
Activity Time

Hearts Knit Together in Unity

Description: The Nephites gathered together in one body to strengthen themselves against the Lamanites. They also repented and became disciples of Jesus Christ. This heart activity will remind your family that being unified in love helps us become better disciples of Jesus.

What you need:

- A copy of the “Hearts Woven in Unity” printables for each child (artwork included with this lesson), scissors, and tape. Optional: cardstock, lace, and ribbon.

Preparation:

1. Print out the artwork. (Optional: print on cardstock for added durability).
3. Cut along all dotted lines. (Don't cut through solid red lines!)

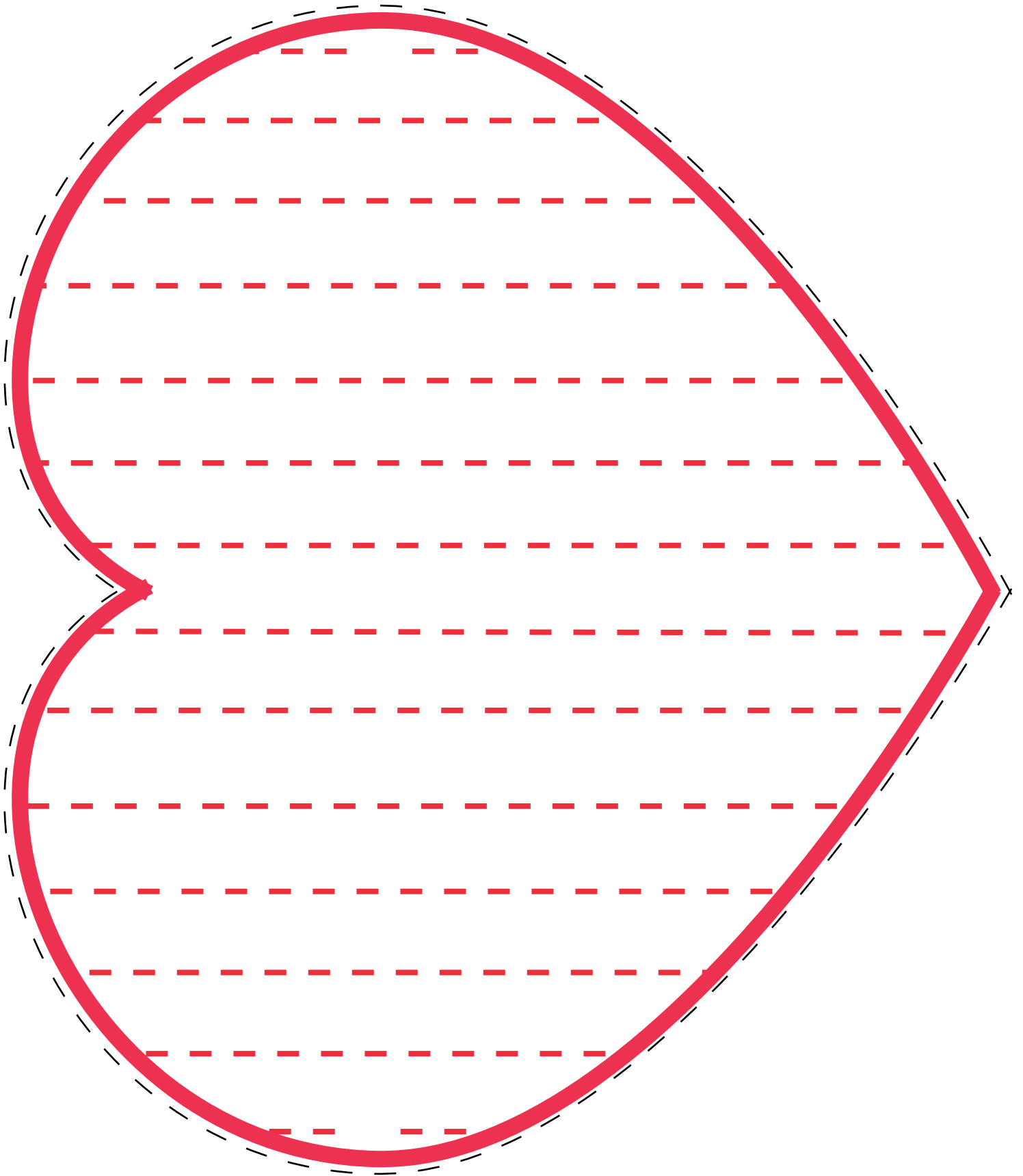
Activity:

Help each family member weave a red strip (starting with the “I” strip) through the white slots. Weave the strips with words written on them every other time to complete the phrase, “I will be Jesus' disciple”.

As you weave, read 3 Nephi 5:13 and discuss ways you can be Jesus' disciple. Remind your family that we can be disciples of Jesus Christ by showing love. Love helps us to be knit together in unity. (See Mosiah 18:21)

Tape the back side of strips to secure and then trim even with the edge of the heart. (Optional: decorate with ribbon and lace.)





I

Will

Be

Jesus'

Disciple