



## Activity Time

**What you need:** A copy of the “Framed in Faith” activity per child, scissors, glue, cardstock, tape, colored pencils, crayons or markers, mustard seeds and a “4x6” or “5x7” photo of each child.

**Preparation** 1. Glue artwork to cardstock.  
2. Cut out frame and the center rectangle that fits your photo.

**Activity:** (Younger children will need help from an older sibling or parent.)

1. Read: “And the Lord said, If ye had faith as a grain of mustard seed, ye might say unto this sycamine tree, Be thou plucked up by the root, and be thou planted in the sea; and it should obey you.” (Luke 17:6 )

2. Ask: How big is a mustard seed? (Discuss ideas.)

3. Give each child a mustard seed. Explain: “Jesus spoke of the enormous power that a tiny seed of faith contained. In addition to belief, faith is also a principle of action and power. ... Such faith is a great tool to do the Lord’s work. ... As the Apostles watched Jesus calm roiling waves of Galilee, raise Lazarus from the dead, walk on water, and cause the man blind from birth to see, they desired greater faith that would enable them to participate in similar miracles.” *John K. Carmack, Ensign, Mar 2002 © Intellectual Reserve, Inc. All rights reserved.*

4. Ask: Did the Apostles gain enough faith to use their priesthood to perform similar miracles ? (Discuss ideas.)

5. Ask: How can we use our faith to help the Lord’s work move forward? (Discuss ideas. Examples: Be a good example, share the gospel, pray for the needs of others, etc.)

6. Read: “When you, my dear young friends, frame your life with faith, you will merit the companionship of the Holy Ghost. You will have ‘a perfect brightness of hope’ (2 Ne. 31:20).” *Thomas S. Monson, Friend, July 2006 © Intellectual Reserve, Inc. All rights reserved.*

7. Give each child a frame to color. Glue frame to a piece of cardstock along the sides and bottom, leaving top open. Put picture in the frame through the top opening. Tape in place if needed. Glue mustard seeds onto the front of frame.

8. Bear your testimony of faith and encourage children to look at their picture each day to help them remember to have faith in Jesus Christ and to use that faith to make their lives and the lives of others brighter.



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