



## Activity Time

**What you need:** A few tablespoons of salt, a pepper shaker, a white plastic spoon, a plate.

**Activity:** Explain that when we come to earth, our bodies and spirits are pure.



(Pour the salt on the plate and explain that the salt will represent us.)

As we live here, we make mistakes and do things that are wrong. Heavenly Father knew that we would make mistakes, because we are all learning. When we do things that are contrary to the laws of God, we call that sin.

(Sprinkle some pepper over the salt to represent sin.)

You can see that the pepper makes the salt unclean and impure. When we sin, we also become unclean.

Heavenly Father also abides by the law of justice, which says that no unclean thing can enter into the Kingdom of God. That's why we needed a Savior. Jesus Christ lived a perfect life so that He could take our sins upon Him. As the Son of God, He overcame death when he was resurrected, and through His Atonement He conquered sin. He suffered for our sins, so that we can become clean again.

(Rub the spoon on the carpet, your hair, or a sweater to make it statically charged. Hover the spoon over the pepper and allow it to pick up the pepper, leaving the salt clean again.)

When we repent and turn our hearts to Jesus Christ, He can take our sins upon Him, making us clean and pure, so we can live with Him and our Father in Heaven in the Kingdom of God someday.