yarn.

Preparation: 1. Poke a small hole in the bottom of each cup, just large enough for your string to fit through. Thread one end of the string through the hole in the bottom of the cup and tie a large knot to secure the string inside the cup. Repeat with the other end of the string and the other cup to construct a cup “telephone”. Cut the word strips apart.

Activity: Discuss: In the Lord’s revelations to Oliver Cowdery through the prophet Joseph Smith, the Lord teaches us many things about receiving personal revelation. This object lesson will help us to learn a few ways we can prepare ourselves to be “in tune” with the spirit.

Choose two family members to hold oposite ends of the cup “telephone”. Have them stand far enough apart to pull the string tight Fold the wordstrips in half and hang them on the string, holding them onto the string gently. Let the two family members take turn softly speaking into the cup while the other one listens. Can they hear what’s being said? (At this point they shouldn’t be able to.)

Explain that there are things we must do to receive revelation in a way that we can understand. Pull off the wordstrips one at a time and read them. Explain that doing the things listed on these wordstrips can make our spiritual reception more clear.

With the wordstrips now removed, let the two family members try again to speak to each other through the cup “telephone”. They should be able to hear much more clearly! Let other family members take turns trying the cup “telephone” if desired.



Ask in faith
D&C 8:1

Study
D&C 9:8

Keep commandments
D&C 8:5

Have good desires
D&C 6:27

Have an honest heart
D&C 8:1

Believe that you shall receive knowledge
D&C 8:1

Do not ask for that which you ought not
D&C 8:10
