Activity Time

Description: We can show compassion like Jesus did! Use this activity to teach your family about compassion.

What you need:

- A copy of "Someone Else's Shoes" activity (artwork included), scissors, colored pencils or crayons.
- Preparation:1. Print out the artwork.2. Cut out shoes
- Activity: Explain: Jesus was filled with compassion when he saw that the people wanted Him to stay. Compassion means that you try to understand how someone else feels and you want to help them. When we try to understand how someone is feeling, we sometimes call it "walking in someone else's shoes". In this activity, we'll try to understand things that are difficult for each other and try to make each other feel better. We can show compassion just like Jesus did.

Step 1: Give each person a shoe (or two if there are enough). Let each person write something they are worried about, something that is difficult, or something they need on their shoe(s). (Small children will need help from an adult or older sibling.)

Step 2: Place the shoes in the middle of the room. Let each person choose a shoe that is not their own. Take turns reading what is on the shoe. Ask each person as they read how they would feel if that problem was their own. Then ask how they can help the person to feel better. Continue until all shoes have been chosen.

Step 3: Challenge family members to do the things they thought would help other family members feel better. Encourage them to watch for other ways they can "walk in someone else's shoes" and serve those who need help.

Optional: Color the shoes if desired.







