



I Shall Go On Living

1 Corinthians 14–16

Objectives:

- Talk about how our knowledge of life after death affects the way we live.
- Emphasize the importance of temples.

Reinforces Principles of:

- Resurrection
- Temples

This Lesson contains 5 activities:

Choose the activities that fit your family's schedule.

Use on Mondays to introduce the topic, or the following Sunday to review.

Reverence Time: Song, prayer, scripture and video clip

Lesson Time: Lesson summary and points to ponder

Story Time: Story

Activity Time: Object lesson or activity

Treat Time: Prayer, theme related recipe



Reverence Time

Approximate Time: 5 minutes

Sing Together: “Did Jesus Really Live Again”, Children’s Songbook page 64
If you wish to print sheet music or have an online music file to accompany you visit:
<https://www.lds.org/music/library/childrens-songbook/did-jesus-really-live-again>

Prayer:

Scripture Time: 1 Corinthians 15:20-22

20 But now is Christ risen from the dead, and become the firstfruits of them that slept.

21 For since by man came death, by man came also the resurrection of the dead.

22 For as in Adam all die, even so in Christ shall all be made alive.

Video Clip: Watch a clip from the Living Scriptures Streaming Library, *Gordon B. Hinckley, A Giant Among Men* (The Modern Prophets). You can find the clip at
<https://www.livingscriptures.com/fhe-lesson-go-on-living>



Lesson Time

Approximate Time: 10-15 minutes

Lesson

Summary: Many of the new Christians in Corinth were confused about some of the things they had been taught. Many didn't believe in resurrection of the dead. In his letters to the Corinthians, Paul reminded them that because Jesus was resurrected, we can be resurrected too.

When we are resurrected, our bodies will be changed and become “incorruptible” as Paul taught, never to die again. Because we know we will be resurrected and live after we die, we know it is important to live the best we can while on the earth.

Paul also mentions that baptism for the dead was being performed in the church anciently, just as we do today. We can help our ancestors who died without a knowledge of the gospel have the opportunity to accept the gift of baptism by performing baptisms for the dead in temples. We can also be sealed to our families through temple ordinances. If we live worthily, we will have the opportunity to have the gift of eternal life and live in God's presence as families.

Points to Ponder:

Because Jesus Christ was resurrected, what blessings are promised to us? (Discuss ideas)

How does our knowledge of the resurrection affect the way we live? (Discuss ideas.)

How are mortal bodies different from resurrected bodies? (See 1 Corinthians 35-54)

What is the difference between immortality and eternal life? (Immortality is to live forever as a resurrected being. Through the Atonement of Jesus Christ, everyone will receive this gift. Eternal life is to live in God's presence as families. This is also a gift from Jesus Christ given after “all we can do” (2 Nephi 25:23) to obey the laws and ordinances of the Gospel.)

Where are the ordinances that seal families together for eternity performed? (In the temple.)

Why is the building of temples throughout the world important? (Discuss ideas.)

Quote:

“Now, the next thing of which I am certain, and of which I bear witness, is the Atonement of the Lord Jesus Christ. ... It affirms that we lived before we were born in mortality. Mortality is but a stepping-stone to a more glorious existence in the future. The sorrow of death is softened with the promise of the Resurrection.” *Gordon B. Hinckley*



Story Time

Approximate Time: 3 minutes

On the morning that Momma went home to Heavenly Father, the five children and Daddy sat in the front room, searching through photos. Grace, the eldest, gazed at the photo of the family all dressed in white. She remembered how happy they had been when their prayers had been answered and Daddy joined the church. Grace had been especially happy, because Daddy had been able to baptize and confirm her. Grace pictured her family standing together in front of one the two big mirrors facing opposite walls in the sealing room.

“What do you see?” Momma had asked the children.

“I can see forever,” Grace answered in awe.

“That's how long we're going to be a family,” Momma promised.

The memory brought comfort and a new trickle of tears down her cheeks. Grace caressed the picture, before handing it to Deanne.

“Oh, good. You found it,” Deanne said. “That's my favorite picture. The day we were sealed together for time and all eternity!” she exclaimed “I think we should display our temple picture next to the porcelain temple that Momma and Daddy had on their 50th wedding anniversary cake.”

“Momma would love that,” Suzanne said. “And let's display the latest family picture alongside the quote Momma framed, Let there be no empty chairs in our Heavenly home,” She added.

Daddy held up the big family picture. “It's hard to believe our little eternal family grew from seven to seventy-seven,” he said, before being overcome with emotion.

As the day went on, Grandma and Grandpa's house filled to the rim with family members—all coming together to find comfort, offer love and support and to share special memories of Grandma.

“One of my sweetest memories, after she started to lose her memory, was going to the temple with Momma and Daddy. I was so worried she would get lost. I held her hand and helped her throughout the ceremony,” Deanne shared. “It reminded me of the first time I went to the temple, but the roles were reversed. In the Celestial Room, the three of us sat quietly together, basking in the wonderful spirit. Momma didn't remember how to find her way home anymore, or even how to cook and sew, but she still knew the importance of the temple.”

“I remember, before Grandma got sick, she would say 'There's my Willem,' every time I came to visit,” eight-year old Willem said as he cuddled up next to Grandpa on the couch. “Did you know I was her favorite?” he whispered to Grandpa.

Grandpa smiled and nodded his head. After Willem went to play with his cousins, three-year-old Jordyn curled up in Grandpa's lap. “Gwama, was my favwite!” she exclaimed, “And I was her favwite too! Wasn't I, Gwampa?” Grandpa kissed her on the forehead. “Yes, you were, Princess.”

Next came five-year-old Paige who put her arms around Grandpa's neck. After declaring that she had been Grandma's favorite, she told Grandpa that it was okay to be sad, “but we need to be happy too,” she said, “because Grandma's not gone very far. She's just in heaven and she's waiting there for all of us.”

Tears streamed down Grandpa's cheeks. “That's right Paige,” he whispered, “and even though I'll miss her every single day until then, I'm happy she isn't sick anymore and has her memories back.”

One by one that day, each great-grandchild hugged Grandpa tightly. Each one knew that they were Grandma's favorite, and Grandpa knew that each one was right.

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Activity Time

Approximate time: 15 minutes

What you need: A copy of “Building Temples” activity (artwork included with this lesson) for each child
scissors and tape. Optional: Card stock and glue for added durability. Coloring tools.

Preparation

1. **Print** out the artwork.
2. **Optional:** Glue artwork to card stock.
3. **Cut** along dotted lines.
4. **Fold** along solid lines.

Activity: (Younger children will need help from an older sibling or parent.)

1. Ask: If we will all be resurrected and live again, why do we need to be baptized, keep the commandments, repent and receive temple ordinances? (Discuss ideas.)
2. Ask: Why is it important to live worthily to go to the temple? (Discuss ideas.)
“Temples of The Church of Jesus Christ of Latter-day Saints are sacred structures... Each is dedicated as a house of the Lord, a place of holiness and peace shut apart from the world. There truths are taught and ordinances are performed that bring knowledge of things eternal and motivate the participants to live with an understanding of our divine inheritance as children of God and an awareness of our potential as eternal beings.”
President Gordon B. Hinckley, Why These Temples? © Intellectual Reserve, Inc. All rights reserved.
5. Play the “Building Temples” activity: (See instructions on next page.)



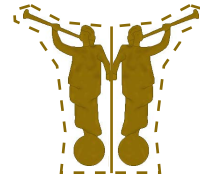
“Building a Temple” Activity Instructions

We build temples for:

- 1. Fold in tab A & B. Tape together to build walls. (Always apply tape to both sides.)**
The endowment ordinance (gift): In the temple we receive our own endowment (gift) from our Heavenly Father that helps prepare us for eternal life with Him.
- 2. Fold in tab C & D. Tape together to build walls.**
The sealing ordinance: In the temple, sealing ordinances are performed to help us be together forever as families. If a couple is married in the temple, all of their future children are also sealed to them. Families who have not yet been sealed should prepare to go to the temple. To be a family forever is a blessing given to those who are sealed in the temple and keep the promises they make there.
- 3. Fold in tab E. Tape part G to top to build roof.**
Baptisms for the dead: In the temple we can be vicariously (done by somebody as a substitute for someone else) baptized for people who have died and were not able to receive this ordinance while they lived on earth.
- 4. Fold in tab F. Tape part G to top to build roof.**
Endowment for the Dead: In the temple we can also be endowed vicariously for people who have died and were not able to receive this ordinance while they lived on the earth.
- 5. Fold and tape the Angel Moroni together to form a pocket. Slide onto steeple.**
Sealing for the Dead: In the temple we can also be sealed vicariously for families who have died and were not able to receive this ordinance while they lived on the earth.

Preparing to go to the temple:

Explain to your children that obeying these commandments will help them be worthy to go to the temple when they are older. (Read and discuss the words on the cards together. If time permits let children draw an illustration on the back of each card. Put cards into your temples with a promise to prepare and keep yourself worthy to go to the temple.



**A. Endowment.
Fold in.**

**B. Endowment.
Fold in.**

**F. Endowment for the Dead.
Fold in and then tape part "H" on top.**

**E. Baptisms for the dead.
Fold in and then tape part "G" on top.**

**D. Sealing.
Fold in.**

**C. Sealing.
Fold in.**

H. Tape on top of tab "F".

G. Tape on top of tab "E".

And verily, verily,
I say unto you,
that whatsoever
you seal on earth
shall be sealed
in heaven;
and whatsoever

you bind on earth,
in my name and
by my word, saith
the Lord, it shall be
eternally bound
in the heavens;...
(D&C 77:46)

PRAY

**OBEY
PARENTS**

**LOVE
ONE
ANOTHER**

**GO TO
CHURCH**

**PAY
TITHING**

**KEEP
THE
WORD
OF
WISDOM**

BE
HONEST

BE
CHASTE

SERVE
OTHERS

READ
SCRIPTURES

GAIN
AND
SHARE
TESTIMONY

HONOR
YOUR
CHURCH
LEADERS



Treat Time

Approximate Time: 2 hours

Prep Time: 5 minutes
Bake Time: 8 minutes
Chill Time: 30 minutes

Sugar Cookie Temples

3/4 c. sugar
 1/4 c. shortening
 1 t. vanilla
 1 egg
 2 1/2 c. flour
 1/2 t. baking soda
 1/2 t. baking powder
 1/4 t. salt
 1/4 c. + 2 T. cold water



Pre-heat oven to 350 degrees F. Cream together sugar, shortening, eggs and vanilla. Sift together flour, baking soda, baking powder and salt. Slowly mix in sifted, dry ingredients to the creamed ingredients. Add water. Continue to mix until a soft dough forms. Chill in refrigerator for 30 minutes. Roll out on a floured surface to 1/4-inch thickness. Cut out using pattern pieces. Bake on a prepared pan for 8 minutes. Cool before frosting.

Treat Time: Frost with your favorite white frosting. Build your temple cookies by using extra frosting as mortar between pieces. If desired; tint a small amount of frosting yellow to represent the Angel Moroni.

Closing Prayer and blessing on the food.

