

NEW TESTAMENT 2019

Come Follow Me
with
Living Scriptures
STREAMING

By His Grace

Romans 1-6

Objectives:

- Talk the Grace of God
- Emphasize how we can show faith in Jesus Christ

Reinforces Principles of:

- Grace
- Faith

This Lesson contains 4 activities:

Choose the activities that fit your family's schedule.

Use on Mondays to introduce the topic, or the following Sunday to review.

Reverence Time: Song, prayer, scripture and video clip

Lesson Time: Lesson summary and points to ponder

Activity Time: Object lesson or activity

Treat Time: Prayer, theme related recipe



Reverence Time

Approximate Time: 5 minutes

Sing Together: “He Sent His Son”, Children’s Songbook page 34
If you wish to print sheet music or have an online music file to accompany you visit:
<https://www.churchofjesuschrist.org/music/library/childrens-songbook-he-sent-his-son>

Prayer:

Scripture Time: Romans 5:2

By whom also we have access by faith into this grace wherein we stand,
and rejoice in hope of the glory of God.

Video Clip: Watch clips from the Living Scriptures Streaming Library, *The Bible Project*).
You can find the clip at <https://www.livingscriptures.com/fhe-lesson-by-his-grace>



Lesson Time

Approximate Time: 10-15 minutes

Lesson Summary:

Paul wrote several letters to the church to teach the gospel and unify the members of the church. One of the letters he wrote was to the church members in Rome – to the Romans.

Some of the church members in Rome were Jews who had grown up obeying the Law of Moses. Some of the church members were Gentiles (not Jews). They disagreed on which laws they should be obedient to. Were they still required to keep the Jewish laws, like eating certain foods, or doing certain things on the Sabbath? Some laws, such as animal sacrifice, were fulfilled through Jesus Christ's atonement and didn't need to be practiced anymore.

Paul taught the people about the Grace of God. He told the people that they weren't saved just because they kept the laws of Moses, but because of the gift of Grace Jesus had given us through His Atonement. Paul taught that anyone could receive that gift, whether they were Jews or Gentiles. He taught the people that they should have faith in Jesus Christ. We show our faith in Jesus Christ and our love for Him by keeping His commandments. Being obedient can also strengthen our faith in Jesus Christ and helps us to change our hearts to become more like Him. Through His Grace, we also receive strength and courage to do what He wants us to do.

Points to Ponder:

Why is it important to have faith in Jesus Christ? (Discuss ideas.)

Even though we can never do enough to “earn” God’s grace, He does ask us to do certain things to receive it. What can we do to receive His Grace? (Discuss ideas)

How will doing these things show our faith in Jesus Christ? (Discuss ideas)

How will doing these things strengthen our faith in Jesus Christ and change our hearts? (Discuss ideas)

Quote:

“Grace is a gift of God, and our desire to be obedient to each of God’s commandments is the reaching out of our mortal hand to receive this sacred gift from our Heavenly Father.”

Dieter F. Uchtdorf



Activity Time

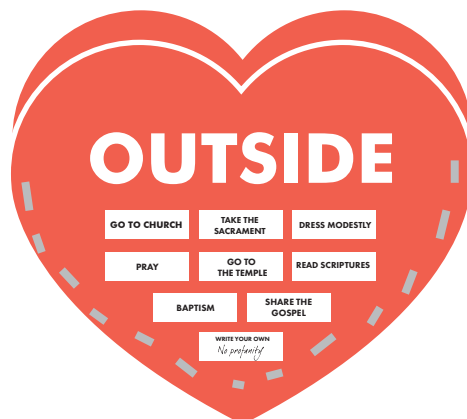
What you need: A copy of the “Change of Heart” activity (artwork included with this lesson), scissors, stapler, tape or glue

Preparation

1. Print and cut out the artwork and word strips.
2. Staple the “inside” heart behind the “outside” heart around the edges to form a pocket, leaving the top open.

Activity:

1. Explain: It's important to be obedient, but it's also important to be obedient for the right reasons. What we do on the outside can help us change on the inside, and how we feel on the inside will change what we do on the outside.
2. Ask: What are some things our family does to show our faith in Jesus Christ?
3. Have the family sort through the word strips to find things we can do to show our faith in Jesus Christ. Tape or glue the appropriate word strips to the outside heart. Use the “write your own” wordstrips to write down additional ideas your family comes up with.
4. Discuss: These are outward expressions of our love for and faith in Jesus Christ. Love & faith are what we feel on the inside. How do we feel when we keep the commandments? (more love, happiness, joy, faith, etc.)
5. Have the family read the remaining word strips about how we feel on the inside when we keep the commandments. Use the “write your own” wordstrips to write down any additional ideas. Let them put them inside the heart pocket.
6. Ask: What do we want to do when we feel love, happiness, joy, and faith? (Keep the commandments). Our hearts can be changed when we keep the commandments because of our love for and faith in Jesus Christ. Our actions change too, because we want to be more like Jesus Christ.
6. Ask: What if we keep the commandments just so we don't get in trouble? Or because of what people might think? Does that help our faith grow? (Discuss ideas)
7. Ask: What if we have faith in Jesus Christ, but we don't keep his commandments? What will happen to our faith? (Discuss ideas).





OUTSIDE



INSIDE

DRESS MODESTLY	TAKE THE SACRAMENT	LOVE FOR JESUS	JOY
READ SCRIPTURES	GO TO THE TEMPLE	PEACE	COMFORT
SHARE THE GOSPEL	WRITE YOUR OWN	TESTIMONY	WRITE YOUR OWN
GO TO CHURCH	WRITE YOUR OWN	FAITH	WRITE YOUR OWN
PRAY	WRITE YOUR OWN	INTEGRITY	WRITE YOUR OWN
BAPTISM	WRITE YOUR OWN	PURITY	WRITE YOUR OWN



Treat Time

Approximate Time: 15 minutes
(not including 3 hour set time)

Prep Time: 10 minutes

Set Time: 3 hours

Gelatin Hearts

Ingredients:

2 6oz Gelatin Dessert packages (your favorite flavor)

2 1/2 cups boiling water



Prepare gelatin: Mix contents of gelatin packages with boiling water in a bowl. Stir 2 minutes until dissolved. Pour mixture into a 13 x 9 inch pan. Let gelatin set in the refrigerator for 3 hours or until firm.

Treat Time: Let family members cut heart shapes from set gelatin with cookie cutters.

Closing Prayer and blessing on the food.