



NEW TESTAMENT 2019

Come Follow Me
with
Living Scriptures
STREAMING

By Faith

Hebrews 7-13

Objectives:

- Talk about the importance and power of faith.
- Emphasize that ancient prophets prophesied of Jesus Christ

Reinforces Principles of:

- Faith
- Sacrifice

This Lesson contains 4 activities:

Choose the activities that fit your family's schedule.

Use on Mondays to introduce the topic, or the following Sunday to review.

Reverence Time: Song, prayer, scripture and video clip

Lesson Time: Lesson summary and points to ponder

Activity Time: Object lesson or activity

Treat Time: Prayer, theme related recipe



Reverence Time

Approximate Time: 5 minutes

Sing Together: “Faith” Children’s Songbook page 96
If you wish to print sheet music or have an online music file to accompany you visit:
<https://www.lds.org/music/library/childrens-songbook/faith>

Prayer:

Scripture Time: Hebrews 11:1

1 Now faith is the substance of things hoped for, the evidence of things not seen.

Video Clip: Watch clips from the Living Scriptures Streaming Library. You can find the clip at
<https://www.livingscriptures.com/fhe-lesson-by-faith>



Lesson Time

Approximate Time: 10-15 minutes

Lesson

Summary: In these chapters, we are reminded that ancient prophets taught of Jesus Christ. The ordinances performed in the traveling temples, or tabernacles by the Israelites were symbolic of the atonement of Jesus Christ. The ordinances we perform in the church today also point us to Jesus Christ.

In Hebrews 11 it tells how the faith of the prophets from the time of Adam down to Jesus Christ brought about miracles. Noah had faith and built an ark to save his family from the flood. Abraham had so much faith that he was willing to sacrifice Isaac, and the Lord blessed him and his posterity. Moses had faith to leave the house of Pharaoh where he was raised and lead his people out of bondage, and the Red Sea was parted for him and his people. Do you know other people (in the scriptures, in your family, or in your community) who are examples of faith?

Points to

Ponder: **Can you name some of the ordinances of the church? How do they point you to Jesus Christ?**
(Discuss ideas)

Did prophets teach of Jesus Christ before He was born? (Yes, he is Jehovah and the Messiah of the Old Testament)

What is faith? (Discuss ideas).

How can you show your faith in Jesus Christ? (Discuss ideas)

Quote: “We read of the unchangeable Lord in the holy scriptures. In the Bible... the Old Testament prophets from Adam to Malachi are testifying of the divinity of the Lord Jesus Christ and our Heavenly Father. Jesus Christ was the God of the Old Testament, and it was He who conversed with Abraham and Moses. It was He who inspired Isaiah and Jeremiah; it was He who foretold through those chosen men the happenings of the future, even to the latest day and hour.” *President Spencer W. Kimball*



Activity Time

What you need: A copy of “Bible charades”, scissors, a hat or bowl

Preparation: Print the “Bible charades” story strips and cut apart. Place the strips into a hat or bowl.

Activity: Explain: In Hebrews 11, several ancient prophets are mentioned. Each of these prophets had an obstacle to overcome. Through their faith, the Lord was able to help them through their trials, sometimes in miraculous ways. We’re going to act out some of these stories and others from the Old Testament.

Play the game: To play, choose someone to go first. That person will draw a story strip and act out the story without using any words. The rest of the family tries to guess which story they are acting out. Once the story is guessed, another person takes a turn to draw a story strip and act out a story. Continue playing until all stories have been acted out, or everyone has had a turn.





Sara had faith. Even though she was old, she knew the Lord would fulfill his promise that she would have a son. Eventually she had a son named Isaac.



Abraham had faith. Even though he didn't want to do it, he obeyed the Lord when he commanded him to sacrifice his son Isaac. The Lord stopped him and blessed him.



Moses was saved from the Egyptians when his faithful mother placed him in a basket and floated him in the river. An Egyptian princess found him and raised him.



Moses had faith. He led the Israelites out of Egypt. He and his people escaped the Egyptian armies when the Lord parted the Red Sea for Moses.



David had faith. Even though Goliath was bigger and stronger, David knew the Lord would help him fight him and save his people.



Elijah had faith. He proved to the king that the false god Baal was not real, but that the God of Abraham was the one true God. The Lord consumed his sacrifice with fire even though it was wet.



Esther had faith. She came before the king and asked him to save her people, even though she knew that speaking to the king without being asked could mean that she would be killed.



Daniel had faith. He continued to pray to God, even though the king made a law against it. He was thrown into the lion's den, but was saved from the lions.



Treat Time

Approximate Time: 65 minutes

Prep Time: 5 minutes

Bake Time: 30 minutes

Cool Time: 30 minutes

Butterscotch “Altars”

2 cups brown sugar
1/2 cup melted butter (1 stick)
2 eggs
2 cups flour
2 tsp. baking powder
1/2 tsp. salt
1 tsp. vanilla
3 Tbs. powdered sugar (optional)
Small bag of pretzel sticks



Add melted butter to sugar. Stir until well blended. Remove from stove and add eggs. Beat well. Add flour, salt, baking powder and vanilla. Pour into prepared 13” x 9” square pan. Bake in preheated oven at 325 degrees F. for 30 minutes. Dust with powdered sugar if desired. Cool in pan for 30 minutes. Cut into bite-size squares.

Treat Time: Stack the Butterscotch squares to build an altar. Place the pretzel sticks on top for firewood. Use the pretzel sticks to pick up the squares to eat. Recipe makes 4–6 altars, depending on how small you cut your squares.

To sacrifice is to give up something valuable or important for somebody else. Sacrifice is an important part of the gospel of Jesus Christ. Unlike animal sacrifices of old, today we offer our means, time, and a desire to repent in order to follow Jesus Christ. When we sacrifice it helps us remember Jesus Christ’s atoning sacrifice for all of Heavenly Father’s children who have lived and will live upon the earth.

Closing Prayer and blessing on the food.