

# Stand for Truth

Mosiah 11-17

### **Objectives:**

- Talk about the importance of obdience and repentance
- Emphasize the importance of standing for truth

### **Reinforces Principles of:**

- **■** Repentance
- **■** Steadfastness

## This lesson contains 4 activities:

Choose the activities that fit your family's schedule. Use on Mondays to introduce the topic, or the following Sunday to review.

Reverence Time: Song, prayer, scripture and video clip

**Lesson Time:** Lesson summary and points to ponder

**Activity Time:** Object lesson or activity

**Treat Time:** Prayer, theme related recipe & music video



Approximate Time: 5 minutes

**Sing Together:** I Will Be Valiant: Children's Songbook, page 162

If you wish to print sheet music or have an online music file to accompany you visit:

https://www.lds.org/music/library/childrens-songbook/i-will-be-valiant

**Prayer:** 

**Scripture Time:** Mosiah 17:9

Now Abinadi said unto him: I say unto you, I will not recall the words which I have spoken unto you concerning this people, for they are true; and that ye may know of their surety I have suffered myself that I have fallen into your hands.

Video Clip: Watch clips from the Living Scriptures Streaming Library. You can find the clip at

https://www.livingscriptures.com/fhe-lesson-stand-for-truth



Approximate Time: 5-10 minutes

#### Lesson Summary:

After King Zeniff died, his son Noah became king. Noah was a wicked king. He set his heart upon riches and didn't keep God's commandments, and his people became wicked also. Abinadi, a prophet, came to call the people to repentance. Abinadi warned King Noah and the people that they would suffer greatly if they didn't repent.

The priests of King Noah said they weren't doing anything wrong. Abinadi reminded them of the ten commandments and encouraged them to keep them. He also taught them that salvation doesn't come through the Law of Moses, but through the atonement of Jesus Christ.

Abinadi prophesies of the coming of Jesus Christ. He teaches of His mercy, His resurrection, and the salvation that can come through Him if we repent.

King Noah and his priests wouldn't listen to Abinadi. They put him to death. One priest named Alma did believe, and King Noah was angry with him and cast him out. Alma escaped, and wrote Abinadi's words.

# Points to Ponder:

Why did Abinadi preach to the people of King Noah? (Discuss ideas)

What did Abinadi teach King Noah and his people? (Discuss ideas)

What does it mean to repent? (Discuss ideas)

Who made it possible for us to repent and receive salvation? (Jesus Christ)

How do we repent? (Discuss ideas)

#### **Quote:**

"The evil influence of Satan would destroy any hope we have in overcoming our mistakes. He would have us feel that we are lost and that there is no hope. In contrast, Jesus reaches down to us to lift us up. Through our repentance and the gift of the Atonement, we can prepare to be worthy to stand in His presence." *James E Faust* 



Approximate time: 10 minutes

What you need: A copy of the "Steps of Repentance" activity (artwork included with this lesson,) scissors

and glue.

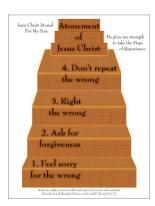
**Preparation** 1. **Print** out the artwork.

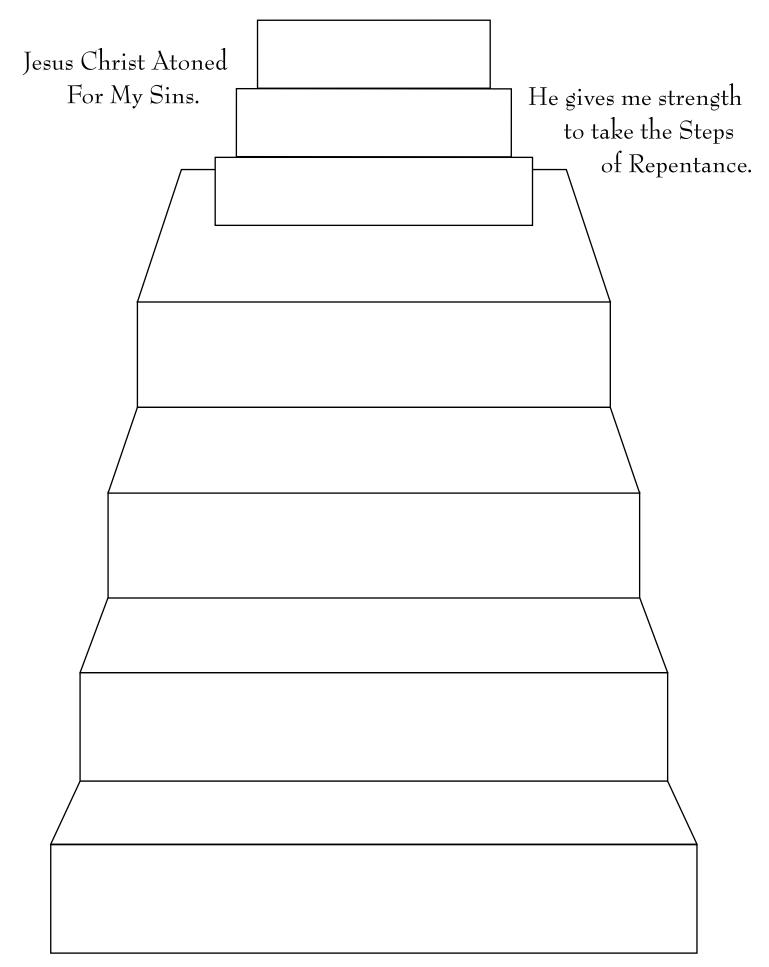
2. Cut along all dotted lines.

**Activity:** (Younger children will need help from an older sibling or parent.)

1. Explain: Jesus Christ atoned for our sins. By accepting that gift He gives us strength to repent, taking each step as we follow Him. His love helps us to change and not to be held off until we've mastered it.

2. Discuss each step of repentance while you build the "Steps of Repentance" by gluing the steps in the correct order. Use examples appropriate to your children's age to help them understand each step. Emphasize that repentance is made possible through the atonement of Jesus Christ.





"Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new." 2 Corinthians 5:17





**Approximate Time: 15 minutes** 

**Prep Time:** 3 minutes **Cook Time:** 4 minutes

"White as Snow" Candy (Candy Coated Cinnamon Bears)

3-ounces regular cream cheese (softened)

1 pound powdered sugar

3 tablespoons plain yogurt

1/2 cup white chocolate chips

1-pound cinnamon bears (chilled)

Combine cream cheese, confectioner's sugar and yogurt in microwavable bowl. Cook in microwave at medium power for 1 1/2 minutes. Remove from microwave and stir. Cook at medium power for an additional 1 1/2 minutes. Remove from microwave and stir white chocolate chips. Cook at medium power for 1 minute. Stir until smooth and creamy.

**Treat Time:** Stick a toothpick into cinnamon bears. Dip cinnamon bears in mixture until completely coated. Re-stir mixture if it starts to get too thick. Eat immediately or place on waxed paper and chill in refrigerator.

"Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool." (Isaiah. 1: 18)

Closing Prayer and blessing on the food.