



NEW TESTAMENT 2019

Come Follow Me
with
Living Scriptures
STREAMING

Unity & Love

1 Corinthians 8-13

Objectives:

- Talk about unity in our family, church, and neighborhood
- Emphasize the importance of loving and helping others

Reinforces Principles of:

- Unity
- Love

This Lesson contains 4 activities:

Choose the activities that fit your family's schedule.

Use on Mondays to introduce the topic, or the following Sunday to review.

Reverence Time: Song, prayer, scripture and video clip

Lesson Time: Lesson summary and points to ponder

Activity Time: Object lesson or activity

Treat Time: Prayer, theme related recipe



Reverence Time

Approximate Time: 5 minutes

Sing Together: “I’ll Walk With You”, Children’s Songbook page 140
If you wish to print sheet music or have an online music file to accompany you visit:
<https://www.churchofjesuschrist.org/music/library/childrens-songbook-ill-walk-with-you>

Prayer:

Scripture Time: 1 Corinthians 12:12

12 For as the body is one, and hath many members, and all the members of that one body, being many, are one body: so also is Christ.

Video Clip: Watch a clip from the Living Scriptures Streaming Library, *The Bible Project*).
You can find the clip at <https://www.livingscriptures.com/fhe-lesson-unity-and-love>



Lesson Time

Approximate Time: 10-15 minutes

Lesson

Summary: As Paul continued his message to the Corinthians, he encouraged them to be unified and show love to each other. He compared the members of the church to members (or parts) of a body. Just as each part of your body helps the rest of your body to function, each member of the church is needed. Each of us has spiritual gifts that we can use to help each other and to serve God. (See 1 Corinthians 12:8-11 for a list of spiritual gifts Paul mentions.)

If one part of our body is hurt or sick, we try to make it well again. If someone else is hurt or afflicted, we should try to help them feel well again too. We can work together to lift and love each other, just like Jesus did.

Paul taught about a special kind of love called charity. When we have charity, we put others before ourselves. (See 1 Corinthians 13:4-8 for Paul's description of charity.)

Quote: "The unity we seek in our families and in the Church will come as we allow the Holy Ghost to affect what we see when we look at one another—and even when we think of each other. The Spirit sees with the pure love of Christ." *Henry B. Eyring*

Points to Ponder:

How are members of the church like members of a body? (Discuss ideas.)

What are some ways we can help others in our ward and neighborhood? (Discuss ideas)

How does helping each other help us be unified? (Discuss ideas)

What is a spiritual gift? (Discuss ideas.)

What spiritual gifts do we have in our family? (Notice and talk about the spiritual gifts each member in your family has.)

How can we help each other using our spiritual gifts? (Discuss ideas.)

What is charity? (Discuss ideas. See 1 Corinthians 13:4-8 for Paul's description of charity.)

How can we develop the spiritual gift of charity? (Discuss ideas)



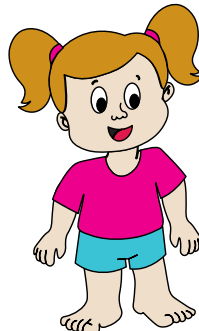
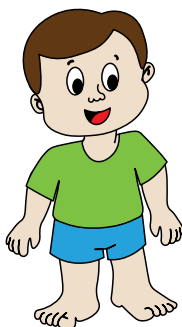
Activity Time

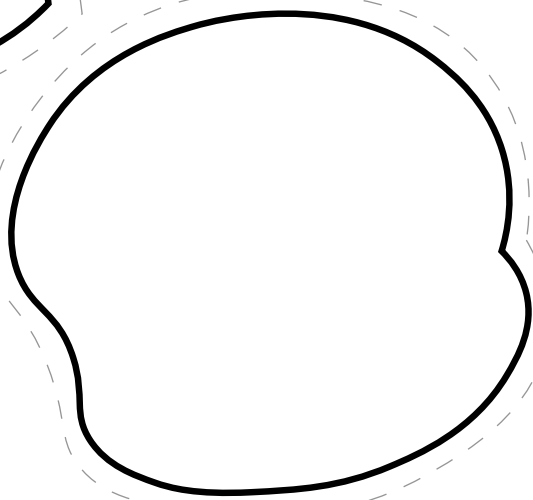
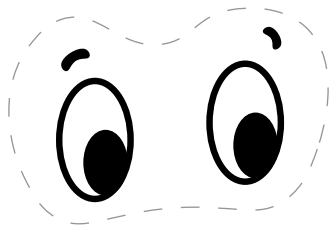
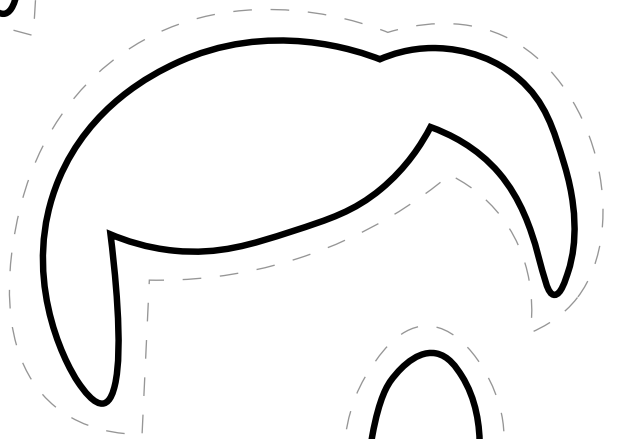
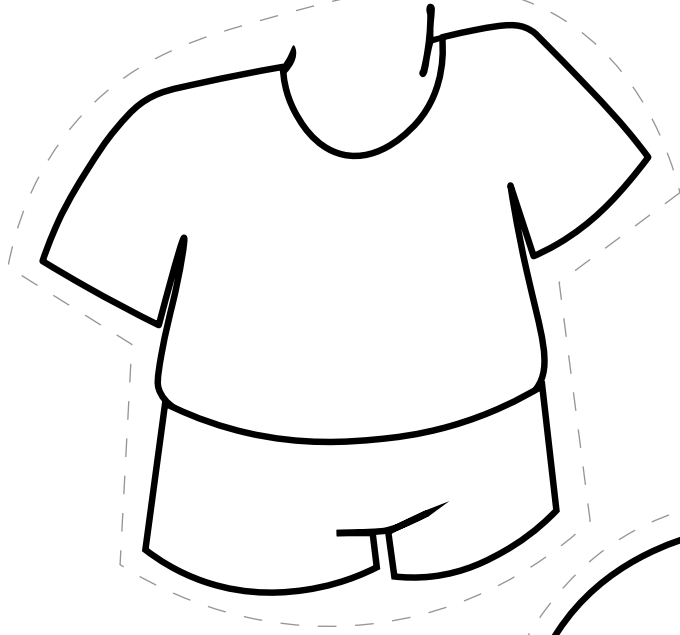
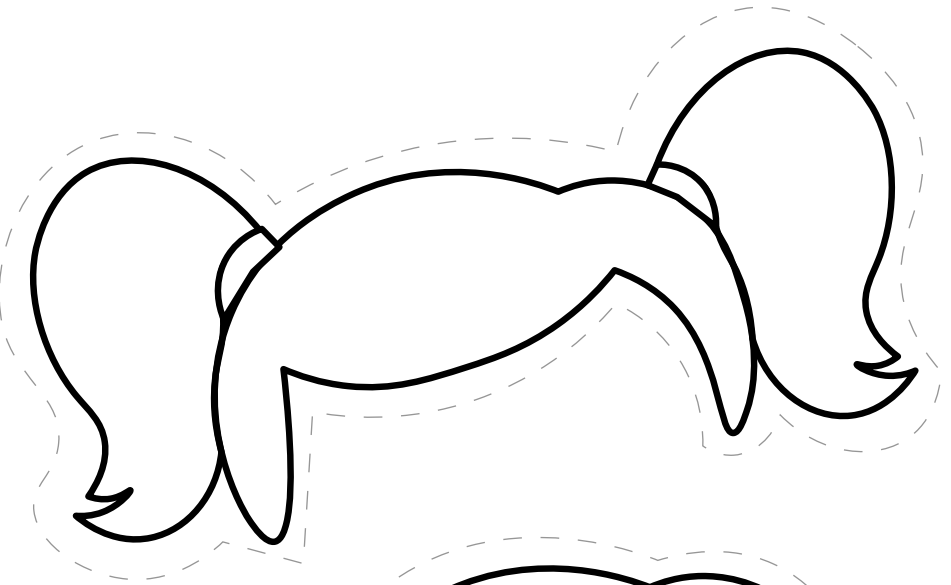
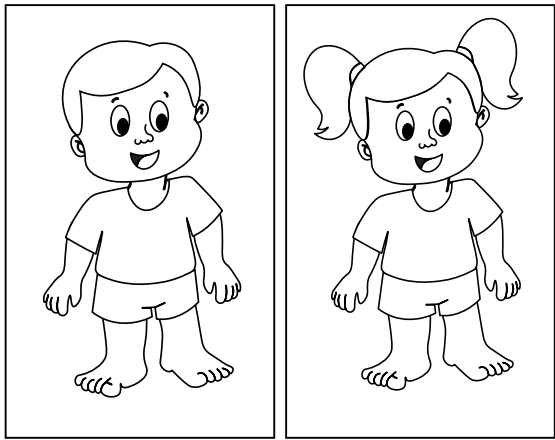
What you need: A copy of the “Members of the Body” activity for each family member, scissors, (optional: extra sheet of paper for each family member, glue, crayons)

Preparation 1. Cut out body parts for younger children (you can cut them out for older children and adults also if desired, or they can cut out their own during the activity)

Activity:

1. Explain: Paul taught that just as each member of our body is important, each person is important. We each have gifts and talents to help each other.
2. Read: 1 Corinthians 12:17.
3. Ask: What if your body was made only of an eye, or of only ears? Would it work properly? (Of course not.) Why do we need the different parts of our body? (they each do different things and work together to make one body)
4. Give each family member an activity sheet to cut out, or a complete set of pieces to put together a body. (They can choose a hairstyle to represent a girl or a boy). If desired, glue the pieces to a sheet of paper and color.
5. Read: 1 Corinthians 12:26-27
6. Explain: Paul taught that if one member is suffering, we all suffer - we can try to help others and ease their suffering. He also taught that if something good happens to others, we should rejoice with them. As we love and serve each other, we'll become more unified.
7. Ask: What do these verses teach us about how we should treat our family members? What about our class members? What about our neighbors?
8. Explain: Just as we unified the pieces of the body in our puzzles, we can help unify our family, classes, wards, and neighborhoods by being kind and showing love and concern for others.







Treat Time

Approximate Time: 25 minutes

Prep Time: 15 minutes

Cook Time: 10 minutes (per batch)

Friendship Cookies

1/2 cup margarine
1/2 cup shortening
1 cup brown sugar
1 cup white sugar
3 eggs
2 tsp vanilla
3 1/2 cups flour*
1 tsp baking soda
1 tsp salt
12 oz chocolate chips



Preheat oven to 375 degrees. Cream together margarine, shortening, and sugars. Add eggs and vanilla, mix well. Add flour, baking soda and salt and mix until combined. Stir in chocolate chips. Drop cookie dough by spoonfuls onto a baking sheet. Bake for 10 minutes or until lightly browned. Makes approx. 4 dozen

*Use 3 1/2 cups flour at higher altitudes (over 4000 feet) and less flour (3 cups) at sea level.

Closing Prayer and blessing on the food.

Treat Time: After you enjoy eating cookies with your family, make a plate or two and take them to another family who might enjoy them! Sharing with others is a great way to show love and build unity.