

BOOK OF MORMON 2020

Come, Follow Me with *Living Scriptures* STREAMING

Covenants & Promises

3 Nephi 20-26

Objectives:

- Talk about the covenants and promises God made with the House of Israel

Reinforces Principles of:

- Covenants

Reverence Time

Song:

I Feel My Savior Loves, Children's Songbook page 74

<https://www.churchofjesuschrist.org/music/library/childrens-songbook/i-feel-my-saviors-love>

Scripture: 3 Nephi 20:25

"And behold, ye are the children of the prophets; and ye are of the house of Israel; and ye are of the covenant which the Father made with your fathers, saying unto Abraham: And in thy seed shall all the kindreds of the earth be blessed."

Video:

Watch this week's clip from the Living Scriptures Streaming Library. Find the clip at <https://www.livingscriptures.com/fhe-lesson-covenants>

Lesson

Summary:

Since the days of Lehi, God had promised the Nephites that their records, testimonies, and the gospel of Jesus Christ would go forth to a remnant of their people in the last days. Jesus prophesied about the fulfillment of that covenant while he was teaching the people in the Americas. Jesus taught from Isaiah and Malachi's words in the scriptures about the covenants and promises made to the House of Israel that would be fulfilled.

The sign that these prophecies are beginning to be fulfilled is when the Book of Mormon comes forth among the remnant of the House of Israel from the Gentiles. Jesus teaches that the Gentiles will be able to take part in the blessings of the House of Israel if they repent and have faith. But if they don't repent, they will be faced with destruction. Jesus also promises that if we follow Him in faith, we need not fear; He will gather us and protect us. We learn from these chapters that although it may require great patience, God always fulfills his promises, and we can trust in Him.

Quote:

"Anciently, the Lord blessed Father Abraham with a promise to make his posterity a chosen people. References to this covenant occur throughout the scriptures. Included were promises that the Son of God would come through Abraham's lineage, that certain lands would be inherited, that nations and kindreds of the earth would be blessed through his seed, and more. While some aspects of that covenant have already been fulfilled, the Book of Mormon teaches that this Abrahamic covenant will be fulfilled only in these latter days! It also emphasizes that we are among the covenant people of the Lord. Ours is the privilege to participate personally in the fulfillment of these promises. What an exciting time to live!" Russell M. Nelson

Questions:

What is a covenant?

How can we learn about the covenants and promises God has made? (In the scriptures.)

Why did God promise to bring the gospel to a remnant of Lehi's family?

How has that promise been fulfilled?

Does God fulfill all his promises?

How can we be better at keeping our covenants with God?

Activity Time

Gathering Israel Paper Chain

Description: In this activity, your family will learn how they can help the gospel grow and fill the earth to gather scattered Israel, just like the chain of children from around the world grows when unfolded.

What you need:

- A copy of "Filling the Earth" activity (artwork included with this lesson) for each child and scissors.

Preparation:

1. Print out the artwork.
2. Cut along dotted lines.
3. Fold each group of children, accordion style, along solid black lines.
4. Cut around the figure, careful not to cut along the folds where the hands touch (this can be done before or after the activity).

Activity:

(Younger children will need help from an older sibling or parent.)

Since the early days of the Restoration, church leaders have worked at the task of sharing the Gospel and gathering Israel. As early as 1837, missionaries served in foreign missions. The work continues today with over 67,000 full time missionaries throughout the world.

How many members were there when the Church was organized in 1830? (Six.)

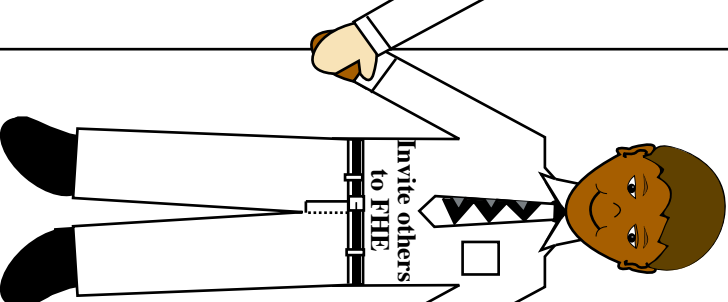
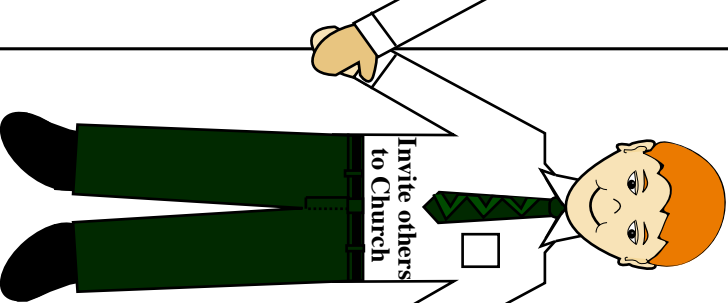
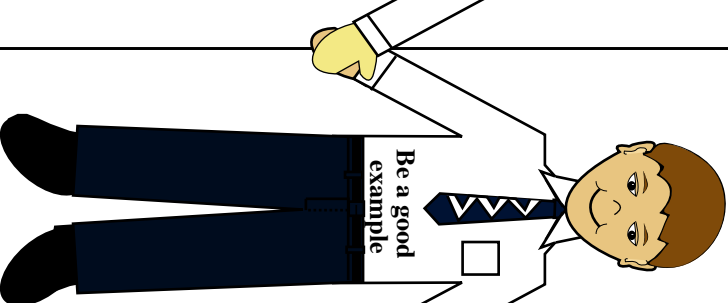
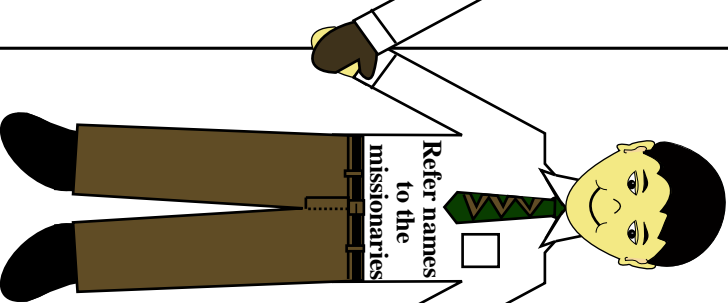
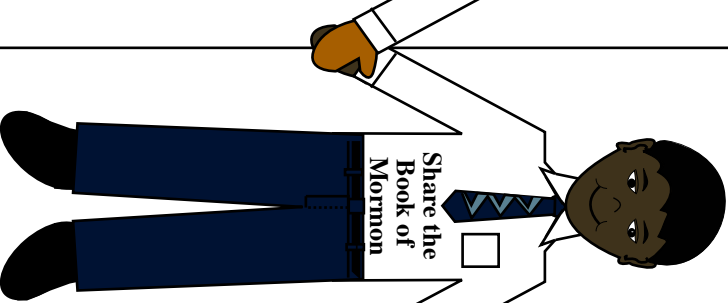
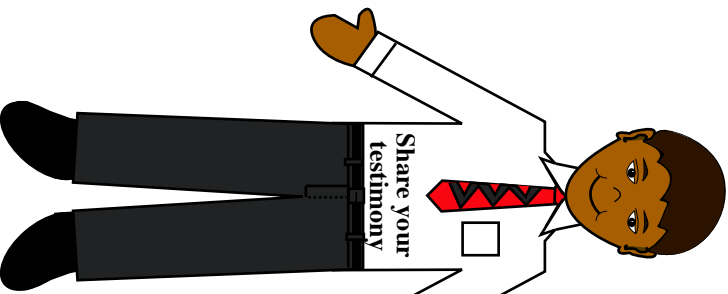
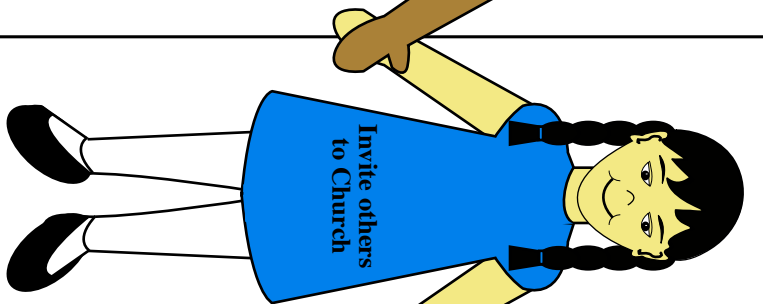
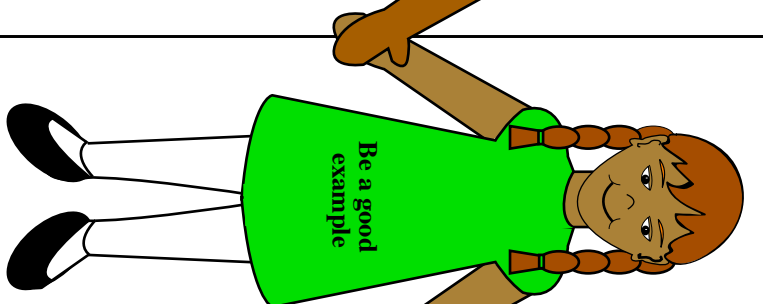
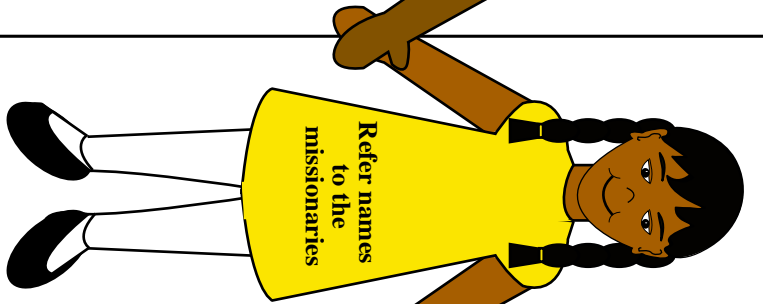
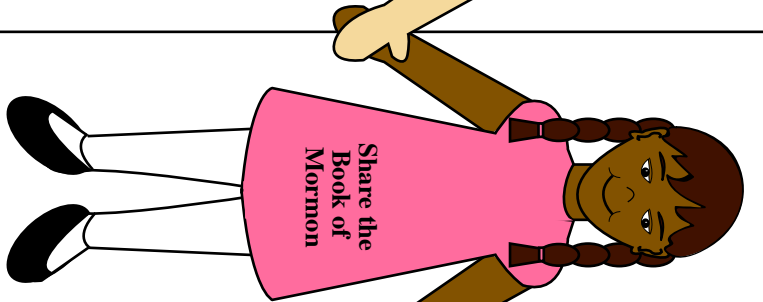
How many members are there today? (Over 16 million.)

Heavenly Father loves all his children and wants them all to have the opportunity to accept the Gospel and return to live with Him someday.

Give each family member a folded children chain (unfold as you discuss each topic).

- a. Sharing our testimonies will help others gain and strengthen their testimonies.
- b. Sharing copies of the Book of Mormon with people not of our faith will help the Gospel grow by giving more people the opportunity to read it and gain a testimony of it.
- c. The missionaries have a greater chance of being invited into homes to teach the Gospel when members refer names of interested people to them.
- d. Setting a good example for family members, neighbors, and friends is a reflection of the church to people not of our faith. Your example can influence others to join the church.
- e. Inviting others to Church activities, meetings, and firesides, where they can feel of the spirit and love of our Heavenly Father can help them want the Gospel in their lives.
- f. Inviting others to family home evening can help them learn Gospel principles in a loving family atmosphere.

Just like this chain of children grew, each of us can help the gospel grow and fill the earth.



Treat Time

Brass Plates Treats

Prep Time: 20 minutes
Chill Time: 20 minutes



Ingredients: 1 cup corn syrup
1 cup sugar
1 cup creamy peanut butter
6 cups Rice Krispies ® type cereal
1 cup butterscotch chips
Twizzlers ® Pull 'N' Peel Chocolate Licorice

Instructions: Stir corn syrup and sugar in a saucepan over medium-high heat until mixture comes to a full rolling boil. Remove saucepan immediately from heat and stir in peanut butter. Stir in cereal. Press into a greased 9" x 13" pan.

In a double boiler (or microwave) melt butterscotch chips. Spread over treats. Cut into 24 pieces while still warm and then cool for approximately 20 minutes. Treat Time: Let children help assemble brass plates by making three holes through the left of each treat (top and bottom) with a toothpick and then loop a 3" piece of licorice through each set of holes (see photo).