



Activity Time

What you need: A copy of the “Peace, Be Still” activity (artwork included with this lesson), scissors, glue, tape, stapler, cardstock and scriptures.

Preparation

1. **Print** out the artwork.
2. **Glue** all artwork except sail, mast and cards to cardstock.
3. **Cut** out artwork.
4. **Staple** boat body together, leaving top open. Cut along dotted lines. Place boat on stand.
5. **Roll** and tape mast to form a cylinder. Glue sail to mast and place in boat.
6. **Fold** and glue the Jesus figure together and place on stand. Place on board at the START.

Activity:

(Younger children will need help from an older sibling or parent.)

1. **Read:** Robert D. Hales taught, “We are living through turbulent times. A great storm of evil has come upon the earth. The winds of wickedness howl about us; the waves of war beat against our ship. ... It is true that ominous clouds gather around us, but just as the Savior’s words brought peace to the Apostles in the boat, they bring peace to us today.” *General Conference, April 2003* © Intellectual Reserve, Inc. All rights reserved.

2. **Explain:** Our lives are like the apostles’ boat. Sometimes the sailing is smooth and other times we’re tossed about in the storm and the only way we can find peace during these storms of life is to invite the Savior into our boat (lives).

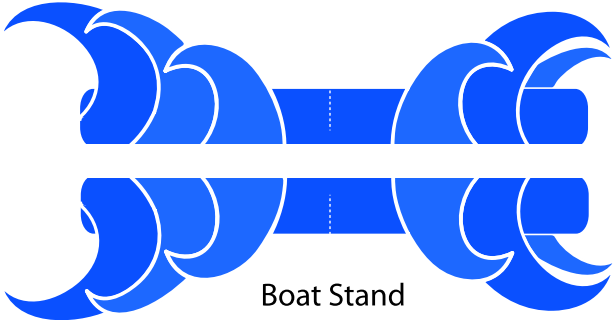
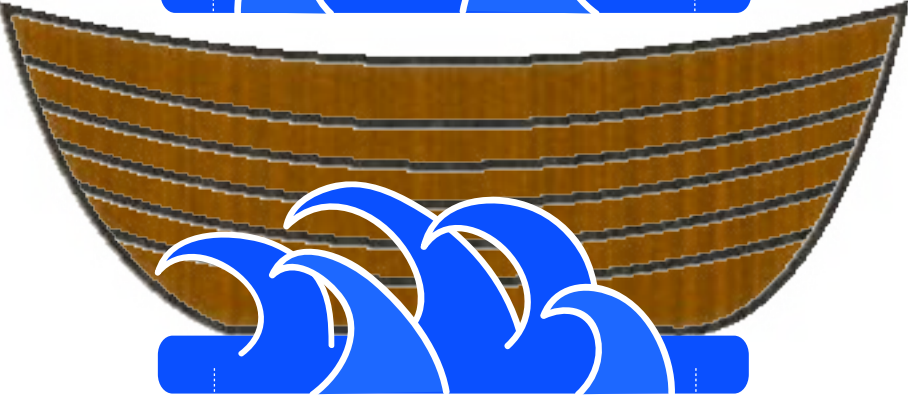
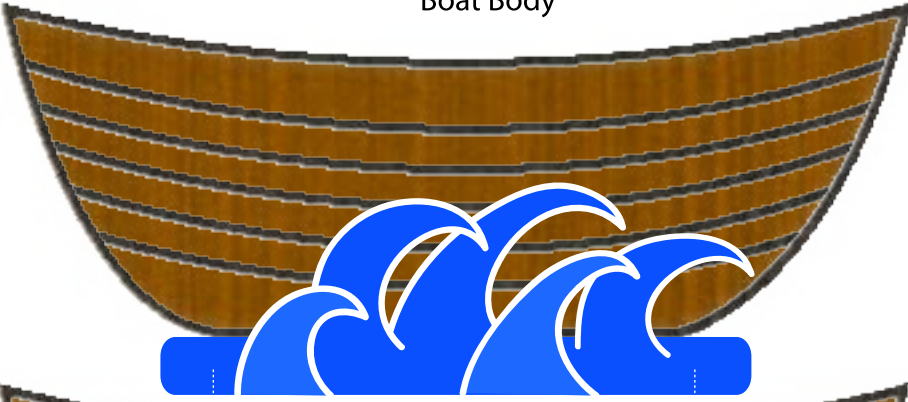
3. Take turns moving the Jesus figure around the board, reading and discussing each space until you reach the boat. Place the Jesus figure in the boat.



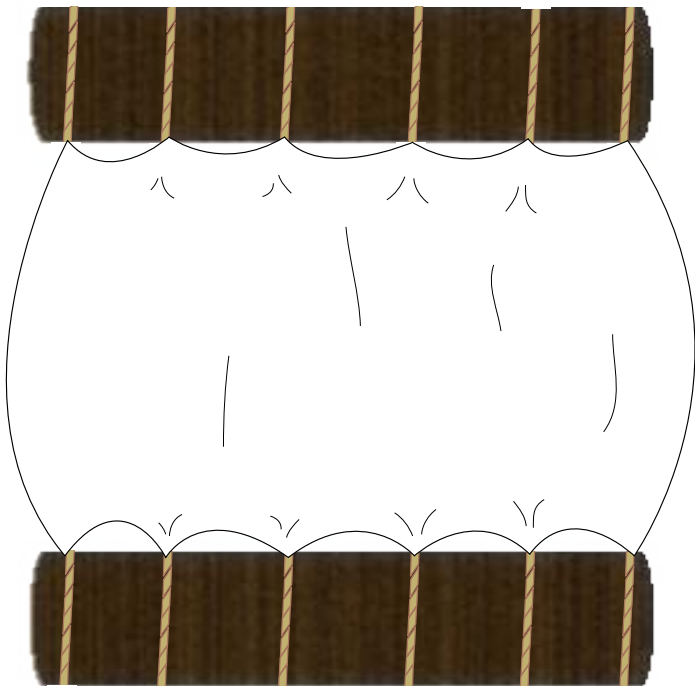
4. **Read:** “Peace was on the lips and in the heart of the Savior no matter how fiercely the tempest was raging. May it so be with us—in our own hearts, in our own homes, in our nations of the world, and even in the buffetings faced from time to time by the Church. We should not expect to get through life individually or collectively without some opposition. ... And of course there has to be faith for the whole journey, the entire experience, the fulness of our life, not simply around the bits and pieces and tempestuous moments. ... At the end of the journey, an end none of us can see now, we will say, ‘Master, the terror is over. ... Linger, Oh, blessed Redeemer! Leave me alone no more.’” *Howard W. Hunter, Ensign, Nov 1984* © Intellectual Reserve, Inc. All rights reserved.

5. Conclude by bearing testimony of how the Savior will give us peace no matter what storms we face, if we faithfully seek to bring Him into our lives.

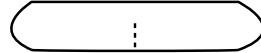
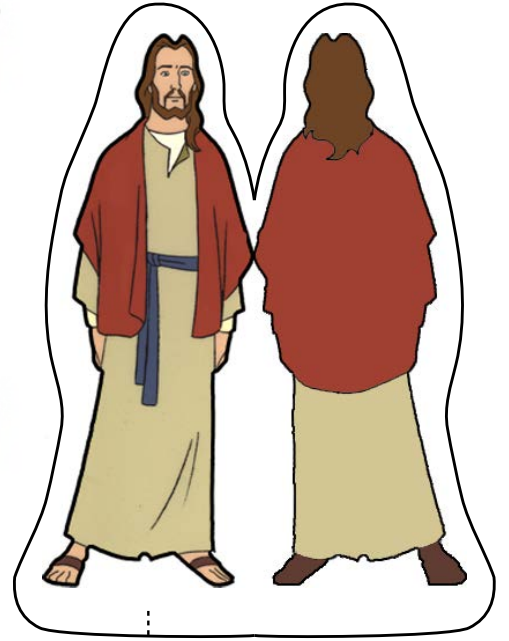
Boat Body



Boat Stand



Boat Sail



Boat Mast

<p>You stole a toy from your friend. You thought it would make you happy if you had it , but instead you feel sick.</p> <p>What can you do to feel at peace?</p>	<p>You are very upset, because your neighbor ran over your bicycle. How can you find peace?</p>	<p>Your family just moved and you're afraid to go to the new school.</p> <p>What can you do to feel at peace?</p>
<p>LIFE OF STORMS</p>	<p>LIFE OF STORMS</p>	<p>LIFE OF STORMS</p>
<p>When your Dad lost his job your family had a special fast. Now, instead of being scared, you have a peaceful feeling in your heart. Why?</p>	<p>A girl at school makes fun of you because you don't have as many clothes as she does. Instead of feeling bad, you think about how blessed you are to have a mom who loves you and keeps your clothes neat and clean. How does this make you feel?</p>	<p>You're babysitting your younger siblings and they're fighting. Instead of getting angry, you ask the Lord for help. You then get the idea to read them a bedtime story. This settles them down and they go to sleep. Who helped you bring peace into your home?</p>
<p>STILL BE PEACE</p>	<p>STILL BE PEACE</p>	<p>STILL BE PEACE</p>

