



Activity Time

What you need: A copy of the “Members of the Body” activity for each family member, scissors, (optional: extra sheet of paper for each family member, glue, crayons)

Preparation 1. Cut out body parts for younger children (you can cut them out for older children and adults also if desired, or they can cut out their own during the activity)

Activity:

1. Explain: Paul taught that just as each member of our body is important, each person is important. We each have gifts and talents to help each other.
2. Read: 1 Corinthians 12:17.
3. Ask: What if your body was made only of an eye, or of only ears? Would it work properly? (Of course not.) Why do we need the different parts of our body? (they each do different things and work together to make one body)
4. Give each family member an activity sheet to cut out, or a complete set of pieces to put together a body. (They can choose a hairstyle to represent a girl or a boy). If desired, glue the pieces to a sheet of paper and color.
5. Read: 1 Corinthians 12:26-27
6. Explain: Paul taught that if one member is suffering, we all suffer - we can try to help others and ease their suffering. He also taught that if something good happens to others, we should rejoice with them. As we love and serve each other, we'll become more unified.
7. Ask: What do these verses teach us about how we should treat our family members? What about our class members? What about our neighbors?
8. Explain: Just as we unified the pieces of the body in our puzzles, we can help unify our family, classes, wards, and neighborhoods by being kind and showing love and concern for others.



