



## The Plan of Happiness

Revelation 12-22

### Objectives:

- Talk about the importance of Heavenly Father's Plan
- Discuss ways you can make good choices and prepare your family for eternal life

### Reinforces Principles of:

- Faithfulness

### This Lesson contains 4 activities:

Choose the activities that fit your family's schedule.

Use on Mondays to introduce the topic, or the following Sunday to review.

**Reverence Time:** Song, prayer, scripture and video clip

**Lesson Time:** Lesson summary and points to ponder

**Activity Time:** Object lesson or activity

**Treat Time:** Prayer, theme related recipe



# Reverence Time

Approximate Time: 5 minutes

**Sing Together:** “I Lived in Heaven” Children’s Songbook page 4  
If you wish to print sheet music or have an online music file to accompany you visit:  
<https://www.lds.org/music/library/childrens-songbook/i-lived-in-heaven>

**Prayer:**

**Scripture Time:** Revelation 12:11

11 And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.

**Video Clip:** Watch clips from the Living Scriptures Streaming Library. You can find the clip at <https://www.livingscriptures.com/fhe-lesson-plan-of-happiness/>



# Lesson Time

Approximate Time: 10-15 minutes

## Lesson

**Summary:** The last half of the Book of Revelation describes Heavenly Father's Plan. Before we came to Earth we lived in Heaven. There was a war in Heaven between those who followed Heavenly Father and His plan, and those who followed Satan. Heavenly Father's plan would allow us to make our own choices (which means we would make mistakes), but it also provided us with a Savior so we could be forgiven and return back to Heavenly Father's presence. Jesus would be our Savior.

Satan was overcome by Heavenly Father's faithful children and cast out of Heaven. Because we chose to follow Heavenly Father and Jesus Christ, we were given the opportunity to come to Earth. While we're here on Earth, we continue to choose if we will follow Heavenly Father's plan. Jesus taught us how we should live, and his atonement allows us to be forgiven if we repent and turn our hearts to Him.

One day Jesus will come again in power and glory. He will be King of Kings. If we are faithful, we can live with Heavenly Father, Jesus Christ, and our families forever in the Celestial Kingdom.

## Points to Ponder:

**It says in Revelation 12:11 that Satan was overcome "by the word of their testimony". How can our testimonies of Jesus Christ help us overcome Satan today? (Discuss ideas)**

**How can we prepare ourselves for the second coming of Jesus Christ? (Discuss ideas)**

**How does knowing Heavenly Father's plan for us help us to make good choices? (Discuss ideas)**

**How does Heavenly Father's plan help us to be happy? (Discuss ideas)**

## Quote:

"The purpose of God's plan was to give His children the opportunity to choose eternal life. This could be accomplished only by experience in mortality and, after death, by postmortal growth in the spirit world.

God's great plan of happiness provides a perfect balance between eternal justice and the mercy we can obtain through the Atonement of Jesus Christ. It also enables us to be transformed into new creatures in Christ." *Dallin H. Oaks*



## Activity Time

**What you need:** A copy of “Go Home” activity (artwork included with this lesson), glue and scissors. Optional: cardstock.

### Preparation

1. **Print** out the artwork.
2. **Fold** along solid black line.
3. **Glue** together. Optional: For more durable cards glue a piece of cardstock between the two layers.
4. **Cut** along dotted lines.

### Activity:

(Younger children will need help from an older sibling or parent.)

1. Explain that we can learn correct principles and prepare for exaltation from each from each other's example. It is the duty of the family to teach and live these principles in our homes.
2. Play the “Go Home” card game.
  - A. Dealer shuffles cards.
  - B. Dealer gives each person 5 cards.
  - C. Stack remaining cards face down for a draw pile.
  - D. The player to dealer's left starts (clockwise). A turn consists of asking a specific player for a specific group that they already hold at least one card of in their hand. For example, if it is my turn I might say: “Mary, please give me all your 'Sharing' cards.” If the player who was asked (Mary) has cards of the asked group ('Sharing' in this case), she must give all her cards of this group to the player who asked for them. That player then gets another turn and may again ask any player for any group they have in their hand. (Help younger children by showing the card you are asking for to the group.)
  - E. If the person asked does not have any cards of the named group, they say “Go Home.” The asker must then draw the top card of the draw pile. If the drawn card is the group asked for, the asker shows it and gets another turn. If the drawn card is not the group asked for, the asker keeps it, but the turn now passes to the next person.
  - F. As soon as a player collects a book of 4 cards of the same group, they lead the group in sing the song on the card.
  - G. The game continues until all groups are collected. The winner is the person with the most groups.



# Personal Prayer



Children's Songbook #25  
"I Love to Pray"

# Personal Prayer



Children's Songbook #25  
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# Personal Prayer



Children's Songbook #25  
"I Love to Pray"



Children's Songbook #189  
"Family Prayer"



# Family Prayer



Children's Songbook #189  
"Family Prayer"



# Family Prayer

# Scripture Study



Children's Songbook #109  
"Search, Ponder and Pray"



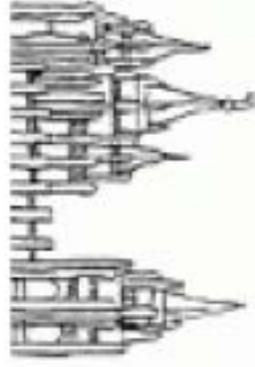
# Scripture Study



Children's Songbook #109  
"Search, Ponder and Pray"



# Temple Work



Children's Songbook #95  
"I Love to see the Temple"

# Temple Work



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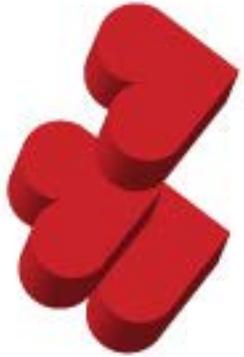
Loving  
One Another



Hymn #294  
"Love At Home"



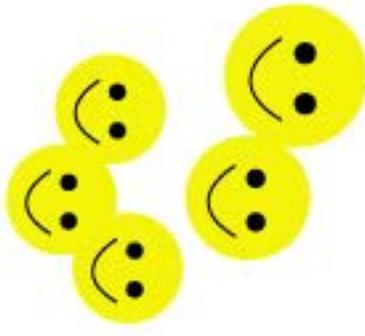
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Being Happy



Children's Songbook #198  
"A Happy Family"



Being Happy

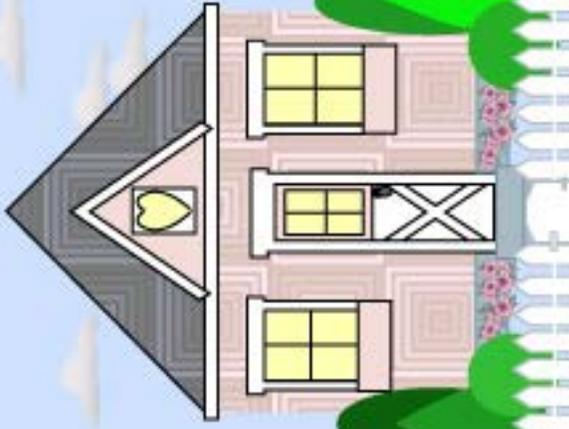


Children's Songbook #198  
"A Happy Family"

# Going to Church



Children's Songbook #157  
"When I Go to Church"



Children's Songbook #150a  
"I'm Glad to Pay a Tithing"

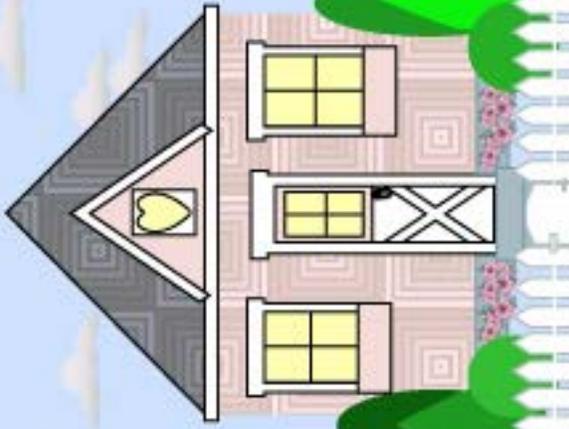


# Paying Tithing

# Going to Church



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# Paying Tithing

# Following God's Plan



Children's Songbook #164  
"I Will Follow God's Plan"



# Following God's Plan

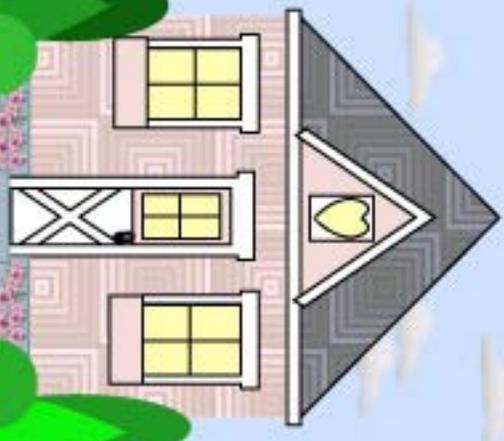


Children's Songbook #164  
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Children's Songbook #198  
"When We're Helping"

# Helping One Another



Children's Songbook #198  
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# Helping One Another

# Family Home Evening



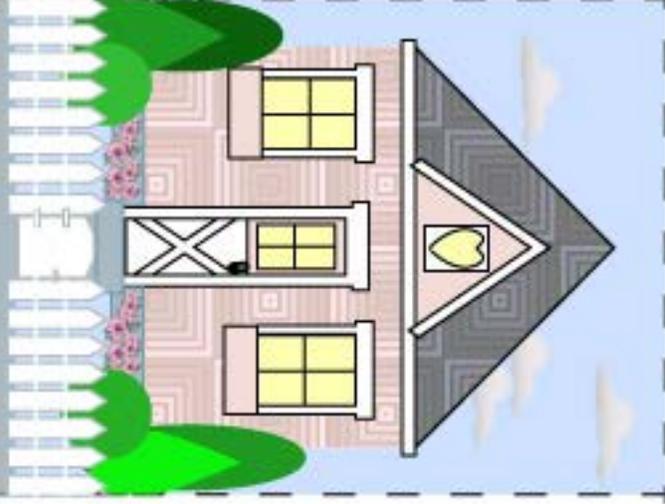
Children's Songbook #195  
"Family Night"



# Family Home Evening



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"Family Night"



Children's Songbook #253  
"Sharing with my  
Family is Fun to Do"



# Sharing

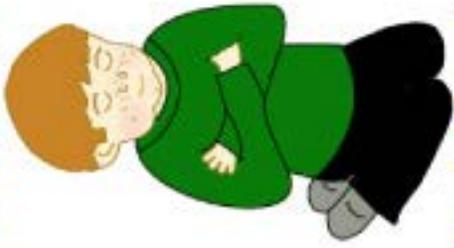


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# Sharing

# Personal Prayer



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# Scripture Study



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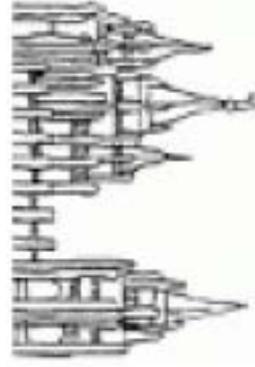
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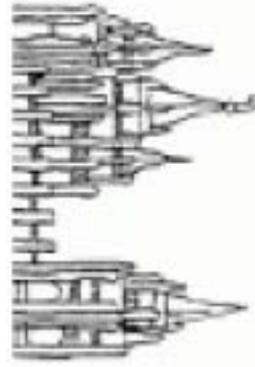


# Temple Work

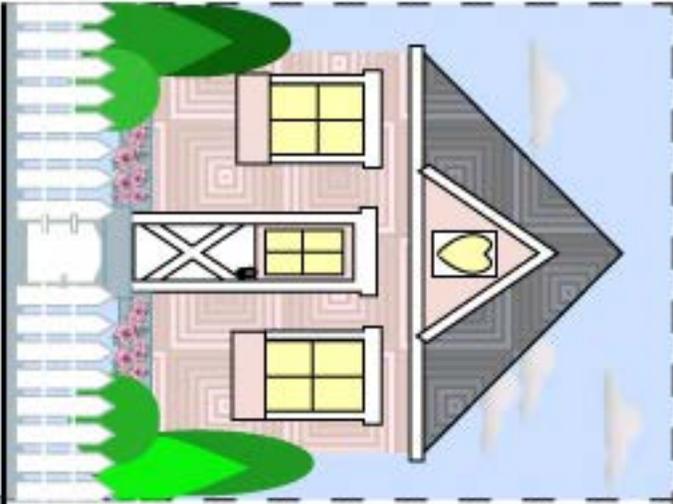


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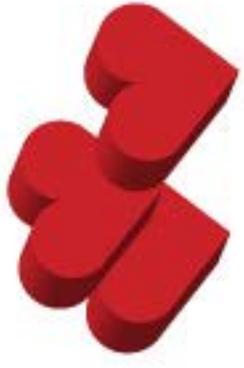
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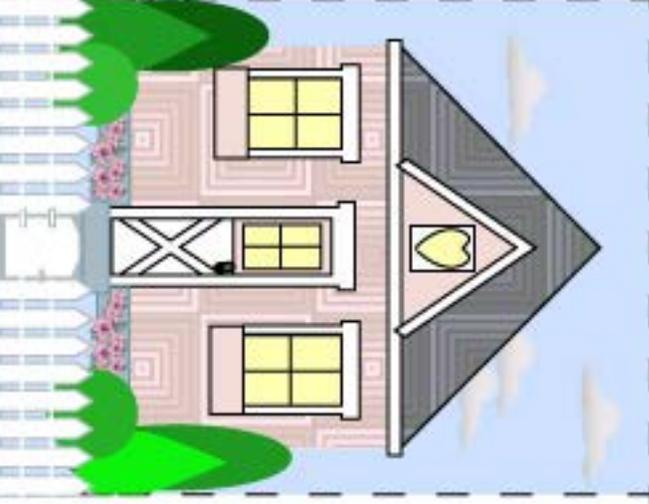
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Five yellow smiley faces of varying sizes, arranged in a cluster.

Being Happy

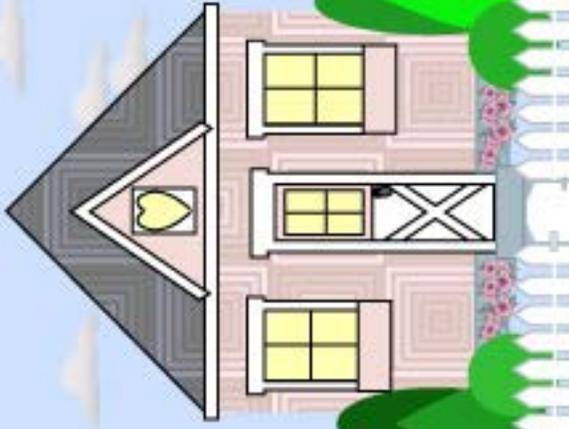
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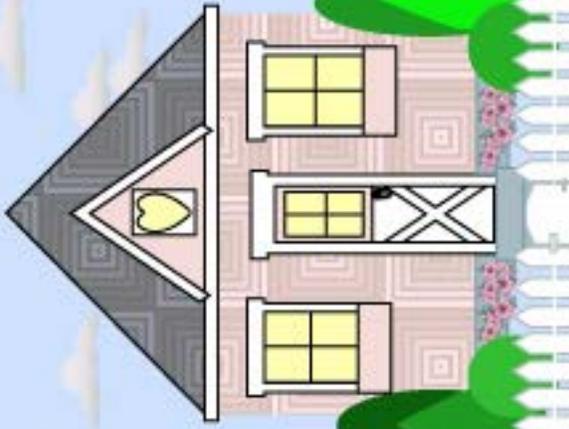


# Paying Tithing

# Going to Church



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# Paying Tithing



# Family Home Evening



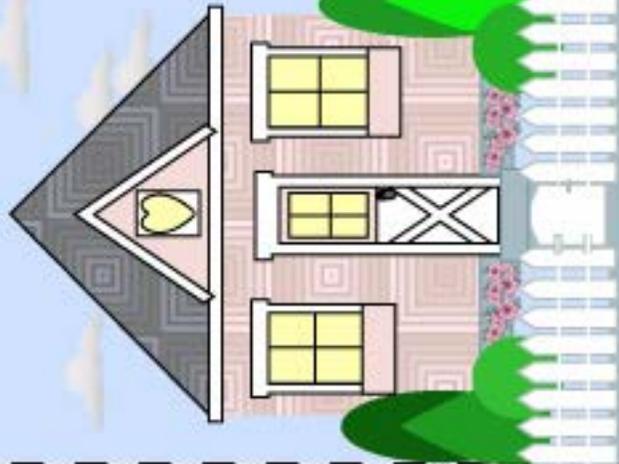
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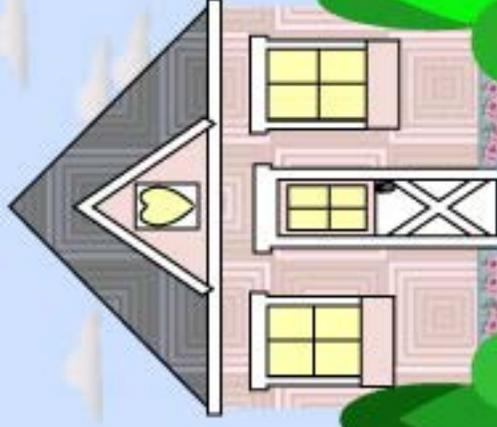
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# Following God's Plan



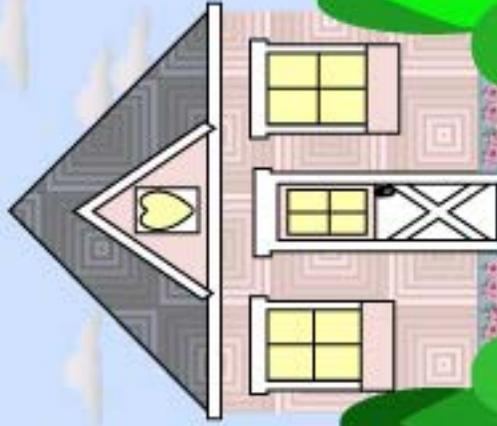
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# Following God's Plan



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# Helping One Another



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# Treat Time

**Approximate Time: 15 minutes**

**Prep Time:** 5 minutes

**Cook Time:** 10 minutes

## Caramel Popcorn Homes

- 1 c. brown sugar
- 1 cube butter or margarine
- 1/4 c. white corn syrup
- 1 tsp. vanilla extract.
- 1/2 tsp. baking soda
- 1/2 tsp. salt (omit salt if using salted popcorn)
- 2 bags of microwave popcorn or 4 quarts of regular popped corn



### **Treat Time:**

Show your family the ingredients for the popcorn houses. Explain that each ingredient is important for the recipe to come together to make the yummy popcorn homes. Explain that each family member is like the ingredients. Each of us has our own strengths and talents. By ourselves we can do many things, but when we come together we can shape our house into a home and help each other follow God's plan.

Cook popcorn according to package directions. Pour into an extra large bowl. Remove any unpopped kernels. Place brown sugar, butter, corn syrup and vanilla in a 2 quart glass bowl. Microwave on high for three minutes. Remove from microwave oven and stir. Return to microwave and cook on high for an additional one and one half minutes. Stir in baking soda (this is fun for children to watch the chemical change that takes place). Pour over popcorn. Stir until popcorn is evenly coated. Give each family member a handful of caramel corn to shape into a "Popcorn Home."

**Closing Prayer** and blessing on the food.