## **Activity Time**

Description:	In this fun activity, family members take turns choosing a petal or leaf, reading the testimony growing words (with help if necessary) on it, then answering the question to create spiritual flowers to help testimonies grow.
What you need:	<ul> <li>Dirt cake (recipe included in the Treat Time section of this lesson)</li> <li>A copy of the flower petals and leaves artwork included with this lesson,</li> <li>3 straws (for stems), markers, colored pencils, or crayons, and clear tape.</li> </ul>
Preparation:	Print out the flower petals and stems. Cut out. Tape flower centers to the top of the straw stem.
Activity:	Explain that a testimony motivates us to live righteously, and righteous living causes a testimony to grow. Have each family member take turns choosing a petal or leaf, reading the question, answering the question (with help if necessary), and then taping it to the yellow center and stem to create flowers. When activity is completed. Plant the flowers in the "Dirt Cake."



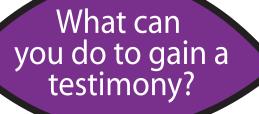
After gaining a testimony, can you lose it? What book is another testament of Jesus Christ?

What is the name of Christ's church? Which prophet helped to restore the gospel to the earth?

What can you do to nourish your testimony? How does the Holy Ghost help you gain a testimony?

What three things does a testimony consist of? What does it mean to believe?

How do you know if you have a testimony? In Alma's example, what does the seed represent?



Do you have to work to gain a testimony?

What is a testimony?

Can anyone receive a personal revelation?

Can someone else give you a testimony?

Do you have to have faith to gain a testimony?

What is a prophet?

ls it important to gain your own testimony?

Who was crucified for the sins of the world? What can other people do to help your testimony grow?

