
Activity Time

Fill Your Heart With Love

- Description:** Make a heart shaped pocket and fill it with ways you can show love and have charity for others. Throughout the month, draw from the pocket and perform the acts of service you chose.
- What you need:** A copy of the heart artwork, a sheet of paper, scissors, pens or pencils, and a stapler, tape, or glue
- Preparation:**
1. Print and cut out the artwork. Cut the sheet of paper into strips.
 2. Staple the hearts together around the edges to form a pocket, leaving the top open.
- Activity:**
- Explain: In Moroni [] Mormon explains that charity is the pure love of Christ. Charity is kind, selfless, patient, pure, and true. Jesus was all of these things.
- Discuss with your family: What things can we do for others that can help us be like Jesus? Who can we do them for?
- Activity: Write your ideas on the strips of paper. Fill the heart pocket with your completed strips of paper. Use the strips of paper daily throughout the month to show love and charity for others. You might want to start right away by choosing one for your family to do together, or have each family member choose their own idea from the pocket.





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