



Activity Time

Approximate Time: 5 minutes not including prep time

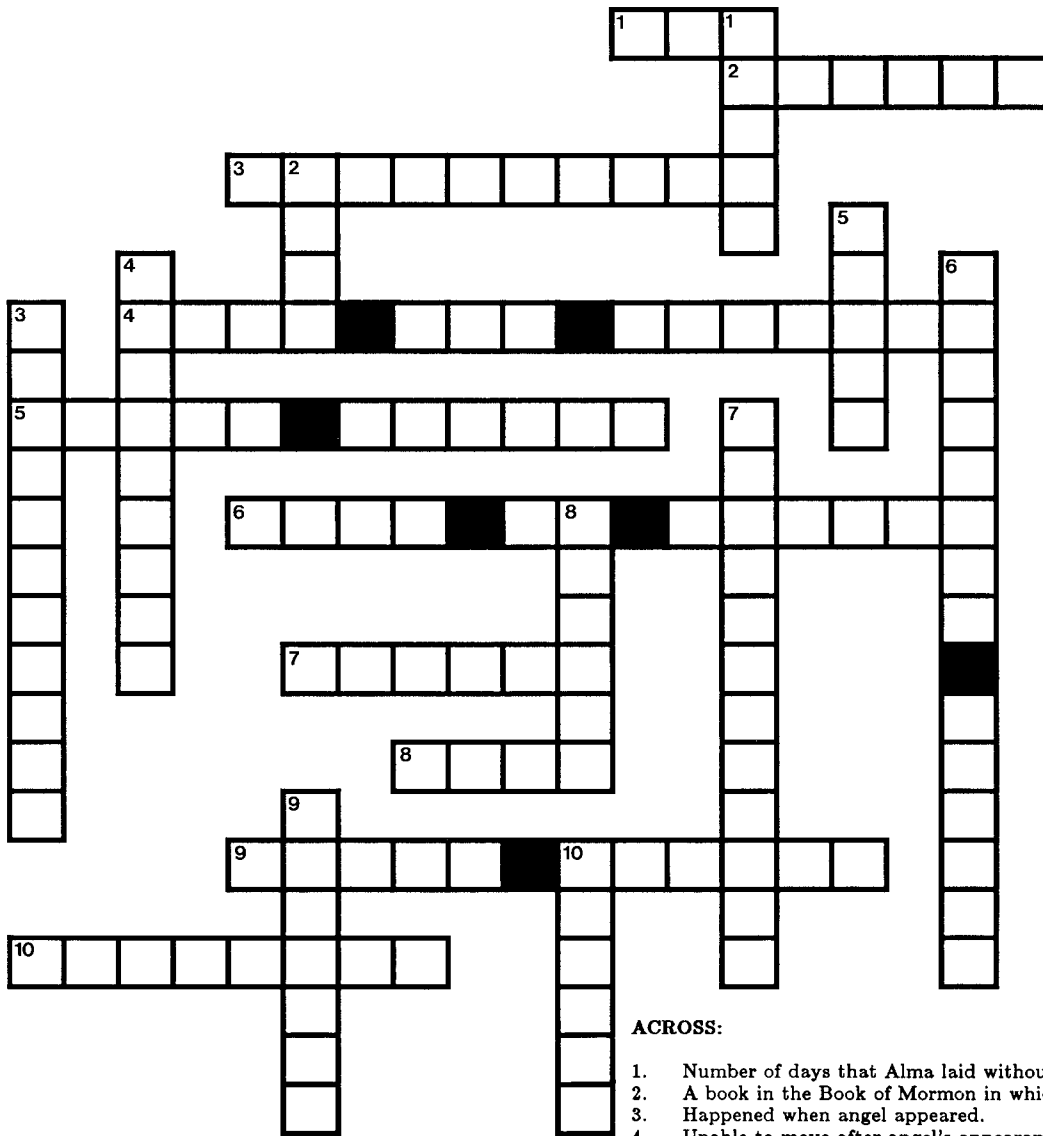
What you need: 2/3 Cup Ice water per person (in a pitcher)
1/3 Cup Sugar syrup per person (prepared as directed below)
2 Tablespoons Lemon juice per person (4-6 lemons)
1 Glass for each person
1 spoon for stirring (or a spoon for each person)

Preparation: Prepare the sugar syrup as directed in the Repent-aid (Lemonade) recipe included in the “Treat Time” section of this lesson.

Activity:

1. Pour 2/3 cup. Water into each glass. Have each person take a sip of water.
Ask “How does the water taste?” (Pure, clean, refreshing, etc...)
Explain that the water represents us after we have been baptized.
2. Add 2 Tablespoons Lemon juice into each glass and stir with spoon.
Have each person take a sip.
Ask “How does it taste now?” (Bitter, bad, icky, etc..)
Explain that the lemon juice represents sin.
3. Add 1/3 cup Sugar syrup to each glass and stir with spoon.
Have each person take a sip.
Ask “How does it taste now?” (Sweet, good, etc...)
Explain that the syrup represents repentance.

THE CONVERSION OF ALMA THE YOUNGER



ACROSS:

1. Number of days that Alma laid without moving.
2. A book in the Book of Mormon in which the conversion of Alma is recorded.
3. Happened when angel appeared.
4. Unable to move after angel's appearance. (3 words)
5. Given to Alma the Younger by King Mosiah. (2 words)
6. Persecuted the Church with Alma the Younger. (3 words)
7. Righteous Nephite King.
8. Number of sons that King Mosiah had.
9. Forgave Alma the Younger of his sins. (2 words)
10. Alma the Younger _____ of his sins.

DOWN:

1. One of the Sons of Mosiah.
2. Father of Alma the Younger.
3. What those who were not members of the Church were called.
4. Land over which King Mosiah reigned.
5. Called Alma the Younger to repentance.
6. What Alma the Younger did after his conversion. (2 words)
7. Was issued by King Mosiah.
8. Who the Sons of Mosiah took Alma's body to after the angel's appearance.
9. Alma and the Sons of Mosiah sought to _____ the Church.
10. "Alma! Arise and stand forth, for why persecuteth thou the _____ of God?"

**For additional help, read Mosiah 26-67; & Mosiah 28:20.

Help Alma the Younger
repent of his sins.

