



BOOK OF MORMON 2020

Come, Follow Me
with
Living Scriptures
STREAMING

Hear and Obey

Mosiah 1-3

Objectives:

- Emphasize the importance of following the counsel of our church leaders.

Reinforces Principles of:

- Obedience

This lesson contains 4 activities:

Choose the activities that fit your family's schedule.

Use on Mondays to introduce the topic, or the following Sunday to review.

- Reverence Time:** Song, prayer, scripture and video clip
Lesson Time: Lesson summary and points to ponder
Activity Time: Object lesson or activity
Treat Time: Prayer, theme related recipe & music video



Reverence Time

Approximate Time: 5 minutes

Sing Together: We Thank Thee O God for a Prophet, Hymn #19

If you wish to print sheet music or have an online music file to accompany you visit:
<https://www.churchofjesuschrist.org/music/library/hymns/we-thank-thee-o-god-for-a-prophet>

Prayer:

Scripture Time: Mosiah 2:6

6 And they pitched their tents round about the temple, every man having his tent with the door thereof towards the temple, that thereby they might remain in their tents and hear the words which king Benjamin should speak unto them;

Video Clip: Watch clips from the Living Scriptures Streaming Library. You can find the clip at <https://www.livingscriptures.com/fhe-lesson-hear-obey>



Lesson Time

Approximate Time: 5-10 minutes

Lesson Summary:

King Benjamin wanted to speak to his people before he died. He asked them to gather around the temple. Families pitched tents and prepared to listen to their king and prophet. King Benjamin knew it would be difficult for everyone to hear him, so he had a large tower built that he could stand on while he spoke. He also had his words written down and delivered to people who still couldn't hear.

King Benjamin taught the people about the importance of serving and loving each other. He said, "And behold, I tell you these things that ye may learn wisdom; that ye may learn that when ye are in the service of your fellow beings ye are only in the service of your God." (Mosiah 2:17) He also taught the people the importance of searching the scriptures, avoiding contention, and repentance. He then bore testimony of the Atonement of Jesus Christ.

We recently had the opportunity to listen to our prophet and other church leaders in General Conference. May we be like King Benjamin's people and let the words we heard change our hearts and our actions. It's not enough to just hear the words of our prophet, we need to be obedient in order to receive the promised blessings.

Points to Ponder:

What did King Benjamin do so his people could hear him speak ? (Discuss ideas)

What did King Benjamin teach? (Discuss ideas)

Why do you think he taught these things? (Discuss ideas)

When can we listen to our prophet today? (Discuss ideas)

What did our prophet and leaders teach in the most recent General Conference? (Discuss ideas)

How can we be obedient to the things they taught? (Discuss ideas)

How will we be blessed by being obedient? (Discuss ideas)

Quote:

“Technology has blessed us with many new innovations to spread the message of the gospel through satellite systems... But the bricks and mortar and the continued expansion of technology will only bring the messages to us. One challenge remains the same from the time of King Benjamin to the time of President Grant to today—that is, the challenge of each individual and family, through personal and collective study, to internalize the messages of the gospel of our Lord and Savior. Salvation is not in facilities or technology, but in the word. Only in the power of the word will it impact our lives and help us to live closer to our Father in Heaven.” *L. Tom Perry*



Activity Time

Approximate Time: 5-15 minutes

What you need: A copy of “Picture Words” game (artwork included with this lesson), scissors, two pieces of paper, tape, two pens or pencils, and a timer.

Preparation

1. **Print** out the artwork and text.
2. **Cut** along dotted lines.

Activity: (Younger children will need help from an older sibling or parent.)

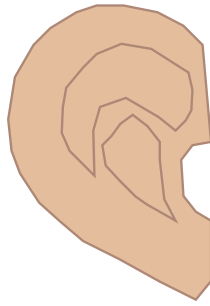
1. Mix up the words and the pictures.
2. Decode the picture words and then match them to the correct word.
Example:

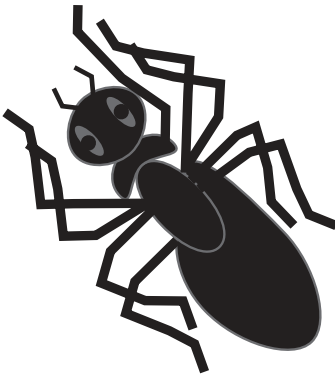


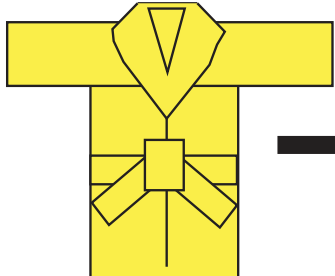
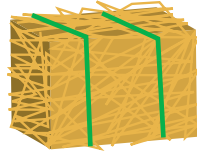
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3. Tape the word to the picture words as you decode them.
4. After all the words are decoded arrange the words to form the sentences “Follow the Prophet,” “Hear and Obey” and “Keep the Commandments.”
5. Talk about the importance of following the counsel given in each of these sentences.

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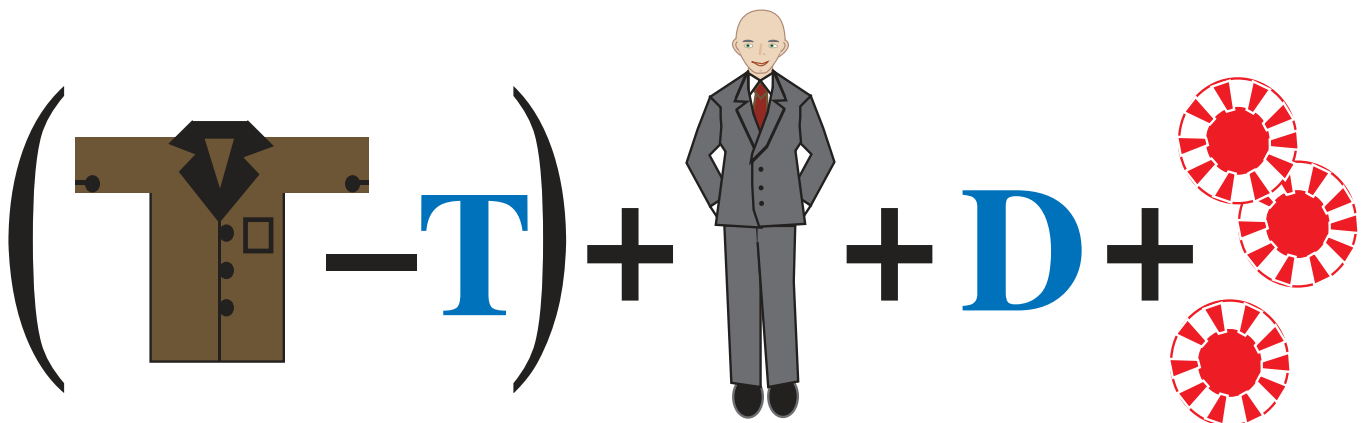
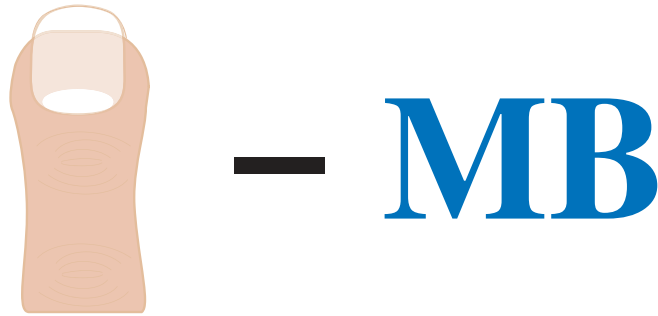
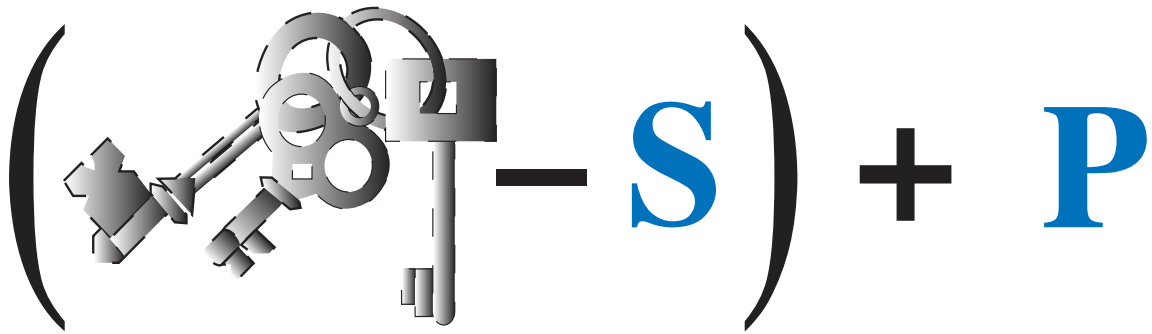
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HEAR

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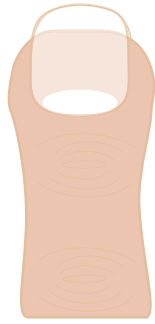
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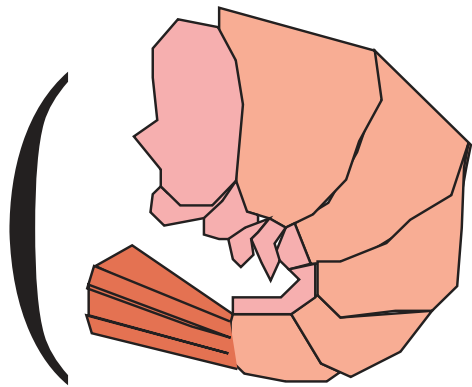


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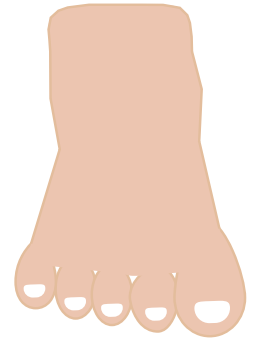


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Prawn

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Follow

The

Prophet



Treat Time

Prep Time: 10 minutes

Chill Time: 10–20 minutes

Bake Time: 8-10 minutes

“H ‘ear’ and Obey Cookies”

- 1 C. butter
- 1 1/2 C. sugar
- 1 Large egg
- 2 Tbsp. dark corn syrup or molasses
- 1 Tbsp. water
- 3 1/4 C. flour
- 2 tsp. baking soda
- 2 tsp. cinnamon
- 1 tsp. ground ginger
- 1/2 tsp. ground cloves



Cream the butter and sugar until light. Add the egg, corn syrup and water blending well. Sift the dry ingredients together and add to the butter mixture. Chill the dough for approximately 10-20 minutes.

Treat Time: Give each child a two 1 inch balls of dough. Roll balls of dough in sugar and then form into the shape of ears (see diagram).
Bake, on ungreased cookie sheets,
in a preheated 350 degree F. oven for
8 to 10 minutes.



Closing Prayer and blessing on the food.