

An illustration of Jesus, wearing a white robe with a brown sash, pointing towards the right. In the foreground, a man with dark hair and a red headband looks towards Jesus. The background shows a blue sky with green palm trees.

NEW TESTAMENT 2019

Come Follow Me
with
Living Scriptures
STREAMING

From This Day On

Acts 6-9

Objectives:

- Talk about doing what Jesus would have us do and make a commitment to follow Him.

Reinforces Principles of:

- Commitment

This Lesson contains 5 activities:

Choose the activities that fit your family's schedule.

Use on Mondays to introduce the topic, or the following Sunday to review.

Reverence Time: Song, prayer, scripture and video clip

Lesson Time: Lesson summary and points to ponder

Story Time: Story

Activity Time: Object lesson or activity

Treat Time: Prayer, theme related recipe



Reverence Time

Approximate Time: 5 minutes

Sing Together: Children's Songbook #148 "I Want to Live the Gospel."
If you wish to have an online music file to accompany you visit:
<https://www.lds.org/music/library/childrens-songbook/i-want-to-live-the-gospel>

Prayer:

Scripture Time: Acts 9:4-6
4 And he fell to the earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou me?

5 And he said, Who art thou, Lord? And the Lord said, I am Jesus whom thou persecutest: it is hard for thee to kick against the pricks.

6 And he trembling and astonished said, Lord, what wilt thou have me to do? And the Lord said unto him, Arise, and go into the city, and it shall be told thee what thou must do.

Video Clip: Watch clips from the Living Scriptures Streaming Library, *Saul of Tarsus* (The Dramatized New Testament). You can find the clip at <https://www.livingscriptures.com/fhe-lesson-from-this-day-on-saul>



Lesson Time

Approximate Time: 10-15 minutes

Lesson

Summary: Saul persecuted the followers of Jesus. He would send people to prison if they believed in Jesus Christ. One day, as Saul was traveling to Damascus to find more of Jesus's disciples to cast into prison, a bright light appeared to him, and he heard a voice saying, "Saul, Saul, why persecutest thou me?" It was the voice of Jesus Christ. Saul asked "What wilt thou have me to do?" From that day on, Saul stopped persecuting the church, and instead taught people about Jesus Christ and bore his testimony that Jesus Christ is the Son of God.

Points to Ponder:

Why do you think Saul decided to change? (Discuss ideas.)

How can we know what Jesus wants us to do? (Discuss ideas.)

How can doing the will of the Lord help us live happier lives? (Discuss ideas.)

What will help us keep our commitment to follow Jesus Christ? (Discuss ideas.)

Quote:

"As you commit now to do the will of the Lord, He will help and strengthen you. Your faith, trust, and desire to follow Him will be your greatest key to success. ...As you commit now to do the will of the Lord, He will help and strengthen you. Your faith, trust, and desire to follow Him will be your greatest key to success." *John B. Dickson*



Story Time

Approximate Time: 3 minutes

Jayden Passes the Test

“Encyclopedia?” Father asked, after handing Jayden a plate filled with pancakes and sausage.

Jayden confidently recited, “E-N-C-Y-C-L-O-P-E-D-I-A.”

Father ruffled Jayden’s hair. “Good job, son. I’m proud of you for studying so hard. I wouldn’t be surprised if you could spell every one of your spelling words backwards if you wanted.”

Jayden smiled. He had been tempted to not study when his father had told him to, but he remembered, the lesson they’d had on Sunday. Thinking about the question, “What would Jesus have me do?” had helped him make the choice to obey his parents.

David, slid into the bus seat next to Jayden. “Are you still studying for the big spelling test?” he asked.

Jayden shut the book. “I’ve studied for about a jillion hours. How ’bout you?”

David shook his head. “I don’t need to study. Spelling’s easy for me!”

“Number your papers from 1 to 50,” Mrs. Thompson told the class. She then began the test, “Number one, junction. There was a junction in the road. Two, temperature. The temperature was ten degrees below zero...”

Jayden smiled when the spelling of each word seemed to jump out of his head and onto the paper.

“...Fifty-nine, encyclopedia. The encyclopedia is a good resource book.”

Jayden quickly wrote down his answer. David wrote down “E-N-C,” but wasn’t sure if the next letter was a ‘Y’ or an ‘I.’ After making sure Mrs. Thompson wasn’t looking, he poked Jayden in the back and whispered, “Move your head so I can see your answer.”

Jayden looked up to see if Mrs. Thompson was watching, but she seemed to be absorbed in the spelling book. Jayden turned to his best friend's pleading eyes. He really wanted to help David and Mrs. Thompson wouldn't even know, but then he remembered the question again: "What would Jesus have me do?"

Jayden kept his paper blocked from David's view and slowly shook his head "no."

Just before the bell rang, Mrs. Thompson asked David and Jayden to stay after class. Jayden felt sick. She knew. "What if she doesn't believe me?" he thought. Then a peaceful feeling came over him. "It's going to be okay. I didn't do anything wrong."

After excusing the other students Mrs. Thompson approached their desks. "I know what took place during the spelling test," she said. "You're very lucky Jayden is such a good friend, David!"

David looked puzzled. "A good friend would of let me copy his paper," he thought.

"Because Jayden was a good enough friend to not let you cheat," she explained, "I'm not going to give you an 'F' on the spelling test."

David's face turned red and the anger he felt towards Jayden melted away.

"But, it had better not happen again," Mrs. Thompson warned.

After dinner, Jayden told his parents what had happened during the test and about the good feeling he felt inside. "Doing what's right really does make you happy! Doesn't it?"

"It always works for me!" Father exclaimed.

Mother gave Jayden a big hug and whispered in his ear, "I want you to always remember that when you're doing what's right, it not only makes you happy, it makes Daddy, me and Heavenly Father happy too."

That night Jayden knelt beside his bed. "Thank you, Heavenly Father," he prayed, "for helping me to do what Jesus wants me to do."

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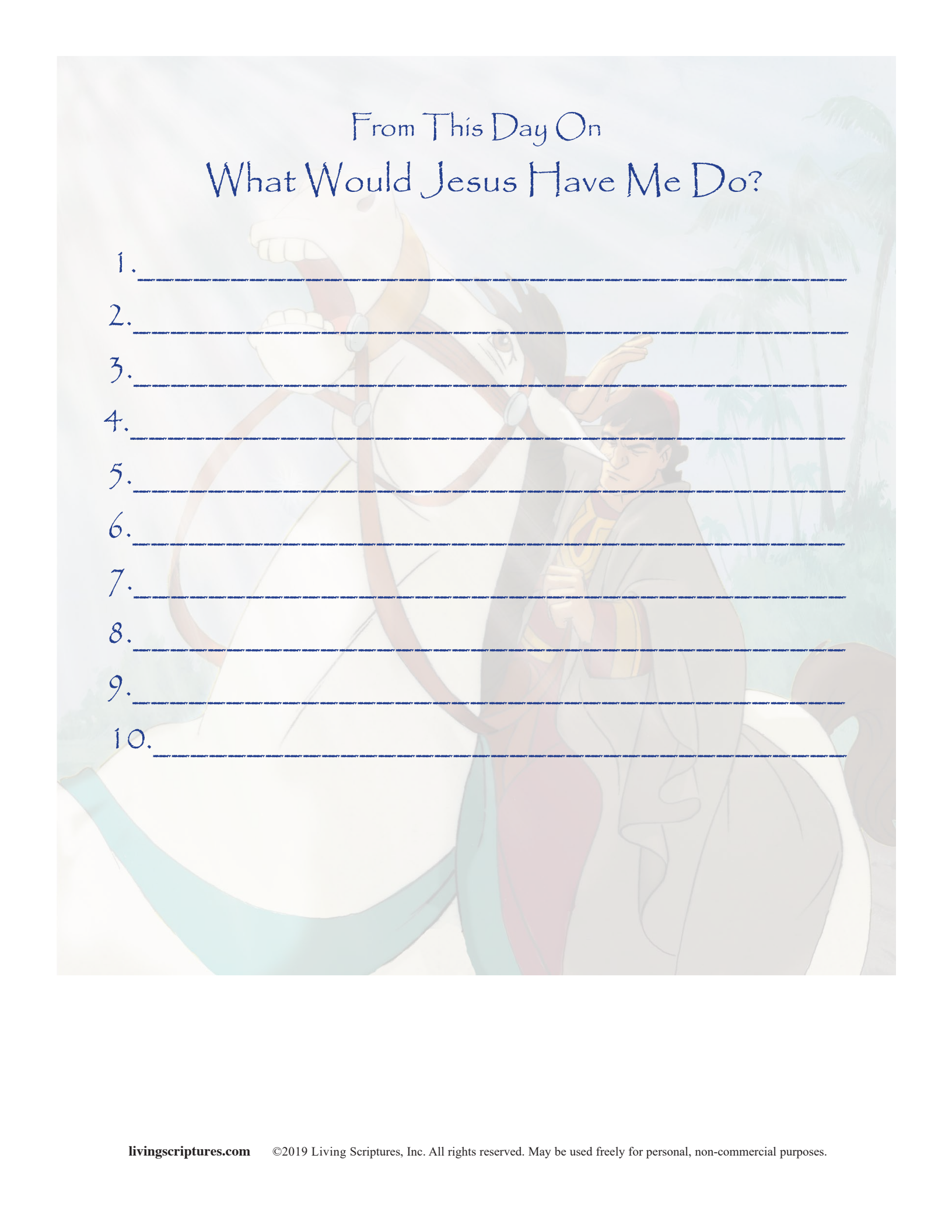
Activity Time

What you need: A copy of “From This Day On” activity for each family member (artwork included with this lesson) and a pen or pencil for each family member.

Preparation 1. **Print** out the artwork.

Activity: (Younger children will need help from an older sibling or parent.)

1. Talk about how, after repenting, Saul resolved to devote his life to serving the Lord. Ask: What are some of the things Saul did to change? (Discuss ideas.)
2. Ask: What can we do to follow Saul’s example? (Discuss ideas.)
3. Discuss how making a commitment to better serve the Lord “from this day on” will help us live happier lives.
4. Give each member a copy of the “From This Day On” activity and a pen or pencil and have them write down ten ways they can do what Jesus would have them do. Guide children in making realistic goals such as saying their prayers, reading scriptures, being honest, being kind to others, obeying parents.
5. Ask: After deciding to change what else did Saul need to do in order to help him keep his promise? (Make a commitment to change.)
6. Ask: Will you make a commitment to try to do what Jesus would have you do?
7. After making a commitment, what other things can we do that can help us keep our commitment? (Discuss ideas such as; prayer, taking one day at a time, using positive affirmations, keeping a journal on your progress, etc.)
8. Talk about how none of us are perfect and there will be times that we will fail to keep our commitment. Ask: What can we do when this happens? (Discuss ideas.)
9. Have family members hang their lists in their rooms as a reminder of their commitment to serve the Lord from “this day on.”



From This Day On
What Would Jesus Have Me Do?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____



Treat Time

Approximate Time: 30 minutes

Prep Time: 5 minutes

Bake Time: 20 minutes

“Turnover” A New Leaf

3 C. Bisquick®

1/2 C. milk

3 T. sugar

5 T. melted butter (divided)

20 drops green food coloring

1 (21 oz.) can fruit pie filling

Powdered sugar (optional)



Combine Bisquick and sugar. Add milk, food coloring and 3 T melted butter. Mix until a soft ball forms. Knead on a lightly floured surface for 30 seconds. Divide dough into twelve balls.

Treat Time: Give each family member a ball of dough. Flatten dough with the palm of your hand into 1/4 inch thick ovals. Top with 1 T pie filling. Fold in half; press edges together with tines of fork. Pinch one end together to form a small stem. Draw veins on your leaf with the edge of fork tine or with a tooth pick.

Place on a lightly greased cookie sheet. Brush tops with melted butter.

Bake in 375 degree F. oven for 20 minutes.

Before serving, brush tops with remaining melted butter and sprinkle with powdered sugar if desired.

Closing Prayer and blessing on the food.

Note: To “turnover” a new leaf means that you are committing to change your life for the better.