



The First Vision

Celebrating the 200th Anniversary of the First Vision

Objectives:

- Emphasize Joseph Smith's role in the restoration of the Gospel
- Talk about how you can gain a testimony of the Prophet Joseph Smith

Reinforces Principles of:

- Faith
- Prayer

This Lesson contains 4 activities:

Choose the activities that fit your family's schedule.

Use on Mondays to introduce the topic, or the following Sunday to review.

Reverence Time: Song, prayer, scripture and video clip

Lesson Time: Lesson summary and points to ponder

Activity Time: Object lesson or activity

Treat Time: Prayer, theme related recipe



Reverence Time

Approximate Time: 5 minutes

Sing Together: On a Golden Springtime, Children's Songbook Page 88
If you wish to print sheet music or have an online music file to accompany you visit:
<https://www.churchofjesuschrist.org/music/library/childrens-songbook/on-a-golden-springtime>

Prayer:

Scripture Time: Joseph Smith History 1:17

17 It no sooner appeared than I found myself delivered from the enemy which held me bound. When the light rested upon me I saw two Personages, whose brightness and glory defy all description, standing above me in the air. One of them spake unto me, calling me by name and said, pointing to the other—This is My Beloved Son. Hear Him!

Video Clip: Watch clips from the Living Scriptures Streaming Library. You can find the clip at <https://www.livingscriptures.com/fhe-lesson-first-vision>



Lesson Time

Approximate Time: 10-15 minutes

Lesson

Summary: This year marks the 200th year since Joseph Smith's vision in the Sacred Grove in 1820. That important event was the beginning of the restoration of the Gospel of Jesus Christ.

Gaining a testimony that Joseph Smith was a prophet of God takes desire, work, faith and prayer. When Joseph Smith was a boy, he had a desire to know which church was true. After studying the various religions, reading the scriptures, and praying with faith, he received an answer. In the Sacred Grove, Joseph was visited by God the Father, and the resurrected Jesus Christ. Joseph was told that none of the churches on the earth at the time taught the fullness of the Gospel of Jesus Christ, and that he should join none of them. Joseph also learned that he would be able to help establish the Lord's church on the earth.

What a blessing it is that Joseph Smith prayed to Heavenly Father. Through study and prayer we can gain a testimony from Heavenly Father that Joseph Smith was a prophet. A testimony is knowing something is true through revelation from the Holy Ghost. This is the blessing that is given to all of us.

A testimony of Joseph Smith's vision helps us to know that Heavenly Father and Jesus Christ are real, that they know us by name, and that we can get answers our prayers. We may not see an angel or a vision, but our prayers will always be answered.

Points to

Ponder:

Why is Joseph Smith's vision in the Sacred Grove so important to us? (Discuss ideas)

What did Joseph learn? (Discuss ideas)

What can we learn about Heavenly Father and Jesus Christ from the account of the First Vision? (Discuss ideas)

How can we receive answers to our prayers? (Discuss ideas)

How can we gain a testimony that Joseph Smith was a prophet? (Discuss ideas)

Quote:

"This is how Joseph Smith's First Vision blesses our own personal lives, the lives of families, and eventually the whole human family—we come to believe in Jesus Christ through the testimony of the Prophet Joseph Smith... God has spoken to Joseph Smith for the purpose of blessing all of God's children with His mercy and love, even in times of uncertainties and insecurities, of wars and rumors of wars, of natural and personal disasters." *Dieter F. Uchtdorf*



Activity Time

Approximate Time: 15 minutes (not including prep time)

What you need: A copy of the of the “First Vision Puzzle” (artwork included with this lesson) scissors and glue.
(Optional: card stock or poster board for added durability.)

- Preparation**
1. **Print** out the “First Vision Puzzle” game.
 2. **Line up** the matching puzzle pieces on the picture side and the question side.
 3. **Glue** picture and questions together.
(Optional for added durability glue to front and back of poster board.)
 3. **Allow to dry.**
 4. **Cut** out puzzle pieces along solid black lines.
 5. Mix up puzzle pieces and place question side up on table.

Activity: (Younger children will need help from an older sibling or parent.)

Explain that there are many things we can learn and do to help us gain our own testimony of the prophet Joseph Smith. Have the children take turns choosing a puzzle piece, reading the question on the back, then answering the question (with help if necessary), and placing the puzzle piece in its correct position.



What question did Joseph Smith want an answer to ?

What is a prophet?

Who can receive a revelation from the Holy Ghost?

Where did Joseph Smith go to pray for wisdom?

Was Joseph Smith a prophet?

Do you have to have faith to gain a testimony?

What is the name of Christ's true church?

What is a testimony?

Who appeared to Joseph Smith?

What was Joseph's mothers name?

What happened when Joseph Smith first started to pray?

Who was the first prophet in these latter days?

What book did Joseph Smith translate?

Who delivered the Golden Plates to Joseph Smith?

What scripture did Joseph Smith read that prompted him to ask of God?

Which church did Jesus Christ tell Joseph Smith to join?

Who delivered Joseph Smith from his enemy?

Can studying the scriptures help you gain a testimony of the prophet Joseph Smith?

Who received most of the revelations found in the Doctrine and Covenants?

Did Joseph Smith's mother believe his story of the first vision?

Does President Hinckley have a testimony of Joseph Smith?



Treat Time

Approximate Time: 15 minutes (not including prep time)

Grove-y Leaves

Prep Time: 15 minutes

Chill Time: 2 hours

- 1 Cup of cold water
- 1 3/4 Cups of boiling water
- 3 (3.4 oz.) Lime flavored gelatin
- 1 envelope unflavored gelatin
- 1 Cup of milk, evaporated milk, or half-n-half
- 1 (3.4 oz.) Pistachio or vanilla flavored instant pudding

Dissolve unflavored gelatin in 1 cup of cold water. Set aside.
In large bowl stir lime flavored gelatin into boiling water until completely dissolved (approximately 3 minutes).
Add unflavored gelatin mixture.
Cool for 5–10 minutes.
Pour milk into a medium size bowl.
Add pudding mix. Beat with wire whisk for 1 minute.
Quickly pour pudding mixture into gelatin mixture.
Stir with wire whisk until well blended.
Pour into 13 x 9 inch pan.
(For thinner leaves use a 12 x 18 inch pan.)
Refrigerate until firm (approximately 2 hours).

Treat Time: Cut into leaf shapes with cookie cutters or make your own leaf pattern and cut out with knife.
(We purchased our cookie cutter at a local craft store.)

Closing Prayer and blessing on the food:

